



# Adjustable from ground balance beam

Ref.: 680

(UK) Assembly Instructions



Thank you for buying this product O'jump. We advise you to read the assembly instructions carefully. The apparatus is presented in pre-assembled parts for a simplified assembly. We have designed this O'jump product to bring you complete satisfaction. If you need help, the O'jump team is at your disposal to accompany you.



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#### Warning:

This equipment must only be used by one person at a time and under the supervision of a qualified individual, with appropriate landing mats.

Using this equipment for purposes other than those originally intended is prohibited.



#### **Recommendations:**

- keep these instructions for subsequent reference (inspection, maintenance, etc.).
- periodically carry out predictive maintenance.
- depending on how much it is used, have the equipment serviced yearly or every few years.

#### Footprint and weight:

- Apparatus 500x100 cm
- 101Kg



## Tools needed to assemble the apparatus.



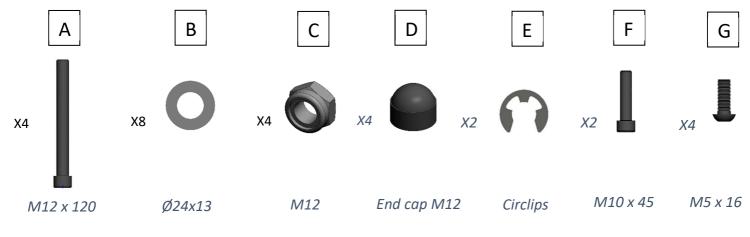


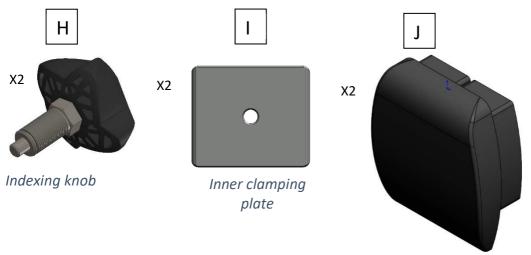


Hex wrench N°18/19



## Hardware listing (pre-assembled)

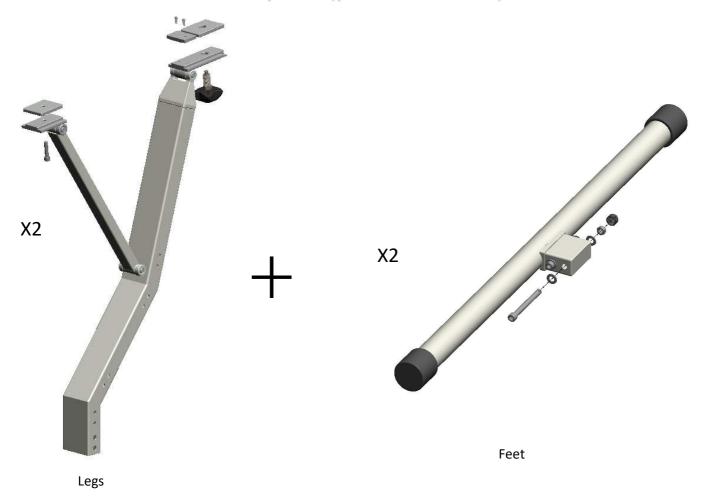




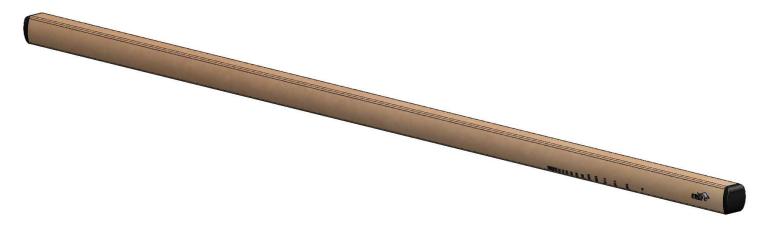
Beam end caps



# List of parts (pre-assembled)



1 Feet + 1 Leg (2 packages)

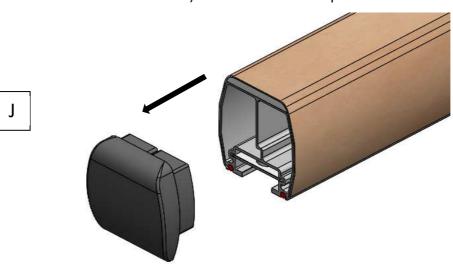


1 Beam body (1 package)

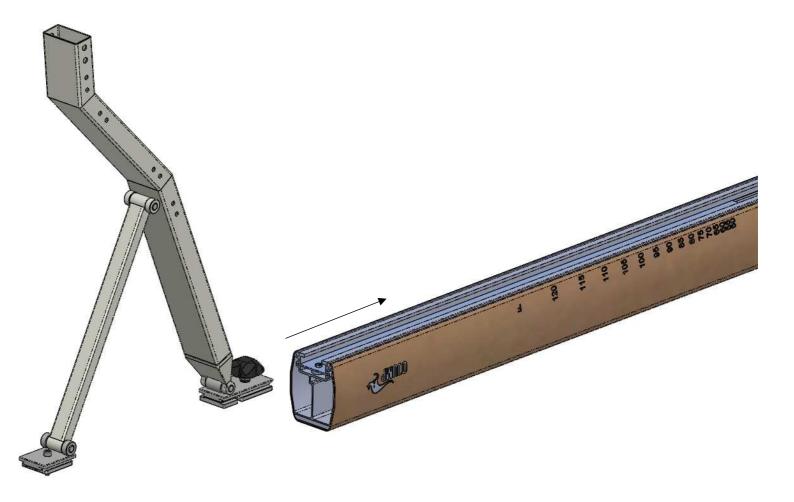


### **Assembling Legs**

1) Remove the end caps.

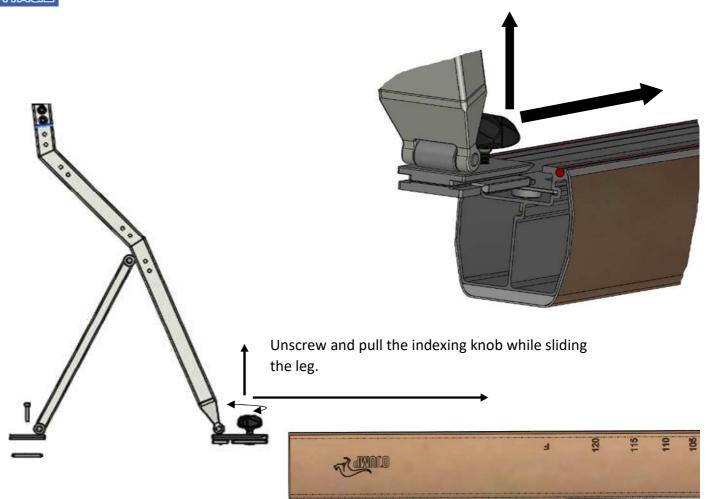


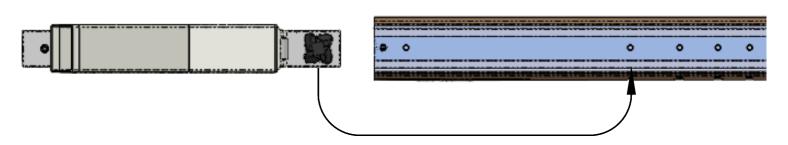
2) Place the beam body upside down on the floor and put in place the leg.





3) Inserting the indexing knob into the beam body



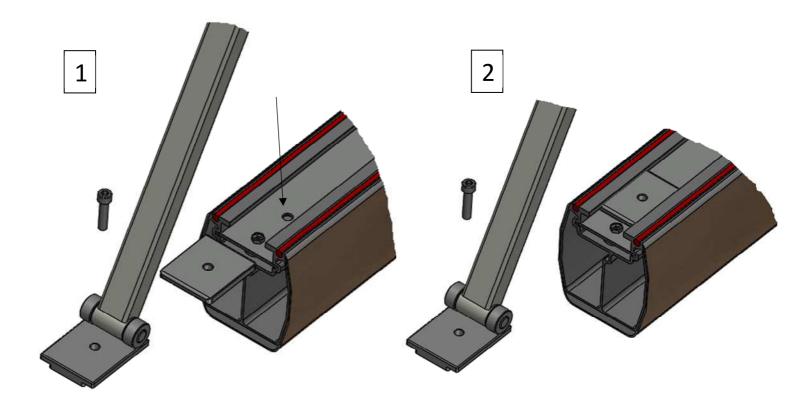


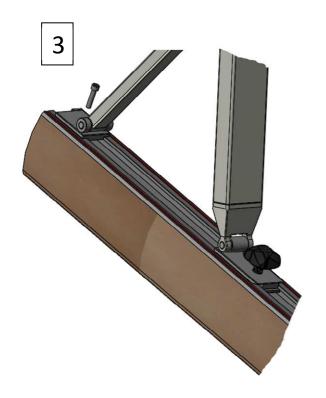
Put in place the knob in front the F Position then release to insert the indexing pin.

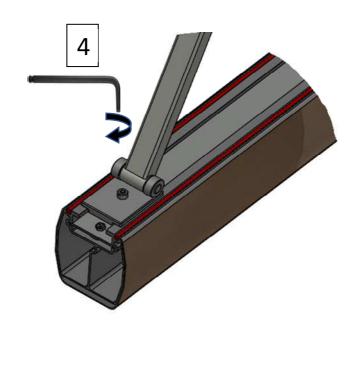


Allen wrench N°8

4) Inserting of the inner clamping plate in the beam body



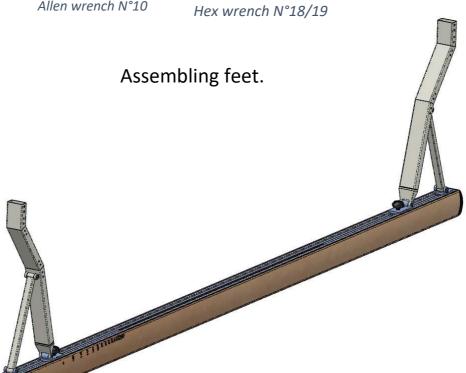






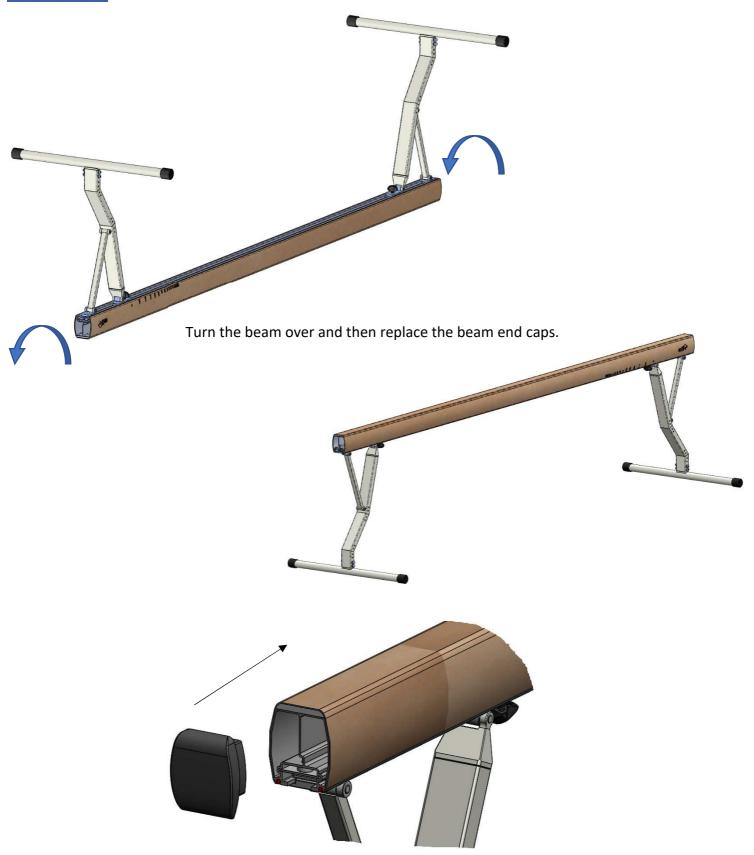














## Height adjustment

