# TUMBLING RUN-UP TRACK "Novatrack " (10.50 x 1 x 0.3 m)

6297



## Warning:

This equipment should be installed by a qualified individual.

The apparatus should only be used by one person at a time, under the supervision of a qualified individual. Using this equipment for purposes other than those originally intended is forbidden.

Failure to comply with assembly, use, maintenance and storage instructions poses a risk of irreversibly damaging the various components that make up the run-up track, for which GYMNOVA cannot be held liable and which will void warranty.

This run-up track is intended to match the F.I.G. approved 25.50 x 2 x 0.3 m tumbling track (Ref.: 6298).

#### **Compliance:**

This equipment complies with F.I.G. requirements.

#### **Recommendations:**

As shown in French Standard NFS 52-400 the following is recommended:

- keep these instructions for subsequent reference (inspection, maintenance, etc.).
- periodically carry out predictive maintenance.
- depending on how much it is used have the equipment serviced yearly or every few years.

#### **Storage:**

Always store the equipment away from moisture and heat.

It is strongly recommended that the panels be stored either vertically or horizontally in alternate staggered formation, such that the legs nest with those opposite and that the tracks be rolled up in order to store them upright.

Do not climb onto or place anything on top of stored equipment, for safety reasons (risk of overturning) and premature

#### Packaging:

wear and tear of the track.

- 7 floor panels: 1 pallet (Ref. 6297/00) Weight: 419 lb Size: 6.56 x 3.28 x 4.46 ft Volume: 96 ft<sup>3</sup>
- Roll-up track 10.6 x 1 x 0.025 m: 1 pack (Ref.: 6297/10) Weight: 77.2 lb Size: 2.3 dia. x 3.28 ft Volume: 14.13 ft3
- Accessories: 1 pack (Ref.: 6297/20) Weight: 22 lb Size: 1.31 x 0.98 x 0.66 ft Volume: 0.85 ft<sup>3</sup>

## I. Assembling the floor panels (minimum of two people):

Note: Prepare a clean area to assemble the run-up track (to be butted up against tumbling track Ref.: 6298).

- Line up the 7 panels (1) along their 1 m width to make up a 10.50 m long floor.

## II. Laying the shock-absorbing surface (minimum of two people required):

Note: The roll-up track (2) is longer than the 10.50 m floor. Leave it to rest until it is flat (no more than 2 days), before cutting off one end of it. Use a perfectly straight rule at least 1 m in length and a cutting tool such as a trimming knife (be careful with the underlying material).

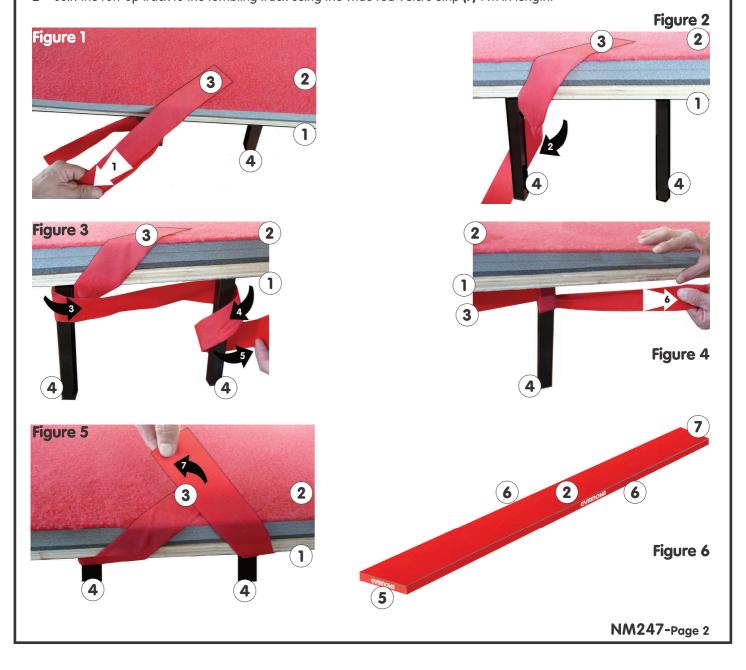
- Position the track (2) aligned widthwise with floor panels (1).

## III. Join up the assembly using 16 Velcro links (as shown in Fig. 1 to 5):

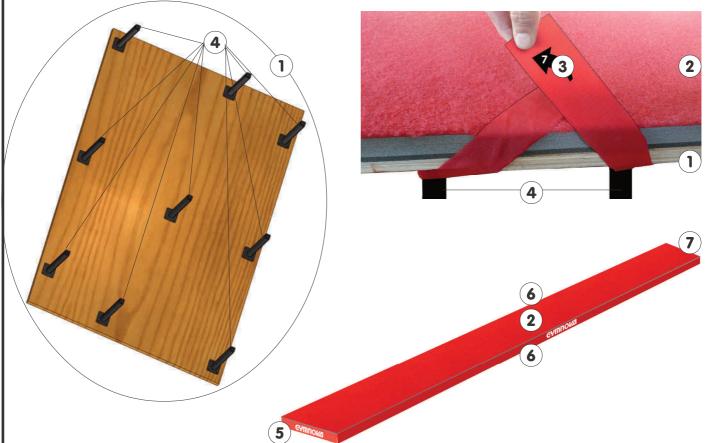
- 1 At each joint between 2 panels (1), ensure the are in proper contact. Next, attach a Velcro strip (3) flat to the track (2) diagonally at 10 cm from the edge to create a symmetrical hook-up (see **Figure 1**).
- 2 Pass each Velcro strip (3) behind the opposite leg (4) (see Figure 2), then wind it around it (see Figure 3).
- 3 Next, pass it behind the second leg (4) (see Figure 3) without forgetting to tension the Velcro strip (3) as you go along.
- 4 Then wind it fully around the second leg (4) and pull each Velcro strip (3) very tight (see Figures 3 and 4).
- **5** Fold back the second end of the Velcro strip (3) over the top of the track (2), crossing over the first one (see **Figure 5**), in order to hold the assembly together (floor and shock-absorbing surface).
- **6** Repeat the procedure for the 6 joints.
- 7 Finish at the 4 corners of the track: run each Velcro strip (3) around the end legs (4) and back.

## IV. Finishing and linking up the run-up track (as shown in Fig. 6):

- 1 Fit finishing flaps (5) and (6): the 1 m flap (5) in front of the track, and the two 10.50 m flaps (6) on the sides of the track.
- 2 Join the run-up track to the tumbling track using the wide red Velcro strip (7) 1 m in length.



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	_	_	Velcro joint strip, 1 m	٤	6297/23	each
	9	7	Side finishing flap		6297/22	each
	2	-	End finishing flap		6297/21	each
	4	63	Run-up track leg + 4 screws	screws	6297/12	included in (1)
	က	2	Velcro linking strip, red, 1 m	red, 1 m	6298/25	each
	7	_	Roll-up track, $10.5 \times 1 \text{ m}$	×1m	6297/10	each
inter	_	7	Floor panel, 1.5 x 1 m	٤	6297/01	each
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# V. Maintenance:

- 1 Cleaning the apparatus regularly will make it easier to spot any problems (distortion, breakage or corrosion).
- 2 Before use, carry out a full check each time on the condition and proper operation of wearing parts:
- a visual check on the presence of all Velcro links (3), legs (4), the joining strip (7) and the condition of the roll-up track (2).
- check contact between the panels (1) over the full length of the track.
- check all Velcro links for tension (3). If it appears to be inadequate: detach, tension then reattach these Velcro strips (3), in order to hold the floor and roll-up track (2) assembly together.

#### 3 - Important:

- If a problem is found or suspected, do not use the equipment until it has been checked by a technician.
- Any damaged or distorted component should be replaced as soon as possible.

To order spare parts, please quote description, part number, and delivery date of the entire apparatus.