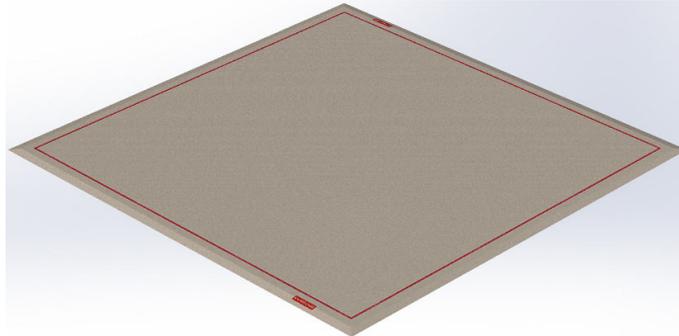


**COMPETITION 14 x 14M CARPET  
FOR R.G. EXERCISE FLOOR**

**6655D**



KEEP THIS DOCUMENT

**Warning:**

This equipment should be installed by a qualified individual.  
This equipment should only be used by one person at a time, under the supervision of a qualified individual.  
Using this equipment for purposes other than those originally intended is forbidden.

**Compliance:**

This equipment complies with the requirements of the European standard EN 913 "Gymnastic equipment - General safety requirements and test methods". 14 x 14 m exercise floor Ref. **6668** is **FIG-approved**.

**Recommendations:**

- As set out in French Standard NF S52-400 the following is recommended:
- keep these instructions for subsequent reference (inspection, maintenance, etc.).
  - periodically carry out predictive maintenance.
  - depending on how much it is used have the equipment serviced yearly or every few years.

**Composition:**

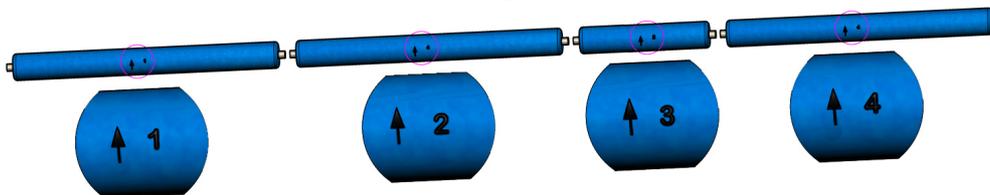
- R.G. 14 x 14 m exercise floor (Ref. 6668)
- 14 x 14 m R.G. overlay carpet (Ref.: 6655D).
  - 13,50 x 13,50m R.G. impact-absorbing foam - thickness: 8 mm (Ref.: 6660D) -> Detailed packaging: refer to instructions NM93.
  - 13,50 x 13,50m R.G. dynamic floor (Ref.: 6665B) -> Detailed packaging: refer to instructions NM58.

**Pack list:**

Package / Ref.	6655/111 Carpet left-hand width No. 1 14 x 4m	6655/112 Carpet central width No. 2 14 x 4m	6655/113 Carpet central width No. 3 14 x 2m	6655/114 Carpet right-hand width No. 4 14 x 4m	6588/20 Set of red marking tape 13 x 13m	No. of packages
<b>6655D</b> Overlay carpet 14 x 14m	1	1	1	1	1	5
<b>Volume (m³)</b>	0,44	0,44	0,23	0,44	0,012	X
<b>Weight (kg)</b>	95	95	48	95	3	
<b>Dimensions (mm)</b>	4300 x 360 x 360	4300 x 360 x 360	2250 x 360 x 360	4300 x 360 x 360	300 x 200 x 200	

- I. Assembling the dynamic floor:** Refer to instructions **NM58**.  
**II. Assembling the foam impact-absorbing area:** Refer to instructions **NM93**.  
**III. Assembling the R.G. carpet area (3 people minimum):**

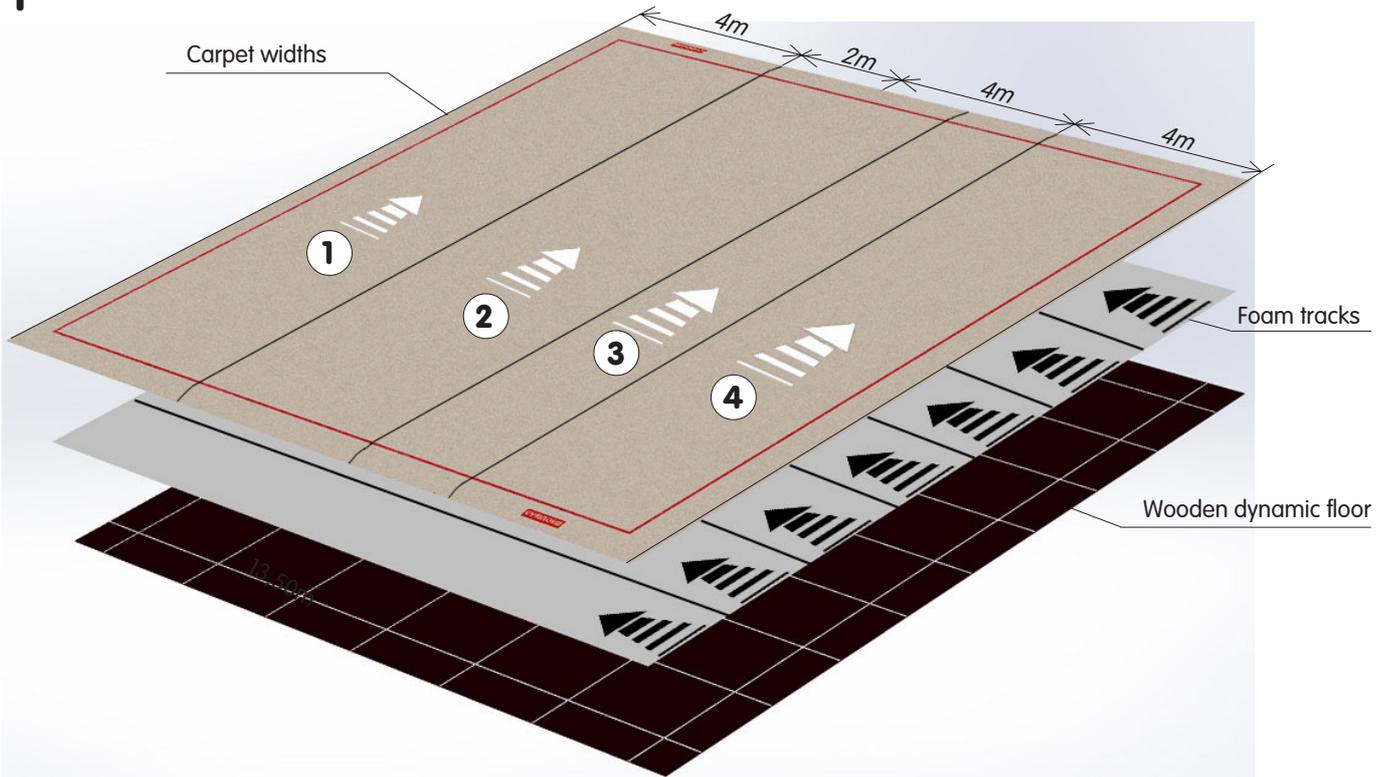
Note: Lay the four cardboard core tubes flat for possible future storage or to move the carpet (without a roller).



- 1/ Important:** In order to achieve an identical color shade between the four widths (the same pile direction), simply place the four rolls side by side observing the order of the numbers and the direction of the arrows (marked on the packaging), as shown in the diagram above.
  - 2/** Unroll the four widths of carpet **(1), (2), (3) & (4)** in the right side over the foam: on the crossing direction between foam tracks (**Fig. 1**).
  - 3/** The entire carpet overlaps by **25cm** all around the wooden floor (Ref.: 6665). Adjust the first width (**Fig. 2 & 3**).
  - 4/** Adjust the other widths side by side (**Fig. 2**). In order to move a width, all that's required is to have one person at each end of the width and to lift it alternately in order to force air in waves under the width. Readjust its position by pulling in the desired direction.
- Attention:** if you notice colour differences between widths, just turn the width involved to put the carpet in the same pile direction.
- 5/ WARNING: To prevent creases forming, leave to rest for at least 24 h at usage temperature.** Set up the 13 x 13m evolution area delineation (**Fig. 2 & 3**): unroll the stick-on strap **(5)**, tightening with moderation, at **50 cm** of the carpet edge on the four sides. Press on firmly to increase its retain.

1

Figure 1 - Carpet widths assembly direction / underlay foam tracks



2 - 3 - 4 - 5

Figure 2 - Set up of the carpet & evolution area marking

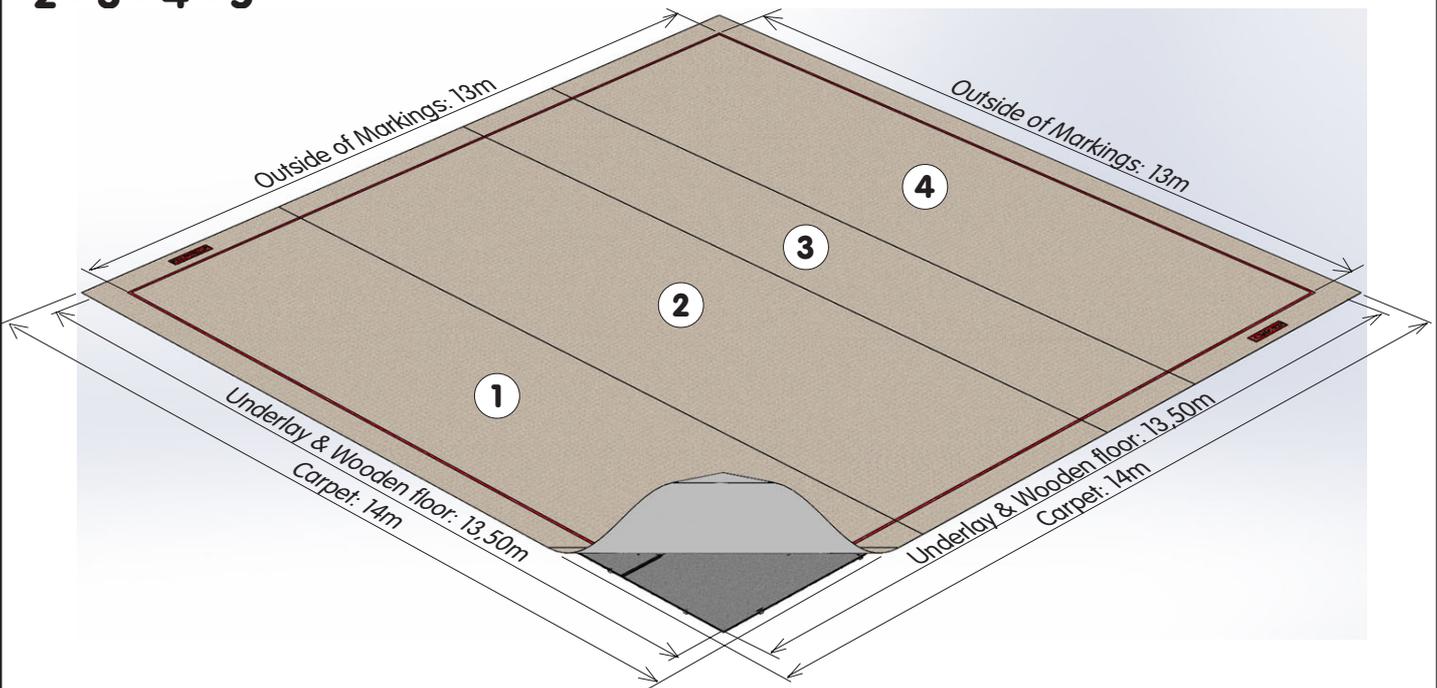
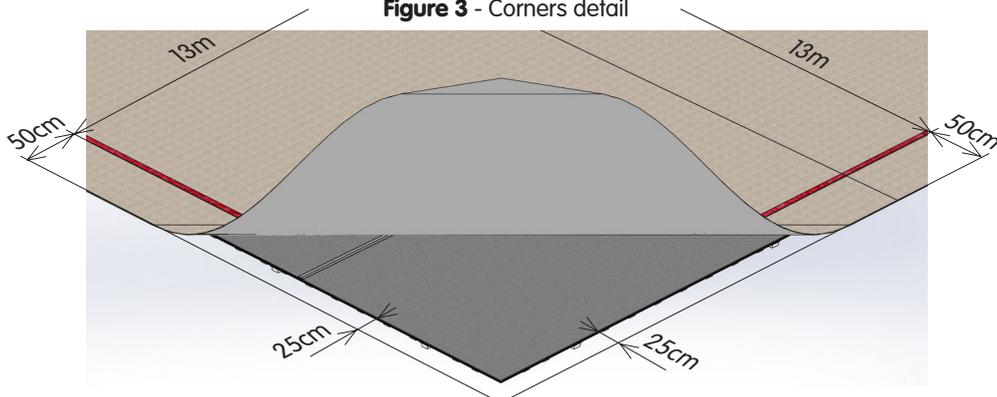


Figure 3 - Corners detail



#### IV. Disassembly and storage of carpet: minimum.

Rolling the 4 widths before storage:

**Important:** the cardboard core tube used must protrude beyond each end of the carpet width.

- Place the 4 widths as flat as possible to facilitate even rolling (do not form a "cone" shape) and to ensure the carpet is stored in good condition.
- WITH 3 people (without a reel trolley), position the cardboard core tube parallel at one end of the first width, and roll up the carpet moving forward together at the same time in order to obtain an even cylinder. This will enable the carpet to be stored without damage.
- Repeat the process for the 3 remaining widths.

#### V. Maintenance:

- Regular cleaning of the exercise floor makes it easier to spot any problems (distortion, breakage or moisture absorption).
- Check the condition: of the different carpet widths **(1), (2), (3) et (4)** (Gymnova pieces retain).
- For any questions on cleaning the carpet, refer to the recommendations below.
- Check the condition of foam tracks (Refer to instructions NM93) and dynamic floor (wooden plates, jonction pieces & foam blocks - Refer to instructions NM58).
- Any damaged or distorted component should be replaced as quickly as possible.
- If creases appear: flatten using a roller evenly over the surface.

#### VI. Maintenance recommendations:

Maintenance is an essential element in ensuring long life of the carpet. This document gives recommendations on maintenance, removal and cleaning for preservation of a high-quality appearance all through the equipment's life. Cleanup kits available Ref.: 125 & 6380/126 (Refer to instructions NM238).



**Inadequate cleaning and in particular use of inappropriate stain removers or detergent solutions can quickly lead to irreparable dilapidation of the carpet. In such situations, GYMNOVA shall not accept any liability.**

Effective maintenance of the carpet MUST include 4 types of actions:

- protection of accesses
- dust removal
- stain removal
- periodic cleaning

**1/ Protection of accesses:** since the main cause of soiling is dust and debris from the outside, preventive measures consist in protecting all entrances to the gymnasium.

**2/ Dust removal by brush-vacuuming:** regular cleaning with a brush-vacuum cleaner is the primary maintenance measure for the carpet. To be effective, it is absolutely necessary to use a vacuum with a rotating brush for optimal dust removal by mechanical means, without having to push down when using the vacuum.

**3/ Stain removal:** must be performed daily. Stains get much harder to remove when they become old. Proceed as follows:

- Liquid stains: As quickly as possible, absorb any spilled liquid by dabbing with a clean, dry and absorbent white cotton cloth.  
**Do not rub the stain.**

- Solid stains: Remove as much as possible with a knife.

- All stain types:

- > Use the stain removal table below to identify the right stain removal product.
- > Before any cleaning, check that the stain removal agent is "compatible" with the carpet by testing it on an unexposed area.
- > For manual cleaning realized with the product included in complete cleanup kit (Ref.: 6380/125), refer to instructions NM238.
- > Apply the stain removal product on a white cotton cloth or on a beige carpet piece available with the cleanup kits (never directly on the carpet) and dab the stain firmly but without rubbing. Work on the stain from the outside towards the centre to prevent it spreading.
- > Continue to use the stain removal product as described above for as long as it takes for the stain to come out into the cloth or on the beige carpet piece.
- > For shampoo-based mixtures, the overturned glass method can be used effectively to massage the stain by making circles with the overturned glass and then collecting any resulting foam in the glass. Repeat the process without adding any product until no more foam is formed.
- > Once the stain is removed, rinse it with clean water by dabbing several times with a damp sponge. Dab with a dry cloth to absorb all the liquid. Warning: some cleaning solutions can give rise to rapid re-soiling if they are not completely removed.
- > Lastly, to absorb residual dampness, place a white, lint-free absorbent layer (cotton cloth or kitchen towel) about 1 cm thick under a heavy object protected with plastic film.
- > After removal of the object, vacuum-brush the area.

#### 4/ Periodic cleaning:

When these operations are properly carried out they can defer the need for more time-consuming operations such as "Major cleaning" or "Renovation".

##### 1 - Cleaning using absorbent powder

- > Spray pre-stain removal solution over max. 10 m<sup>2</sup> sections at a time concentrating on dirty or stained areas.
- > Then spread the powder into a layer as thin as possible.
- > Use a broom or equivalent to push the powder into the carpet. Leave the product to work for 1 to 3 hours.
- > Remove the powder with a brush-vacuum, passing the vacuum over several times if necessary, without exerting any vertical pressure.

##### 2 - Injection Extraction

**WARNING: This very complex method is a deep cleaning method for cleaning the fibres from top to bottom and should only be considered for extreme cases of soiling.** Firstly, carefully remove all dust from the area to be treated.

The principle of this method is injection of a very dilute solution of detergent in warm or hot water in the case of very greasy soiling which will loosen the dirt. Immediately afterwards, a very powerful wet-suction system extracts the water together with the dirt.

It is important to take care when selecting the detergent solution. **The pH of these solutions MUST be less than 8.** As a precaution, an anti-foaming agent should be added to the machine's extraction tank.

These steps should be followed:

- > Proceed using parallel passes. Only use the detergent solution in sufficient quantities to ensure effective cleaning. Avoid excessive wetting. Clean in straight lines when possible and overlap each pass by one third of the width of the cleaning nozzle to prevent any residual machine marks.
- > After each clean, immediately make a second pass over the same surface without detergent, but operating the vacuum.
- > Extraction should be repeated on areas where visible dirt has not been removed by means of a single pass of the cleaning nozzle.
- > Next, the same operations should be carried out with water instead of detergent so as to remove all traces of detergent from the carpet pile.
- > If extraction has been correctly performed, the optimal drying time is around 6 to 12 hours. Avoid any foot traffic on the carpet during this period. This time period can be significantly reduced by using special blow dryers.

#### Important general recommendations:

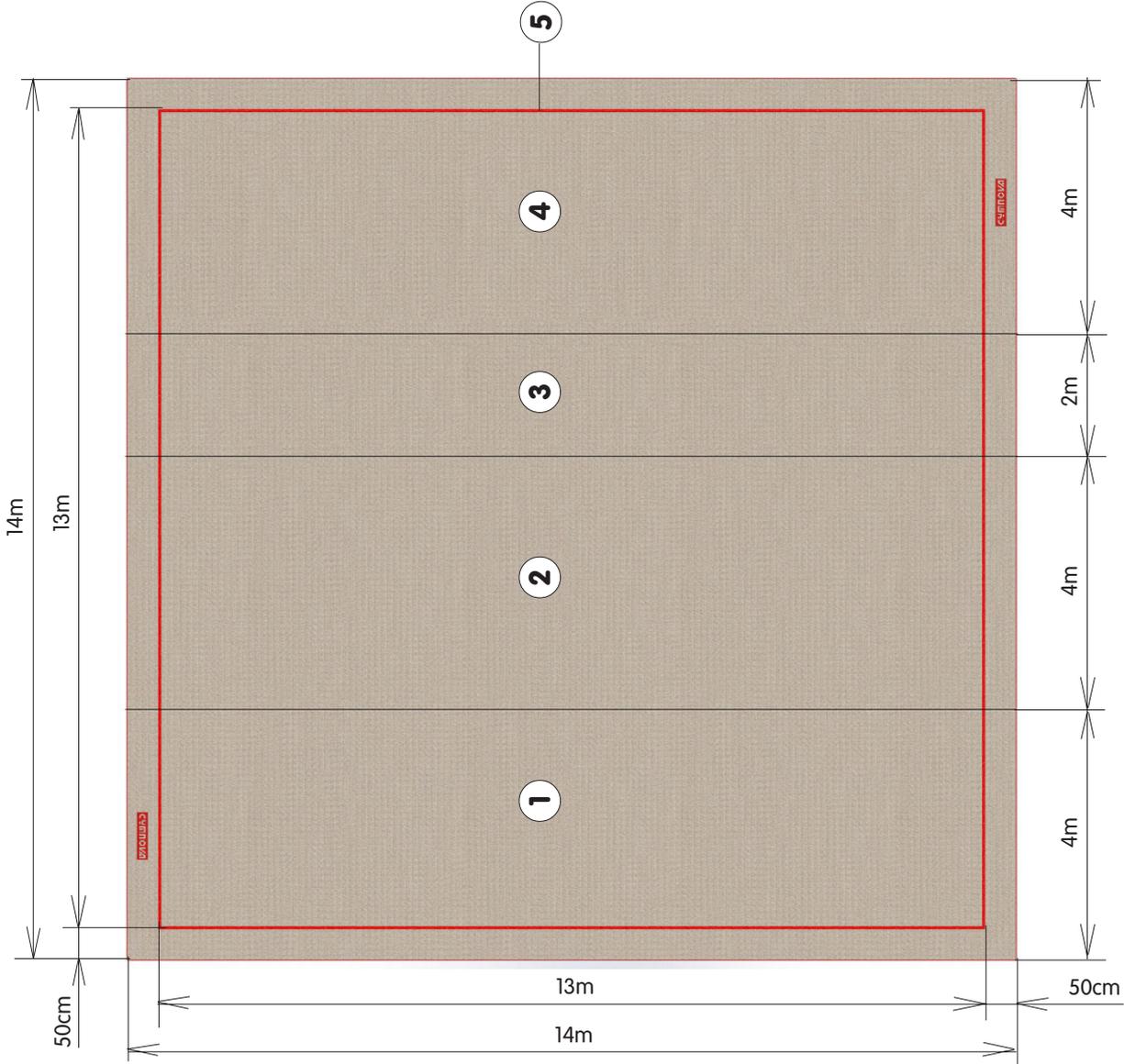
The carpets are sensitive to chemicals: the fibres in the wear layer and the back of the carpet can be damaged by aggressive agents such as alkaline products (ammonia, etc.), bleaching agents, oxidizing agents (liquid bleach, hydrogen peroxide, etc.) and reducing agents.

**Avoid saturating the stain: prolonged or repeated wetting can cause discolouration, softening or detachment of the back, shrinkage, yellowing of the carpet or encourage growth of mould and bacteria.**

### Stain removal table\*

Butter, oil, fat, tar, grease, polish	Start by removing as much as possible with a knife. Then dab with a cloth moistened with petroleum type solvent then apply an absorbent powder. Rinse with clean water, dry and vacuum.
Alcoholic drinks, coffee, tea, Coca-cola, fruit juice	After removal of as much as possible with absorbent cloths, dab the stained areas (working from the outside towards the centre) with an equal parts solution of water and alcohol. Then rinse with clean water.
Mud	Leave the mud to dry, then brush. If necessary, rub with a carpet shampoo solution. Rinse with clean water.
Candle wax	Remove as much candle wax as possible by lightly scraping. Then place blotting paper on the stain and apply a warm iron without pressing down. Repeat, moving the blotting paper, until the wax stain has melted and is mostly absorbed. Finish by rubbing the stain with a cloth moistened with an alcohol cleaner.
Chewing gum	Harden the chewing gum with ice then remove it using the back of a knife blade. Then dilute what remains with acetone.
Milk, egg, yogurt, chocolate, grass, vomit	Rub with a cloth moistened with hot water and biological washing powder. Rinse with clean water.
Glue, varnish	Remove as much of the glue or varnish as possible then dab with a cloth soaked in acetone.
Paint	Scrape the paint with sandpaper then dab with a cloth moistened with acetone.
Lipstick	Clean with a cloth moistened with makeup remover then with a carpet shampoo solution. Rinse with clean water.
Rust	Dab the stained area with a commercial rust remover. Before applying, test on an inconspicuous corner of the carpet to make sure it does not cause any discolouration. Leave to work and rinse with clean water.
Blood, milk, sweat, urine	Ammonia solution (28%) or hydrogen peroxide solution (30%).
Nail varnish	Dab the stain with a cloth moistened with acetone or amyl acetate.
Unknown stain	Dab successively with methylene chloride, then acetone, then a dilute white vinegar solution, clean with a carpet shampoo. Rinse with clean water.

\*Remember: remover must be applied on a clean cloth or on a beige carpet piece, NEVER directly on the carpet.



ITEM	QTY	DESCRIPTION	REFERENCE	REMARKS
30	-			
29	-			
28	-			
27	-			
26	-			
25	-			
24	-			
23	-			
22	-			
21	-			
20	-			
19	-			
18	-			
17	-			
16	-			
15	-			
14	-			
13	-			
12	-			
11	-			
10	-			
9	-			
8	-			
7	-			
6	1	Set of red marking tape	6588/20	3 rolls
5	3	5cm width red adhesive roll	-	each - 25 m
4	1	Carpet Right side width	6655/114	4 x 14 m
3	1	Carpet Central width 2m	6655/113	2 x 14 m
2	1	Carpet Central width 4m	6655/112	4 x 14 m
1	1	Carpet Left side width	6655/111	4 x 14 m

## COMPETITION 14 x 14M CARPET FOR R.G. EXERCISE FLOOR

To order spare parts, please provide the description, reference and delivery date of the entire apparatus.  
Constantly aiming to improve our products, we reserve the right to make changes to the equipment and dimensions without further discussion.

PAR : J. BRIOT

LE : 21/06/17

NM92E

Ref. : 6655D

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