

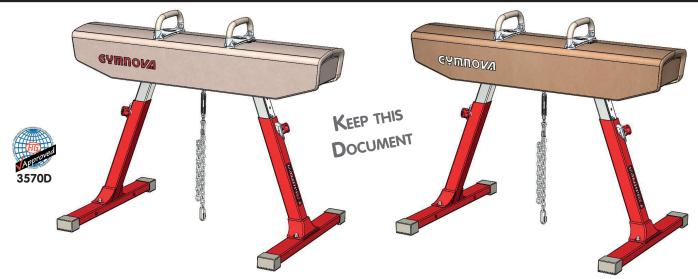
#### **ASSEMBLY INSTRUCTIONS**

NM300-GB

19/02/21

## COMPETITION POMMEL HORSES STANDARD LEGS (LEATHER & SYNTHETIC COVERED BODY)

3570D 3540C



#### Warning:

This equipment should be installed by a qualified individual. This equipment should only be used by one person at a time, under the supervision of a qualified individual.

Using this equipment for purposes other than those originally intended is prohibited.

#### Compliance:

Competition Pommel Horse ref. 3570D is FIG approved.

#### **Recommendations:**

- Keep these instructions for subsequent reference (inspection, maintenance, etc.).
- Periodically carry out predictive maintenance.
- Depending on how much it is used have the equipment serviced yearly or every few years.

#### Pack list:

PACKAGES  REF.	<b>3570/20</b> Complete Leather body	<b>3540/20</b> Complete Synthetic body	<b>3450/40</b> Upright + Slide Standard Legs	<b>345/30</b> Pair of base feet Standard Legs	Number of pack
<b>3570D</b> Pommel horse Leather body	1	1	2	1	4
<b>3540C</b> Pommel horse Synthetic body	-	1	2	1	4
Volume (m³) Weight (kg) Size (mm)	0.23 48 1700×320×430	0.23 47 1700×320×430	0.035 13.1 780×250×180	0.02 13.65 1030×170×110	

#### **Tools required:**

- 1 open end spanner no 14
- 1 open end spanner no 18 1 open end spanner no 19





1 tube spanner no. 18 1 tube spanner no. 19

#### I. Maintenance:

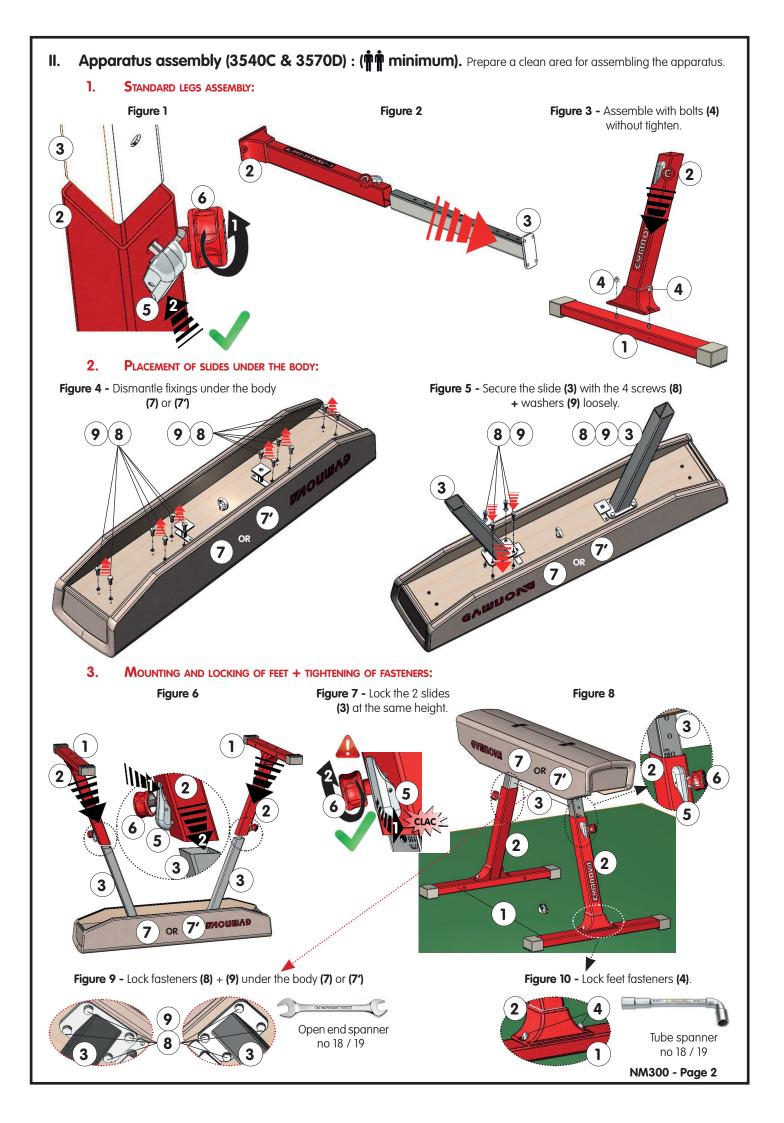


#### IMPORTANT:

Regular cleaning of the apparatus makes it easier to spot any problems (distortion, breakage or moisture absorption). Before each use, make a through check on good condition and correct operation of wear parts and safety elements:

- Check the condition of apparatus pads (15), thumbscrews (6) (tightened) and pawls (5) (locked).
- Check the condition of floor anchoring system (16) components: quick links (17), turn-buckle (18), apparatus chain (19).
- Check the tightening of the anchoring system (16) and the anchor (a) is locked and that it doesn't draw out of the floor.
- If a problem is detected or suspected, do not use the equipment as long as it has not been checked by a technician.
- Any damaged or distorted component should be replaced as quickly as possible.

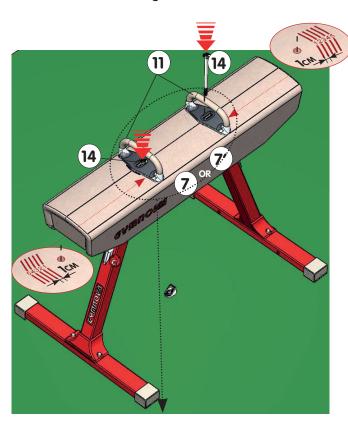
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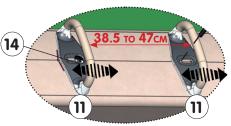
#### 4. MOUNTING, ADJUSTING THE SPACING AND TIGHTENING THE POMMEL HANDLES:

Figure 11

**Figure 12 -** Hold the screws **(14)** above, then screw the hand-wheels **(12)** moderately below, to adjust the spacing.

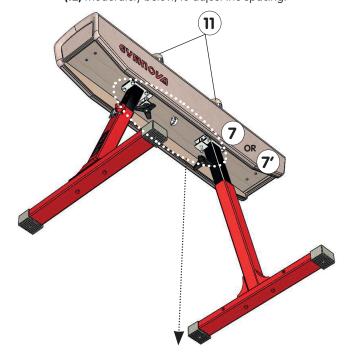


**Figure 13 -** Use the 1 to 5 graduations on the body **(7)** or **(7')**, for precise adjustment.

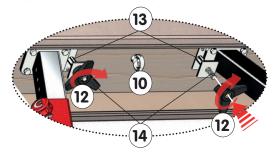


#### 5. MOUNTING THE ANCHOR SYSTEM:

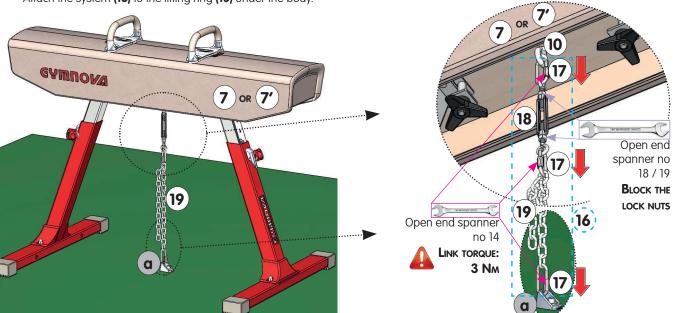
**Figure 15 -** Perform body height adjustment **(7)** or **(7')**: see § III. Attach the system **(16)** to the lifting ring **(10)** under the body.



**Figure 14 -** Lock the position of the handles **(11)** by firmly tightening the hand-wheels **(12)** against the spacers **(13)**.



**Figure 16 -** Respect the downward direction of the GO Quick Links N°8 (17).



The anchorage (a) is not supplied with the apparatus, for its installation refer to instructions **NM249** (socket anchorage + shoe) or **NM25** (removable anchorage).

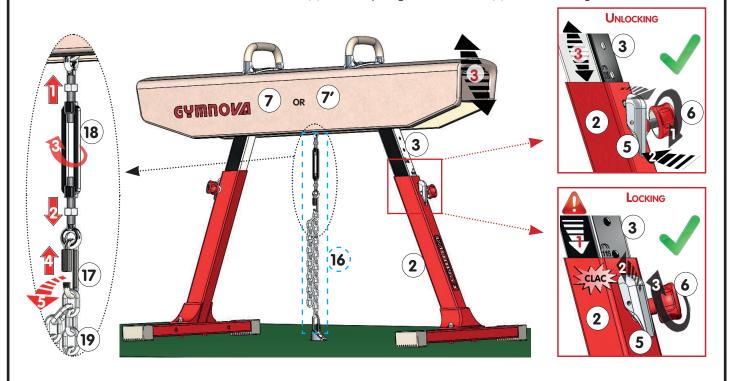
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## III. Height adjustment and dimensions of the apparatus (3540C & 3570D):

#### 1. BODY HEIGHT ADJUSTMENT:

Figure 17

**Figures 18 - 19 - 20 -** Unlock one slide **(3)** at a time: change height (1 detent every 5cm) Lock the slide **(3)** before adjusting the second slide **(3)** to the same height.



#### 2. DIMENSIONS:

Figure 21 - Side view

1.60m

7 or 7'

3 3 3

Inner distance

7 or 7'

Outside distance

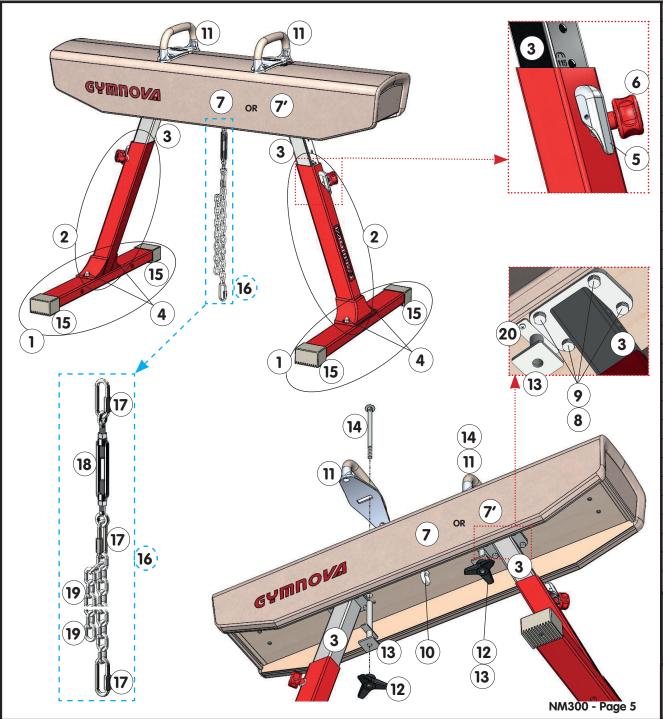
HEIGHT ADJUSTMENT	INNER DISTANCE	OUTSIDE DISTANCE
0.90м	1.03м	1.24m
0.95м	1.06м	1.28м
lw	1.10M	1.31M
1.05м	1.14M	1.35м
1.10M	1.17m	1.39м
FIG 1.15 <sub>M</sub>	1.21m	1.42m

HEIGHT ADJUSTMENT	INNER DISTANCE	OUTSIDE DISTANCE
1.20m	1.25м	1.46m
1.25m	1.28m	1.50m
1.30m	1.32M	1.53м
1.35m	1.36м	1.57M
1.40m	1.39м	1.60m

### IV. Storage:

Store material in a clean, dry place, away from moisture and heat. Do not store anything heavy, protruding or otherwise on the body. In case of disassembly of the body, avoid direct contact with the floor.

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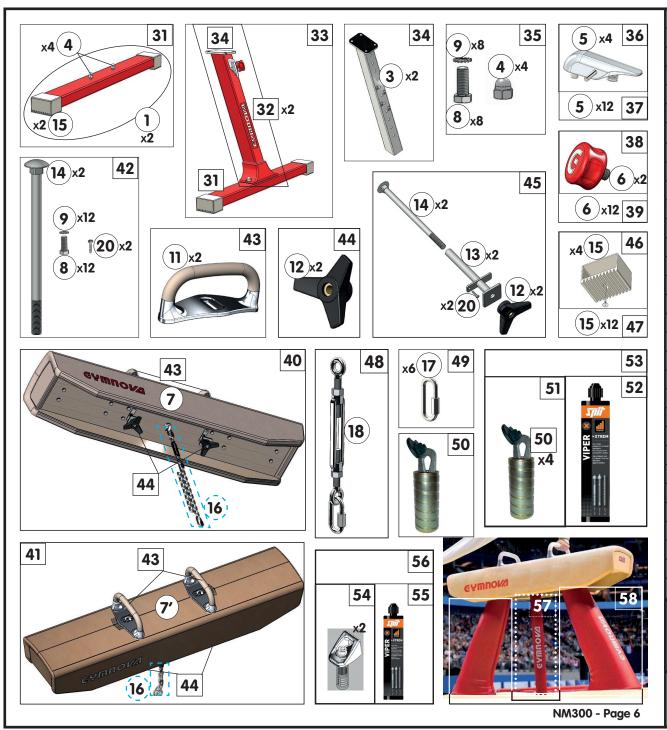
29	•	-	-	-
28	•	-	-	-
27	-	-	-	-
26	-	-	-	-
25	-	-	-	-
24	-	-	-	-
23	-	-	-	-
22	-	-	-	-
21	-	-	-	-
20	2	C-R Head Wood Screw 5x25 diam.	-	Included in 13
19	1	30 links of apparatus chain	QCHAC030D7	Included in 16
18	1	Turn-buckle M12 Eye / Eye	-	Included in 16
17	3	Large opening quick link N°8	QMRAG0008Z	Included in 16
16	1	Floor anchoring system	3595	3570D - 3540C
15	4	10x5cm Apparatus pad + Screw	3800/07	Unit
14	2	Handle tightened M16 x 280 RHSN Screw	-	3570D - 3540C
13	2	Tightening Spacer handle + wood screw	-	Included in 7 & 7'
12	2	Handle tightening Hand-wheel	-	3570D - 3540C
11	2	Pommel handle - Unit	3520/00	3570D - 3540C
10	1	M12 Male lifting ring	340/17	3570D - 3540C
9	12	Zinc Plated d12 x 20 break washer	-	Included in 17
8	12	Zinc Plated HM12 x 30 Screw	-	Included in 17
7′	1	Pommel synthetic body without handle	3540/21	3540C
7	1	Pommel leather body without handle	3570/21	3570D
6	2	M16x35 Soft tightening Thumbscrew	-	3570D - 3540C
5	2	Cylindrical piston rounded locking pawl	333/115	3570D - 3540C
4	4	Zinc Plated HM12 Blind Nut	-	3570D - 3540C
3	2	Slide of Standard Leg	-	3570D - 3540C
2	2	Complete Upright of Standard Leg	-	3570D - 3540C
1	2	Base + pads of Standard Leg	-	3570D - 3540C
ITEM	Qty	DESCRIPTION	REFERENCE	Remarks

# COMPETITION POMMEL HORSES STANDARD LEGS (LEATHER & SYNTHETIC COVERED BODY)

To order spare parts, please provide the description, reference and delivery date of the entire apparatus.

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60	-	-	-	-
59	-	-	-	-
58	-	Guards for Std pommel horse legs	2923	Not Supplied - Option
57	-	Horses & Vaulting Table chain Guard	2922	Not Supplied - Option
56	-	Set of 2 socket anchors + shoes + bedding	2020	Not Supplied - NM249
55	-	Bedding cartridge of 280ml	2006/40	Not Supplied - NM249
54	-	Set of 2 socket anchors + shoes without bedding	2020/00	Not Supplied - NM249
53	-	Set of 4 removable anchors + bedding	2001	Not Supplied - NM25
52	-	Bedding cartridge of 410ml	963/40	Not Supplied - NM25
51	-	Set of 4 removable anchors without bedding	2001/00	Not Supplied - NM25
50	-	Removable anchor without bedding	2000A	Not Supplied - NM25
49	-	Set of 6 Large opening quick links N°8	3203/46	3570D - 3540C
48	1	Turn-buckle M12 E/E + Quick link N°8	QTELEMA812	Unit
47	-	Set of 12 10x5cm Apparatus pad + Screw	3800/12	3570D - 3540C
46	1	Set of 4 10x5cm Apparatus pad + Screw	3800/04	3570D - 3540C
45	1	Tightening set / Pair of pommel handles	3570/25	3570D - 3540C
44	1	Pair of tightening hand-wheels	3570/26	3570D - 3540C
43	1	Pair of pommel handles	3520A	3570D - 3540C
42	1	Set of screws / leather & synthetic Body	3570/30	3570D - 3540C
41	1	Complete pommel synthetic Body	3540/20	3540C
40	1	Complete pommel leather Body	3570/20	3570D
39	-	Set of 12 M16x35 Soft Thumbscrew	333/102	3570D - 3540C
38	1	Pair of M16x35 Soft Thumbscrew	333/101	3570D - 3540C
37	-	Set of 12 Cylindrical locking pawls	333/116	3570D - 3540C
36	-	Set of 4 Cylindrical locking pawls	333/117	3570D - 3540C
35	1	Set of screws / Pair of Standard Legs	3450/55	3570D - 3540C
34	1	Pair of Slides of Standard Legs	3450/21	3570D - 3540C
33	1	Pair of complete Standard Legs	3450/50	3570D - 3540C
32	2	Upright + Slide Standard Leg	3450/40	3570D - 3540C
31	1	Pair of bases + pads for Standard Legs	345/30	3570D - 3540C
ITEM	Qty	DESCRIPTION	REFERENCE	Remarks
		C D 0.44		,

# SPARE PARTS & MAINTENANCE KITS COMPETITION POMMEL HORSES - STANDARD LEGS (LEATHER & SYNTHETIC COVERED BODY)

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