

This equipment should be installed by a qualified individual. This equipment should only be used by one person at a time, under the supervision of a qualified individual.

Using this equipment for purposes other than those originally intended is prohibited.

Compliance:

This equipment complies with the requirements of European standard EN 913 "Gymnastic equipment - General safety requirements and test methods".

Recommendations:

As set out in French Standard NF S52-400 the following is recommended:

- keep these instructions for subsequent reference (inspection, maintenance, etc.).
- periodically carry out predictive maintenance.
- depending on how much it is used have the equipment serviced yearly or every few years.

Maintenance :

IMPORTANT :

Leave the foam to rest for at least 48 h. If the foam area (centred) overlaps the floor: cut off any excess foam following the pre-cut lines provided for this purpose around the entire perimeter of the foam area, only present for the 56 cm thick version (Ref: 6784). It is preferable to cut following the pre-cut line on the most outside edge of the floor. Repeat the process if necessary (foam dimensions vary over time).

- Regular cleaning of the exercise floor makes it easier to spot any problems (distortion, breakage or moisture absorption).
- Check the condition of the foam mats (1), (2), (3) & (4) or (5) & (6) and of their anti-rotation kit (9).
- Check the condition of the floor (wood panels, springs, plastic parts, sections and plates NM273) of the gymnastics area with tracks (NM267A) or carpet (NM254E).
- Any damaged or distorted component should be replaced as quickly as possible.

Composition:

1/ "MONTREAL" 13X13M TRAINING EXERCISE FLOOR CARPPET VERSION (REF. 6777AB & 6777B/DE)

- Overlay carpet 13 x 13 m (Ref: 6390I) -> Detailed pack list: refer to instructions NM254E
- Set of 4 finishing bibs 13 m (Ref: 6577/00): Volume 0.06 m3, Weight 10.5 kg, Dimensions 600 x 420 x 240 mm -> instructions NM254E.
- Impact-absorbing foam 13 x 13 m thickness 56 mm (Ref: 6784)
- High elasticity floor with springs assembled/not assembled 13 x 13 m (Ref: 6781A/6783A) -> Detailed pack list: refer to instructions NM274.
- Floor Anti-Rotation Kit (Ref: 6529/00) refer to instructions NM277.

2/ "MONTRÉAL" 13X13M TRAINING EXERCICE FLOOR ROLL-UP TRACKS VERSION (Ref. 6778B & 6778B/DE)

- Gymnastics area with tracks 13 x 13 m, thickness 2.5cm, sprung exercise floor M'13 (Ref: 6571) -> Detailed pack list: refer to instructions NM267A
- Set of 4 finishing bibs 13 m (Ref: 6577/00): Volume 0.06 m3, Weight 10.5 kg, Dimensions 600 x 420 x 240 mm -> instructions NM254E.
- Foam area 13 x 13 m, thickness 40 mm, "Montreal" exercise floor with roll-up tracks M'18 (Ref: 6782)
- High elasticity floor with springs assembled/not assembled 13 x 13 m (Ref: 6781A/6783A) -> Detailed pack list: refer to instructions NM274.
- Floor Anti-Rotation Kit (Ref: 6529/00) refer to instructions NM277.

Pack list :

Pack Ref.	6542/00 7 joining strips for foam tracks	6586/10 Foam ARK M13	6784/20 Central foam tracks M16 13x1m th. 56mm	6788/20 Bib retention kit M16	6784/40 Set of 2 central foam tracks 13x2m th. 56mm	6784/50 Set of 2 side foam tracks 13x2m th. 56mm	6782/10 Foam track 13x1m th. 40 mm	6782/00 Foam track 13x2m th. 40 mm	Number of packages
6782 Foam 13x13m th.40mm	1	1	-	-	-	-	1	6	9
6784 Foam 13x13m th. 56mm	1	1	1	1	2	1		-	7
VOLUME (M ³)	0.02	0.01	0.85	0.01	3.44	3.4	0.6	1.1	$\overline{}$
WEIGHT (KG)	2.1 360×260×180].] 210-210-100	25 2020×1000×20	1.3	118	118 2000×1000×1840	2]	42	\times
Size (mm)									

Constantly aiming to improve our products, we reserve the right to make changes to the equipment and dimensions without further discussion.

I. Assembling the floor of the exercise floor (refs: 6781A and 6783A)

Refer to the instructions in NM274. For installing the anti-rotation kit, refer to instructions NM277.

- II. Assembling the impact-absorbing foam area (6782/6784) (👘 minimum).
- Unfold the foam tracks (1), (2), (3) & (4) or (5) & (6) with the darker surface facing the floor (Fig. 2). Important: follow the order shown in Figure 1 to obtain all the pre-cut parts around the perimeter (version 6784 only) and alignment of the black fabric hinges. Align and centre these foam tracks relative to the edges of the floor.
- Lock the assembly together using the 7 joining strips (7) (length 12.5 m width 5 cm) to be centred on the black fabric strips (Fig. 1 & 3). Attach one end, extend the strip over the 12.5 m and position the other end. Press with your hand along the full length of the strip to check it is attached to the black fabric and to strengthen this attachment.
- Installing the foam anti-rotation kit: carefully lift the foam at the 4 corners. Brush and if necessary vacuum clean the self-gripping strip on the 4 corner panels of the floor (Fig. 1). Apply each of the four 150 x 25 cm felt strips (9) (Fig. 1) onto each piece of self-gripping strip on the floor. Important: wait until step III is completed to remove the protective film from the felt (9) and replace the foam tracks (1), (2), (3) & (4) or (5) & (6). Press firmly on each foam track to join the components securely.

Figure 2 : Assembly of concertina foam tracks: dark surface facing the floor a) Foam 40mm (6782) **b)** Foam 56mm (6784) 1 Installing 4 Felt strips 150 x 25 cm Only for ref: 6782 (40 mm version) 6 5 6 6 6 6 Only for ref: 6784 (56 mm version) 2 4 3 3 3 3 Figure 3a: Joining strips version 6784 Figure 3b: Joining strips version 6782 Figure 4: 1 Corner of side tracks Foam tracks pre-cut lengthwise and at ends (version 6784) Figure 5 Pre-cut end of central strips 3 (version 6784)

Figure 1 : Top view of floor and foam tracks

III. Assembling the gymnastics area:

- With carpet (Ref: 6390I) & bib retention kit (Ref: 6788/20). Refer to assembly instructions in NM254E.
- With roll-up tracks (Ref: 6571): Refer to assembly instructions in NM267A.

IV. Disassembly and storage of the foam:

Carefully roll up the joining strips (8) then fold the 7 foam tracks (1), (2), (3) & (4) or (5) & (6). Store the stacked foam tracks flat in a clean, dry location. Do not store any heavy, protruding or other item on top. Avoid direct contact with the floor.

Area 6784				Area 6782			-	-	-	-
			T 10]	T 1 10 1	T 10 0	29 28	-	-	-	-
Side track (left) 13 x 2 m thickness	Side track (right) 13 x 2 m thickness	Central track 13 x 2 m thickness	Track 13x1m thickness	Track 13x1m thickness	Track 13 x 2 m thickness	27	-		-	-
56 mm	56 mm	56 mm	56mm	40mm	40 mm	26	-			_
(1)	(2)	3	(4)	5	6	25	-	-	-	-
						24	-	-	-	-
						23	-	-	-	-
	J	1				22	-	-	-	-
						21	-	-	-	-
					1	20	-	-	-	-
						19	-	-	-	-
	P		[]			18	-	-	-	-
						17	-	-	-	-
						16	-	-	-	-
		1				15	-	-	-	-
						14	-	-	-	-
					P1	13	-	-	-	-
						12	-	-	-	-
4 	J			 1		11	-	-	-	-
						10	-	-	-	-
						9	1	Anti rototion kit for foam	6586/10	6778B / 6777B
						8	1	Bib retention kit	6788/20	6777B
						7	1	Set of 7 male joining strips x 12.5 m	6542/00	6778B / 6777B
						6	6	Track 13x2m thickness 40mm	6782/00	6778B
						5	1	Track 13x1m thikness 40mm	6782/10	6778B
	J	 	 			4	1	Track 13x1m thikness	6784/20	6777B
						3	4	Central track 13x2m	6784/00	6777B
H) 1	2	1	Side track (right) 13x2m	6784/10	6777B
						1	1	Side track (left) 13x2m	6784/30	6777B
				1		REP	NBR	DESIGNATION	REFERENCE	OBSERVATION
7				FOAM MATS FOR "MONTRÉAL" 13x13A TRAINING SPRUNG EXERCISE FLOORS						
Set of 7 male joining strips Length 12.5 m - width: 5 cm Bib retention kit, 3 x 25 m rolls of ad- hésive female strip width: 2 cm			4 Fe	lt strips - 150 x 25 cm	To order spare parts, please provide the description, reference and delivery date of the ent apparatus. Constantly aiming to improve our products, we reserve the right to make changes to the equipment and dime sions without further discussion. This document is the proprety of Gymnova, it is confidencial and shall not be reproduced.				ne equipment and dimen-	