<u>GYMNOV/</u>	Assembly Instructions	NM288B-GB	30/10/20
CS 30056 - 45 RUE G. DE FLOTTE 13375 MARSEILLE CEDEX 12 (FRANCE) TEL : 33.(0).4.91.87.51.20 FAX : 33.(0).4.91.93.86.89 WWW.GYUNIOVA.COM	14x14m & 13x13m One-coloured & Two-coloured Protective pvc Cover for AG Exercise Floor M'20	6370B - 6374 - 6378 -	6376



#### Warning:

This equipment should be installed by a qualified individual. This equipment should only be used by one person at a time, under the supervision of a qualified individual.

Using this equipment for purposes other than those originally intended is prohibited.

#### Cas d'emploi :

These protective covers may be used for all GYMNOVA AG exercise floors 14 x 14m (Ref.: 6372B & 6376) and 13 x 13m (Ref.: 6370B & 6374). The optional peripheral tension system (Ref.: 6378) adapts only to «Montréal» & «Glasgow» springs exercise floors. The optional peripheral retaining kit (Ref.: 6379) adapts only to «London» blocks foam exercise floors. **KEEP THIS** 

DOCUMENT

#### **Recommendations:**

- keep these instructions for subsequent reference (inspection, maintenance, etc.).
- periodically carry out predictive maintenance.
- depending on how much it is used have the equipment serviced yearly or every few years.

#### Pack list:

		1		1							
Package Ref.	13x13m	<b>6372B</b> 14x14m Two-coloured Cover	<b>6374</b> 13x13m One-coloured Cover	<b>6376</b> 14x14m One-coloured Cover	<b>6378/00</b> Set of 4 tension bibs	<b>6378/10</b> Set of 4 tension rods	<b>6378/20</b> Tension system fixings	6378/30 Set of tension strips	<b>6379/00</b> Retaining kit fixings	6379/10 Set of retaining strips	Packages number
6370B 13x13m Two-coloured Protective cover	1	-	-	-	-	-	-	-			1
6372B 4x14m Two-coloured Protective cover	-	1	-	-	-	-	-	-			1
6374 13x13m One-coloured Protective cover	-	-	1	-	-	-	-	-			1
6376 14x14m One-coloured Protective cover	-	-	-	1	-	-	-	-			1
<b>6378</b> Tension system	-	-	-		1	1	1	1			4
<b>6379</b> Retaining kit	-	-	-		-	-	-	-	1	1	2
Volume (m³) Weight (kg) Dim. (mm)	0.48 134 1200×800×500	0.48 150 1200×800×500	0.48 136 1200×800×500	0.48 152 1200×800×500	0.14 20 600x600x400	0.1 7.2 450×450×450	0.003 8.6 300×100×100	0.003 0.72 300x100x100	0.0016 0.68 160x100x100	0.04 2.7 500x330x250	
Constantly aiming to improve our products, we reserve the right to make changes to the equipment and dimensions without further discussion.											

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### I. Exercise floor preparation: essential step to preserve the integrity of the exercise floor (\*\*\* minimum).

- Remove finition bibs,
- Reposition the foam area centrered on the wooden floor,
- For springs exercise floors, rework the foam and the gymnastics area into roll-up tracks to the size of the floor (if necessary) to allow
  the tension system to be installed on the periphery of the protective covers.
- For all exercise floors versions, refocus the evolution area into rolling tracks or carpet in relation to the floor.





Figure 1bis - Blocks foam exercise floors

## II. Assembling the Protective covers only: (\*\* minimum).

Figure 2 - Place the cover (1) at the edge and in the middle of the floor

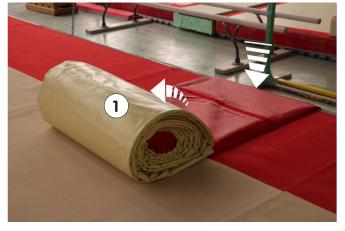


Figure 4 - Unfold and then refocus the cover (1) on the floor

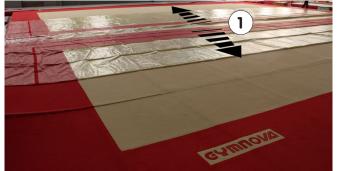


Figure 6 - Check its position relative to an edge of the floor



Figure 3 - Roll out the cover (1) along its entire length. (Handling: 1 person at each end)



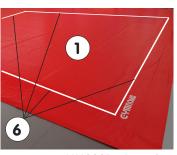
Figure 5 - Continue to unfold the cover (1) from the centre outwards



Figure 7 - 8 - Readjust its position before fully unfolding the cover (1)



For one-colour covers (1) (Beige or Red), mark the zone of evolution using the selfadhesive hook-and-loop rollers (6) (Red or White).



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## III. Assembling the covers tension system for Springs exercise floors: (\*\* minimum).

Figure 9 - Turn the cover (1) over the entire length on one side of the floor, 1m wide to access the flap strap (a) under the cover (1).

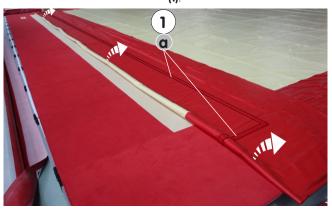
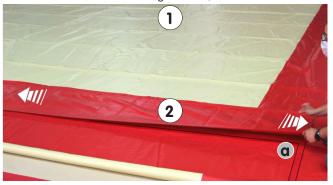


Figure 11 - Hold the bib (2) taut above the cover (1) flap strap (a), lifting one end,



**Figure 13 -** Fasten the bib **(2)** to the flap strap **(a)** by moving forward and pressing as you go.

Figure 10 - Remove the self-gripping to release the hook. Place a bib (2) towards the inside of the floor, centered and aligned along the flap strap (a).

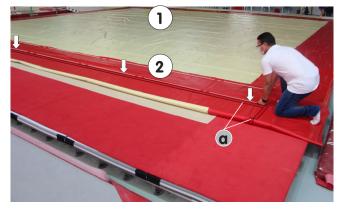
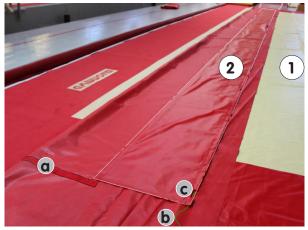


Figure 12 - As the second person positions and hooks the other end of the bib (2) to the cover (1)



Figure 14 - Leave the cover (1) upside down with the first bib (2) solidarized flat.





Figures 15 - 16 - 17 - Thread and tie the cord (b) in the bib (2) hem at the end of the rod (3). Unroll the rod (3) completely and straighten it to make it straight to the maximum.

Figures 18 - 19 - 20 - Placing the rod (3) in the hem of the bib (2): one person at each end. One pulls the cord (b), the other pushes the rod (3), then guides it through each notch



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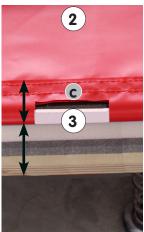
Figure 21 - Cast off the first bib (2) with the rod (3), on the edge of the floor.

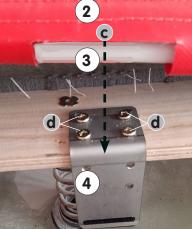


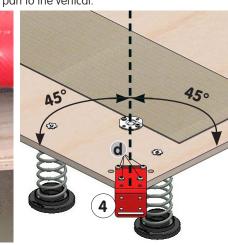
Figure 22 - Position the cover (1) so that the hem of the non-stretched bib (2) protrudes on the floor side.

Figures 23 - 24 - At the periphery, attach a square (4) to the edge of the floor, in front of each notch (c) of the bib (2), using the 4 screws (d). <u>Orientation</u>: short horizontal section Then fix a square (4), in each angle of the floor, <u>inverting the direction of mounting</u>: short part to the vertical.

Figure 25 - Thread a hookand-loop strip (5) through the slot on each square (4). Fold it over to hold it.









Figures 26 - 27 - Pull up and pass the strip (5) under the rod (3). Cast off the strip (5) over the rod (3) without stretching it.

IMPORTANT: The tensioning of the cover (1) will occur when the system is mounted on the opposite side.



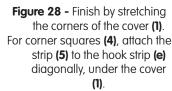




Figure 29 - Renew the operations of § II, on the opposite side of the floor: the tensioning of the cover (1) is done by pulling on the rod (3) and the bib (2), in a regular way on all its length.

ATTENTION: Do not stretch the cover (1) by pulling the support strips (5). Repeat on the last 2 sides of the floor. Retest if necessary after use.



## IV. Assembling the covers retaining kit for Blocks foam exercise floors (†† minimum).

Cut out 4 pieces of 2.50m self-adhesive male hook and loop (10) to reinforce or replace the carpet Anti-Rotation Kit if needed.

Figure 30 - Turn the cover (1) over the entire length on opposite sides of the floor, 1m wide to access the flap strap (a) under the cover (1).

Figure 31 - Cut 20 50cm (7') strips into the black double-sided hook and loop roller (7). Position 5 strips (7') on each side of the cover (1), towards the inside of the floor, perpendicular to the flap strap (a)



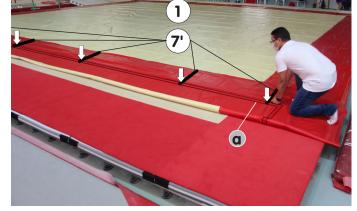
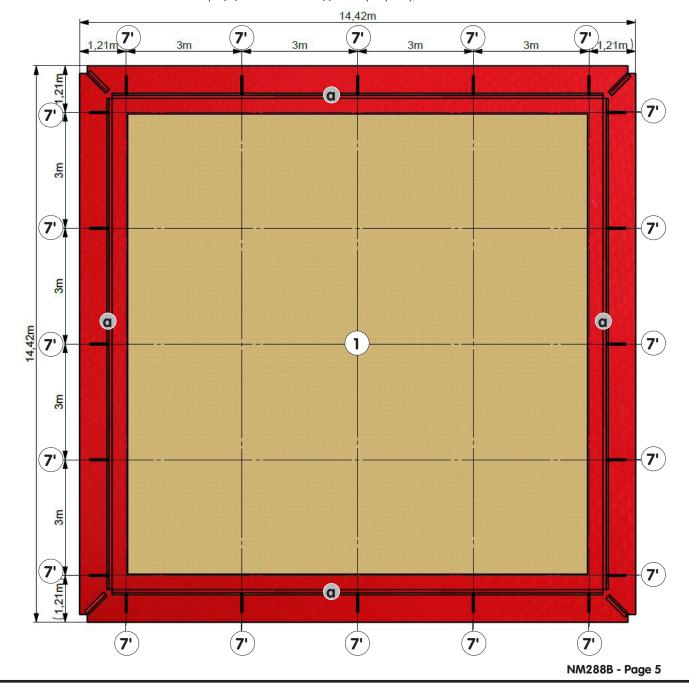
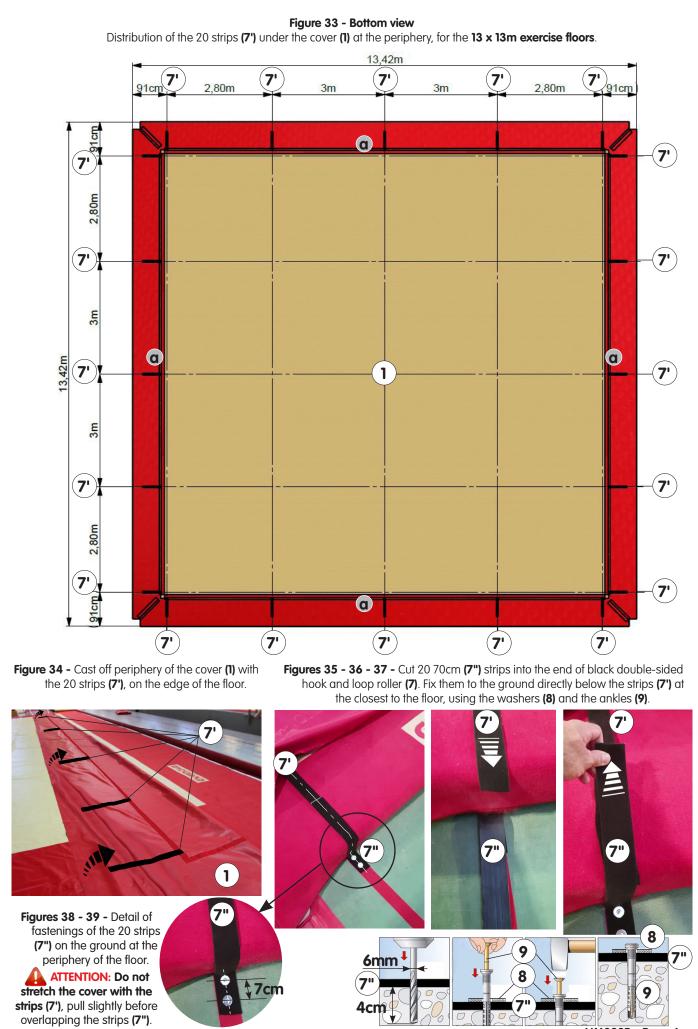


Figure 32 - Bottom view Distribution of the 20 strips (7') under the cover (1) at the periphery, for the 14 x 14m exercise floors.





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04				
26	-	-	-	-
25	-	-	-	-
24	-	-	-	-
23	-	-	-	-
22	-	-	-	-
21	-	-	-	-
20	-	-	-	-
19	-	-	-	-
18	-	-	-	-
17	-	-	-	-
16	-	-	-	-
15	-	-	-	-
14	-	-	-	-
13	-	-	-	-
12	-	-	-	-
11	-	-	-	-
10	1	5cm White M adhesive hook-and-loop	-	10m strip - Male
9	50	6 x 40 Nail ankle to hit	-	-
8	50	8 x 30 Large plate washer	-	-
7	1	5cm Black Double-sided hook-and-loop	-	25m roll - M/Fem.
6	2	5cm Red F adhesive hook-and-loop	-	25m roll - Female
6	2	5cm White F adhesive hook-and-loop	-	25m roll - Female
5	60	Black holding hook-and-loop strip	-	Mixed - 25x4cm
4	60	Square of Tension system + 4 screws	-	-
3	4	13m Rod of Tension system	-	-
2	4	13m Bib of Tension system	6378/01	Unit
1	1	13x13m One-coloured Protective cover	6374	Beige or Red
1	1	14x14m One-coloured Protective cover	6376	Beige or Red
1	1	13x13m Two-coloured Protective cover	6370B	-
1	1	14x14m Two-coloured Protective cover	6372B	-
REP	NBR	DESIGNATION	REFERENCE	OBSERVATION

# 14x14m & 13x13m One-coloured & Two-coloured PROTECTIVE PVC COVER FOR AG EXERCISE FLOOR M'20

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