

**ACROBATICS AREA AND EXERCISE FLOOR
IN ARTISTIC GYMNASTICS TRACKS****6573A
6574C****KEEP THIS
DOCUMENT**

Réf.: 6574C

**Warning:**

This equipment should be installed by a qualified individual.

This apparatus should be used by only one person at a time, supervised by a qualified individual and with an appropriate landing mat or a landing pit.

Using this equipment for purposes other than those originally intended is forbidden.

Compliance:

This equipment complies with the requirements of the European standard EN 913 "Gymnastic equipment - General safety requirements and test methods".

The 14 x 14 m exercise floor ref. **6574C** is F.I.G. **approved**.

Recommendations:

As shown in French Standard NF S 52-400 the following is recommended:

- keep these instructions for subsequent reference (inspection, maintenance, etc.).
- periodically carry out predictive maintenance.
- depending on how much it is used have the equipment serviced yearly or every few years.

Storage:

Refer to the instructions for the NM06p for the high elasticity floor (Ref.: 6580A).

Always store the equipment away from moisture and heat.

It is highly advisable to roll the tracks up and to store them vertically.

Do not climb onto or place anything on top of stored equipment, for safety reasons (risk of overturning) and premature wear and tear of the floor and of the tumbling area.

Maintenance:

1 - Cleaning the apparatus regularly will make it easier to spot any problems (distortion, breakage or moisture absorption).

2 - Before use, check wear parts **each time** for proper condition and operation:

- a visual check on the presence of the 6 Velcro links **(2)**, of the 4 marking Velcro strips **(3)** and on the condition of the 7 roll-up tracks **(1)** (securing of the Gymnova pads **(4)**, of the 4 Anti-Rotation Kit strips **(5)**).
- condition of the floor (timber, links & high-elasticity mounts) (cf. NM06p).

3 - Important:

- If a problem is found or suspected, do not use the equipment until it has been checked by a technician.
- Any damaged or distorted component should be replaced as soon as possible.

Packaging:**Tumbling area alone (Ref.: 6573A):**

- **7 Pack (ref.: 6160/12)**: 14.10 x 2 m tumbling track - Thickness: 4 cm - Weight: 56 Kg - Size: 2 x ø1m dia. - Volume: 1.50 m³
- **1 Pack (ref.: 6574/10)**: Accessories (linking & marking Velcro strips + Gymnova pads + Anti-Rotation Kit) - Weight: 6 Kg - Size: 0.50 x 0.35 x 0.30 m - Volume: 0.0525 m³
- **1 Pack (ref.: 6574/20)**: 2 m ruler for cutting - Weight: 2 Kg - Size: 2 x 0,1 x 0,02m - Volume: 0,004m³

Exercise floor, complete (Ref.: 6574B):

- 13 x 13 - 10 cm thick high elasticity floor (Ref.: 6580A) -> Detailed packaging: refer to instructions NM06.
- Floors Anti-Rotation kit - 4 ajustable cables (Ref.: 6529D) -> Weight: 3,5Kg - Size: 100 x 305 x 345mm - Volume : 0,01m³
- Tumbling area (Ref.: 6573A) -> Detailed packaging: see above.

I. Assembling the 14 x 14 m Exercise floor (Ref. 6574C):

Refer to assembly instructions for NM06.

II. Assembling the Tumbling area (a minimum of 2 people are needed):

Note: Prepare a clean area to assemble and set up the tracks.

1 - Installation without floor: determine the position of the area by marking out its perimeter on the ground, i.e. a 14 x 14 m square (Check diagonal length: 19.80 m).

Installation with floor: marking out done before assembling floor (refer to instructions for NM06).

Installing the Foam Anti-Rotation Kit: place the 4 black pads **(5)** with the felt side on the Velcro strips, which are on the large 2 x 1.50 m corner panels on the high elasticity floor.

2 - Roll out the 7 tracks **(1)** in situ so they flatten out and revert to their original length (≥ 14 m).

3 - Align a track **(1)** to one side of the outline, starting from a datum corner, as shown in **Fig. 1**.

4 - Align the other 6 tracks side by side on the ground, taking care not to move the first one. Mark off all the tracks to a length of 14 m transferring the line to the ends of the tracks (see **Fig. 1**), using the supplied 2m ruler **(6)**, and a cutting tool of the utility knife type (be careful not to damage the underlying floor).

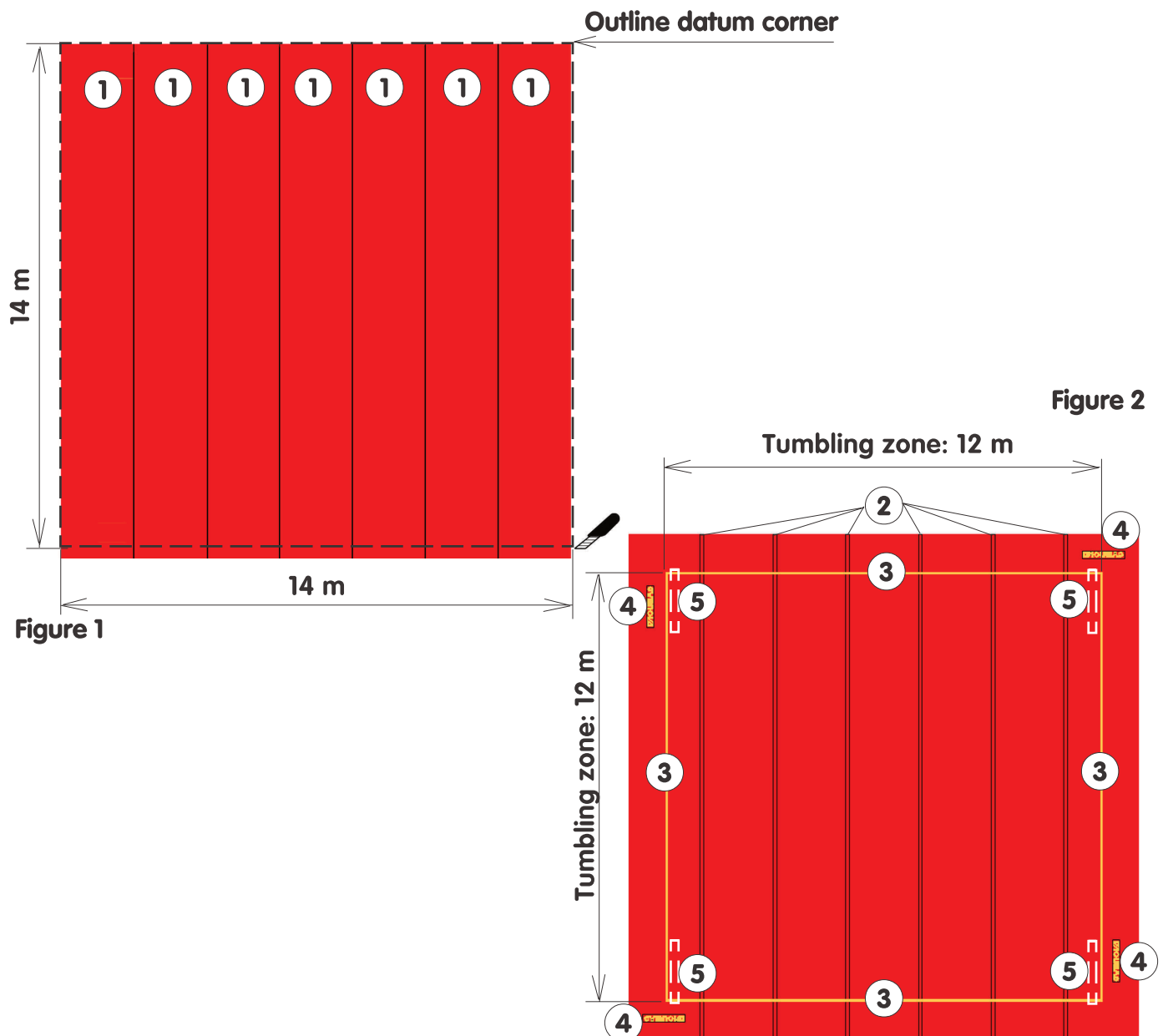
5 - Ensure that the tracks **(1)** are butted together correctly before joining them together, as shown in **Fig. 2**. In order to shift a track, all it requires is to have one person at each end and to lift it alternately in order to force air in waves underneath. Readjust its position by pulling in the desired direction.

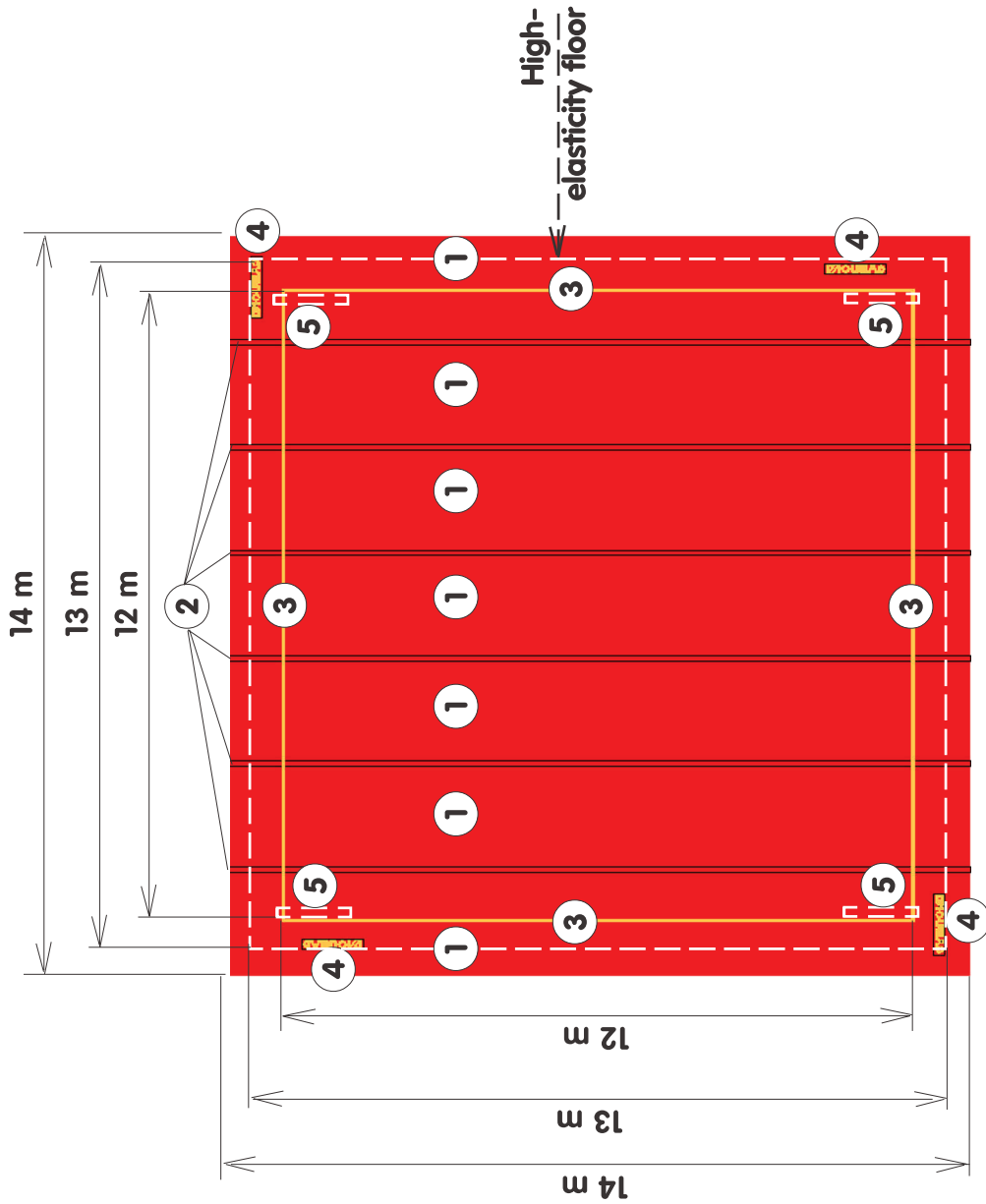
6 - Unwind then draw tight each of the 6 red Velcro strips **(2)** (10 cm wide), straddling each joint between the tracks, then apply the strips **(2)** firmly over their full length.


7 - Apply the 4 beige Velcro strips **(3)** (5 cm wide), in order to mark out the 12 x 12 m central zone (the strips are to be positioned within the zone), as shown in **Fig. 2**.

8 - Position the 4 Gymnova markings **(4)** outside the tumbling area, 1 in each corner (see **Fig. 2**).

9 - Finishing the foam Anti-Rotation Kit: lift the corners of the tumbling area over 3 m in order to access the pads **(5)** (see **Fig. 2**) and remove the protective film from the adhesive. Apply the tracks gradually in order to maintain their flatness to the floor.





ITEM	QTY	DESCRIPTION	REFERENCE	REMARKS
30	-	-	-	-
29	-	-	-	-
28	-	-	-	-
27	-	-	-	-
26	-	-	-	-
25	-	-	-	-
24	-	-	-	-
23	-	-	-	-
22	-	-	-	-
21	-	-	-	-
20	-	-	-	-
19	-	-	-	-
18	-	-	-	-
17	-	-	-	-
16	-	-	-	-
15	-	-	-	-
14	-	-	-	-
13	-	-	-	-
12	-	-	-	-
11	-	-	-	-
10	-	-	-	-
9	-	-	-	-
8	-	-	-	-
7	-	-	-	-
6	1	2m Rulerfor cutting	6574/20	Pack
5	4	Floor Anti-Rotation Kit felt	TNTI0250AD	4 lengths, 1.50 m
4	4	Gymnova logo pad	6574/11	each
3	4	Velcro marking strip, 5 cm, beige	TTIC0050BE	4 lengths, 12 m
2	6	Velcro linking strip, 10 cm, red	6574/15	length: 14 m
1	7	Tumbling track, 14.1 x 2 x 0.04 m	6160/12	each
ITEM	QTY	DESCRIPTION	REFERENCE	REMARKS
 RUE GASTON DE FLOTTE 13012 MARSEILLE Tél. : 33-(0)-4-91-87-51-20 Fax : 33-(0)-4-91-93-86-89				ACROBATICS AREA AND EXERCISE FLOOR IN ARTISTIC GYMNASTICS TRACKS
BY: J. BRIOT	DATE: 13/06/12	NM199d	Ref.: 6573A - 6574C	

To order spare parts, please provide the description, reference and delivery date of the entire apparatus.

THIS DOCUMENT IS THE PROPERTY OF GYMNNOVA. IT IS CONFIDENTIAL AND SHALL NOT BE REPRODUCED WITHOUT PRIOR AUTHORIZATION.