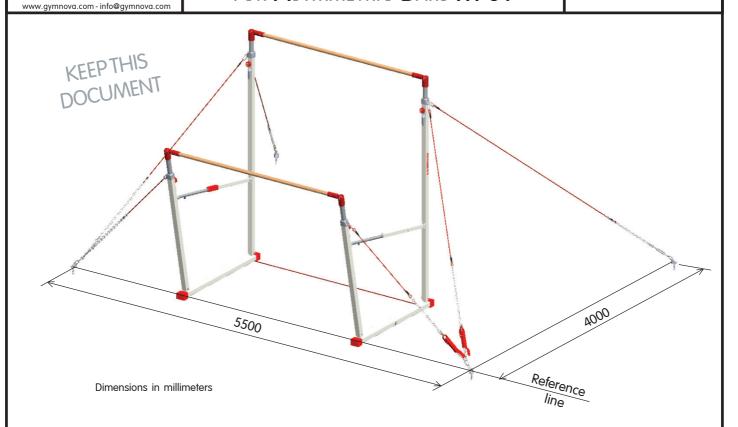


### ASSEMBLY INSTRUCTIONS

NM177D-GB 03/01/17

3203B

# STANDARD CABLE SET FOR ASYMMETRIC BARS M'09



### Warning

This equipment should be installed by a qualified individual.

This equipment should only be used by one person at a time, under the supervision of a qualified individual.

Using this equipment for purposes other than those originally intended is prohibited.

Attachments that are not provided with the apparatus may only be used if the support complies with the **CC77** specifications for GYMNOVA ATP chemical bedding anchors, (Refs: 2020, 2004, 2006 or 2016) or **CC22** for GYMNOVA removable anchors, (Refs: 2000A, 2001 or 2002).

Make sure that all the quick links are closed and the anchors are tightened before tensioning the cables.

Do not use the equipment when the cables are slack.

### Compliance

This equipment complies with the requirements of European standard EN 913 "Gymnastic equipment - General safety requirements and test methods".

### **Recommendations**

As set out in French Standard NF S52-400 the following is recommended:

- keep these instructions for subsequent reference (inspection, maintenance, etc.).
- periodically carry out predictive maintenance.
- depending on how often it is used, have the equipment serviced yearly or every few years.

#### Pack list

1 Pack (ref: 3203B) Dimensions: 510 x 290 x 110 mm Weight: 14 kg Volume: 0.016 m<sup>3</sup>

### **Tools required**

14 mm open end spanner

18 mm open end spanner

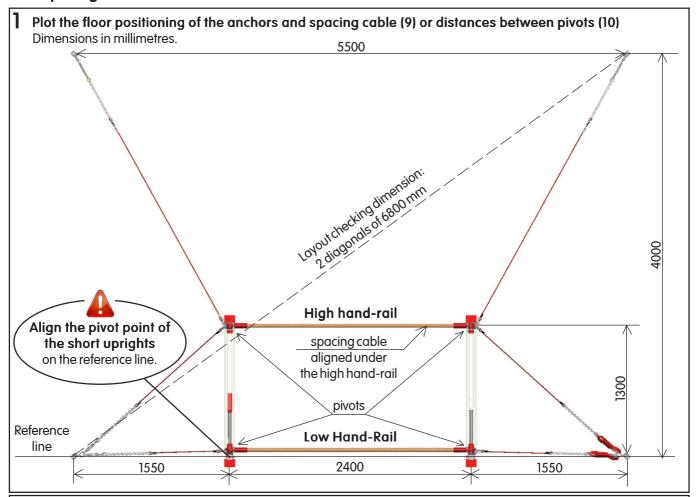
19 mm open end spanner



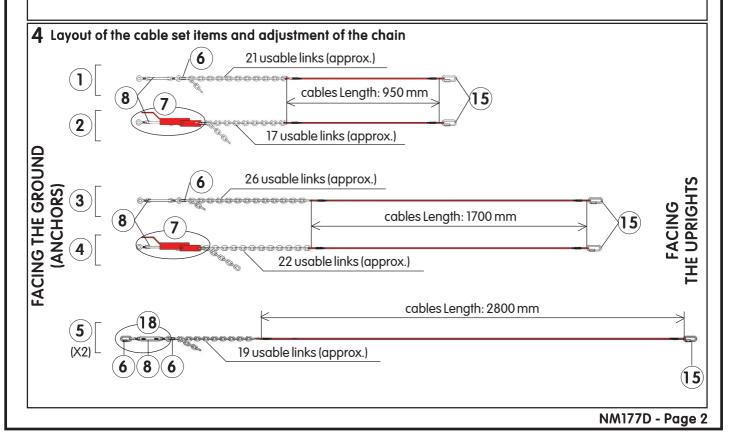




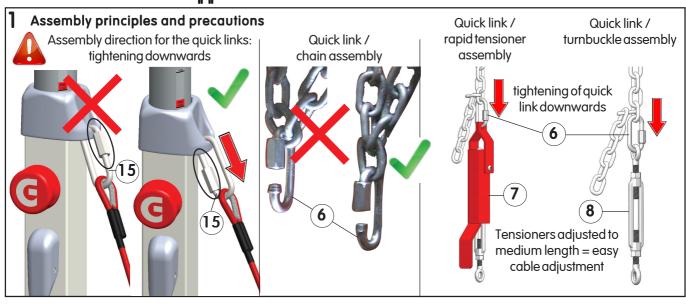
### I. Preparing the cable set

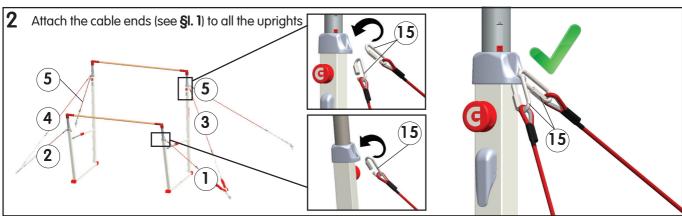


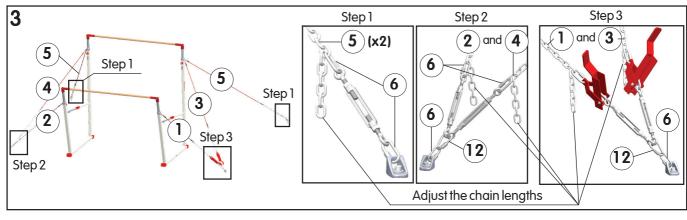
- **2** For the anchors: drill in accordance with the assembly instructions NM249 for chemical anchors or **NM25** removable anchors.
- **?** Positioning of asymmetric bars, two possibilities:
  - use the 4 pivots (10): drill ø12, depth 45 mm under the tall & short uprights -> recommended assembly.
  - use 2 pivots (10): drill ø12, depth 45 mm under the short uprights, and the spacing cable (9) under the tall uprights.

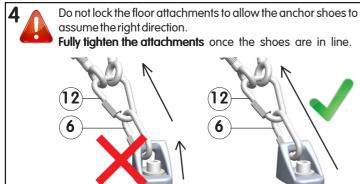


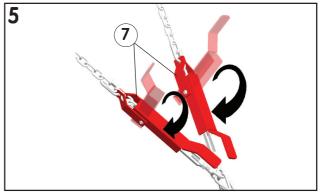
## II. Assembling the cables (†† minimum)





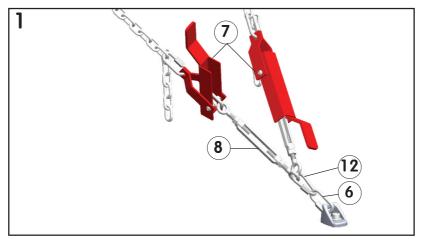


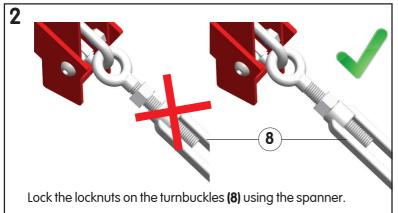


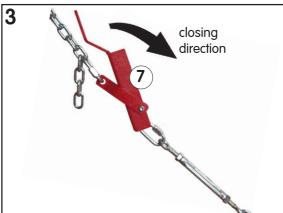


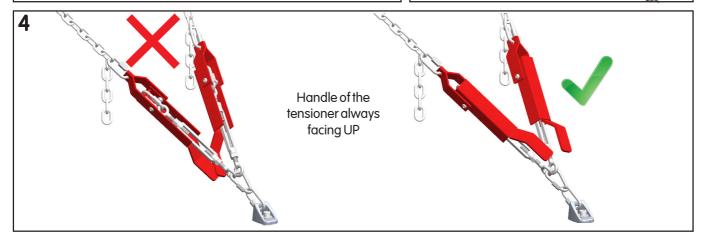
4 Adjustment of the bar & verticality of uprights: refer to assembly instructions NM231 §4.

### III. Tensioning the cables











Lock the quick links (6), (12) and (15).

### IV. Maintenance

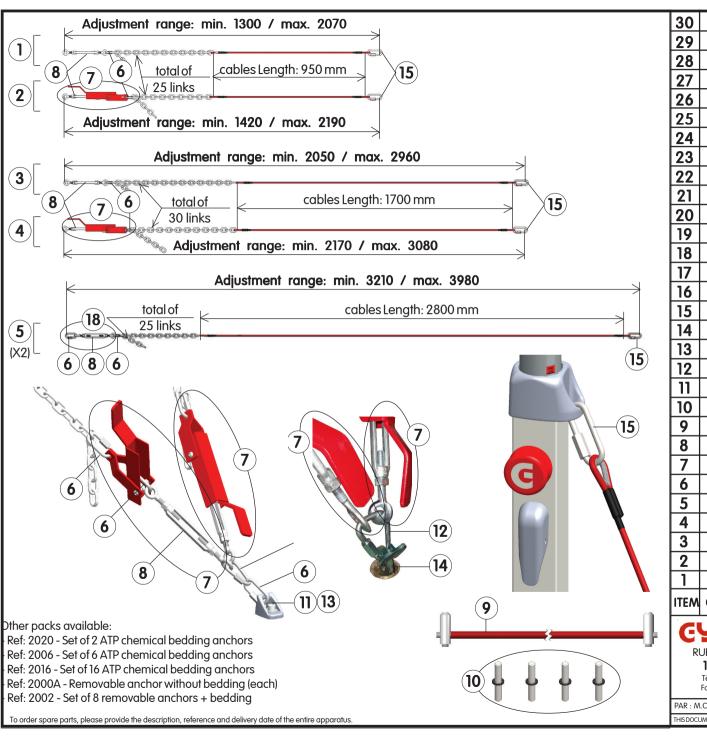
- 1/ Regular cleaning of the apparatus will make it easier to spot any problems (distortion, breakage or corrosion).
- 2/ Before each use, make a thorough check on good condition and correct operation of wear parts and safety elements: wear of cables, quick links (6), (12) and (15), chain, anchor shoes (11), removable anchors (14), rapid tensioners (7) and turnbuckles (8).
- 3/ Check tensioning of cables and closure of quick links, before each use.
- 4/ Check that the anchors (13 and 14) are locked and that they are not coming away from the floor.

### 5/ Important:

- If a problem is found or suspected, do not use the equipment until it has been checked by a technician.
- Any damaged or distorted component should be replaced as quickly as possible.

### V. Storage

Always store the equipment away from humidity and heat.



-				
30	-	-	-	-
29	-	-	-	-
28	-	-	-	-
27	-	-	-	-
26	-	-	-	-
25	-	-	-	-
24	-	-	-	-
23	-	-	-	-
22	-	-	-	-
21	-	-	-	-
20	-	-	-	-
19	-	-	-	-
18	2	Tensioner M12 O/O + Link	QTELEMA812	each
17	-	Set of 4 bracing flats + fixings	3120/40	Service kit
16	-	Set of 2 bracing flats + fixings	3120/20	Service kit
15	6	Quick link No.8 Wide Jaw	QMRAG0008Z	each
14	-	4 removable anchors	2001	not provided
13	-	4 ATP chemical bedding anchors	2004	not provided
12	2	Quick link Delta No.8	QMRADEL08Z	each
11	1	Set of 4 anchor shoes + fixings	2004/00	not provided
10	4	Support pivot	328/02	each
9	1	Spacing cable	333/41	each
8	2	Turnbuckle M12 O/O	QTELE1012G	each
7	2	Rapid tensioner	2550A	each
6	6	Quick link No.8	QMRA00008Z	each
5	2	Long cable (high HR) turnbuckle	3203/25	Service kit
4	1	Cable (high HR) quick tensioner	3203/24	Service kit
3	1	Cable (high HR) turnbuckle	3203/23	Service kit
2	1	Cable (low HR) quick tensioner	3203/22	Service kit
1	1	Cable (low HR) turnbuckle	3203/21	Service kit
ITEM	QTY	DESCRIPTION	REFERENCE	REMARKS
GYMNOV/I				

RUE GASTON DE FLOTTE 13012 MARSEILLE

Tél.: 33-(0)-4-91-87-51-20 Fax: 33-(0)-4-91-93-86-89

### STANDARD CABLE SET FOR ASYMMETRIC BARS M'09

PAR: M.CHARBONNEAU LE: 03/01/17

NM177D-GB

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