

## Warning:

This equipment should be installed by a qualified individual. This equipment should only be used by one person at a time, under the supervision of a qualified individual.

Using this equipment for purposes other than those originally intended is prohibited.

### **Compliance:**

This equipment complies with the requirements of European standard EN 913 "Gymnastic equipment - General safety requirements and test methods". 14 x 14 m Exercise floors ref. 6775B and 6775B/DE are FIG approved.

### **Recommendations:**

As set out in French Standard NF S52-400 the following is recommended:

- keep these instructions for subsequent reference (inspection, maintenance, etc.).
- periodically carry out predictive maintenance.
- depending on how much it is used have the equipment serviced yearly or every few years.

### Maintenance:

#### IMPORTANT:

• Leave the foam to rest for at least 48 h. If the foam area (centred) overlaps the floor: cut off any excess foam following the pre-cut lines provided for this purpose around the entire perimeter of the foam area, only present for the 56 cm thick version (Ref: 6788). It is preferable to cut following the pre-cut line on the most outside edge of the floor. Repeat the process if necessary (foam dimensions vary over time).

- Regular cleaning of the exercise floor makes it easier to spot any problems (distortion, breakage or moisture absorption).
- Check the condition of the foam mats (1) & (2) or (3) and of their anti-rotation kit (6).
- Check the condition of the floor (wood panels, springs, plastic parts, sections and plates NM273) of the gymnastics area with tracks (NM259) or carpet (NM254E).
- Any damaged or distorted component should be replaced as quickly as possible.

## **Composition:**

#### 1/ "MONTRÉAL" 14X14M COMPETITION EXERCICE FLOOR CARPPET VERSION (REF. 6775B & 6775B/DE)

- Overlay carpet 14 x 14 m (Ref: 6380G) -> Detailed pack list: refer to instructions NM254E
- Set of 4 finishing bibs 14 m (Ref: 6575/10): Volume 0.06 m3, Weight 11.4 kg, Dimensions 610 x 430 x 240 mm -> instructions NM254E.
- Impact-absorbing foam 14 x 14 m thickness 56 mm (Ref: 6788)
- High elasticity floor with springs assembled/not assembled 14 x 14 m (Ref: 6785/6787) -> Detailed pack list: refer to instructions NM273. Floor Anti-Rotation Kit (Ref: 6529/00) refer to instructions NM277.

#### 2/ "MONTRÉAL" 14X14M COMPETITION EXERCICE FLOOR ROLL-UP TRACKS VERSION (REF. 6776A & 6776A/DE)

- Gymnastics area with tracks 14 x 14 m, thickness 2.5 cm, sprung exercise floor M'13 (Ref: 6579) -> Detailed pack list: refer to instructions NM259
- Set of 4 finishing bibs 14 m (Ref: 6575/10): Volume 0.06 m3, Weight 11 kg, Dimensions 610 x 430 x 240 mm -> instructions NM254E.
- Foam area 14 x 14 m, thickness 40 mm, "Montreal" exercise floor with roll-up tracks M'18 (Ref: 6786)
- High elasticity floor with springs assembled/not assembled 14 x 14 m (Ref: 6785/6787) -> Detailed pack list: refer to instructions NM273.
- Floor Anti-Rotation Kit (Ref: 6529/00) refer to instructions NM277.

# Pack list :

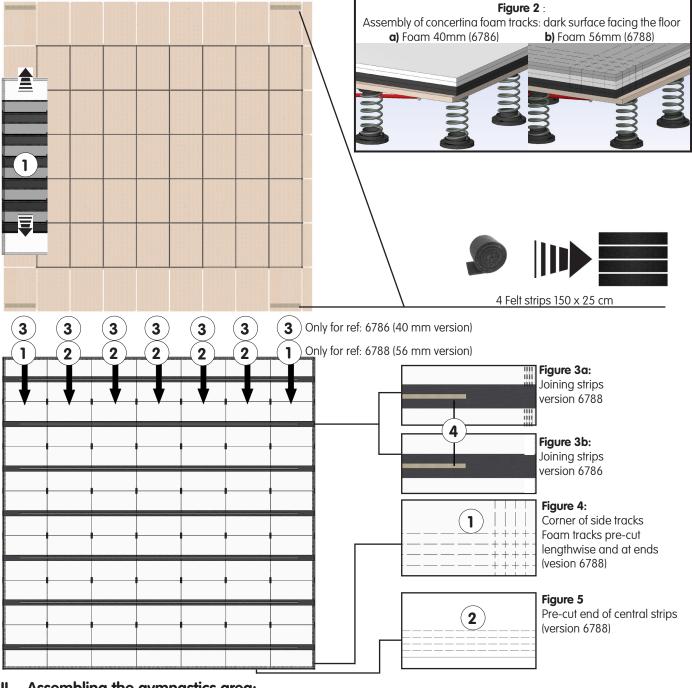
Раск Ref.	6542/00 7 joining strips for foam tracks	<b>6586/10</b> Foam ARK M13	<b>6788/00</b> Central foam track M16 14 x 2 m thickness 56 mm	<b>6788/20</b> Bib retention kit M16	6788/30 Set of 2 central foam tracks M16 thickness 56 mm	6788/40 Set of 2 side foam tracks M16 thickness 56 mm	<b>6786/00</b> Foam track. Thickness 40 mm	Number of packages
<b>6786</b> Foam 14x14m thickness 40mm	1	1	-	-	-	-	7	10
<b>6788</b> Foam 14x14m thickness 56mm	1	1	1	1	2	1	-	7
Volume (m <sup>3</sup> ) Weight (kg)	0.02	0.01	1.7 56	0.01	3.2 121	3.68 123	1.1 42	$\mathbf{\mathbf{X}}$
SIZE (MM)	360×260×180				2000×1000×1860	2000×1000×1840 and dimensions without	2000×1000×600 further discussion.	

## I. Assembling the floor of the exercise floor (refs: 6785 and 6787)

Refer to the instructions in NM273. For installing the anti-rotation kit, refer to instructions NM277.

- II. Assembling the impact-absorbing foam area (6786/6788) ( 🖷 minimum).
- Unfold the foam tracks (1) & (2) or (3), with the darker surface facing the floor (Fig. 2). Important: follow the order shown in Figure 1 to obtain all the pre-cut parts around the perimeter (version 6788 only) and alignment of the black fabric hinges. Align and centre these foam tracks relative to the edges of the floor.
- Lock the assembly together using the 7 joining strips (4) (length 12.5 m width 5 cm) to be centred on the black fabric strips (Fig. 1 & 3). Attach one end, extend the strip over the 12.5 m and position the other end. Press with your hand along the full length of the strip to check it is attached to the black fabric and to strengthen this attachment.
- Installing the foam anti-rotation kit: carefully lift the foam at the 4 corners. Brush and if necessary vacuum clean the self-gripping strip on the 4 corner panels of the floor (Fig. 1). Apply each of the four 150 x 25 cm felt strips (Fig. 1) onto each piece of self-gripping strip on the floor. Important: wait until step III is completed to remove the protective film from the felt (6) and replace the foam tracks (1) & (2) or (3). Press firmly on each foam track to join the components securely.

Figure 1 : Top view of floor and foam tracks



## III. Assembling the gymnastics area:

- With carpet (Ref: 6380H) & bib retention kit (Ref: 6788/20). Refer to assembly instructions in NM254E.
- With roll-up tracks (Ref: 6579): Refer to assembly instructions in **NM259**.

### IV. Disassembly and storage of the foam:

Carefully roll up the joining strips (4) then fold the 7 foam tracks (1) & (2) or (3). Store the stacked foam tracks flat in a clean, dry location. Do not store any heavy, protruding or other item on top. Avoid direct contact with the floor.

