GYMNO///



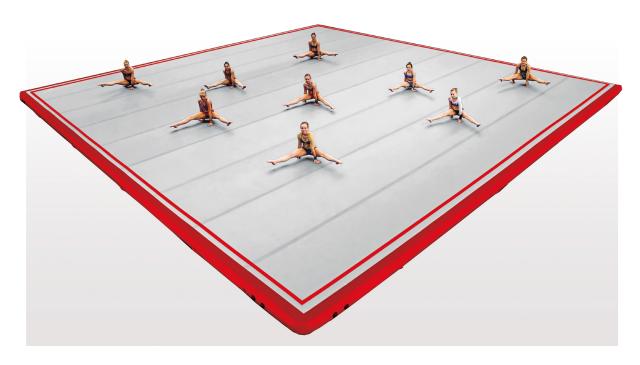


DISCOVER ALL THE BENEFITS

- 1- Provides increased dynamism or comfort depending on the exercise.
- 2- Allows a quick progression of the gymnast while providing significant additional power.
- **3** With adjustable density, the modules are suitable for both beginning and experienced gymnasts.
- **4** They can be inflated in just a few minutes with a specific inflator (not supplied, see accessories on page 10).
- **5** Waterproof, use of disinfectant and virucides with EN 14476 norm is possible.
- **6** The modules can be joined with each other (by Velcro attachments or using the rings provided for this purpose).
- **7** Feather-light, they can be set up easily and quickly in your workshops.
- **8** Inflatable and deflatable wherever and whenever you want, the modules allow you to create gymnastic and technical scenarios very quickly.
- **9** All the modules can be kept in the trunk of a mid-size car.
- **10** They are also suitable for baby-gym sessions.
- **11** Ideal for all your on-the-go demonstrations.

GYMNOV

INFLATABLE FLOOR



REF. 6676 - INFLATABLE FLOOR

This floor, just as your traditional floor, allows your gymnasts to work on a consistent even surface giving stability and precision at point of contact. It provides a very good absorption on landings and helps reducing stresses on wrists and ankles.

The main advantage of this product is its quick installation and deflation. Only 5 persons are needed to install it. It can be easily stored. It can be transported in the back of a small van. This inflable floor established itself as the natural first choice for all your workshops and on-the-go demonstrations.

It will remain inflated for the entire duration of your daily training exercises so there is no need to use the inflators during a session. It can also be adapted to any type of exercise and gymnast weight by simply varying the inflation pressure.

TECHNICAL FEATURES

- Exercise area marked. Easy to handle once inflated thanks to its 16 handles (4 on each side).
- Peripheral connecting hook-and-loop strips to connect roll-up tracks or foam modules in order to create a larger landing area.
- Easy and quick to inflate thanks to the 4 inflators delivered with the floor.
- The pressure gauge allows adjusting pressure, thus rebound, to adapt to the exercise level, the type of training and/or the weight of the gymnast.
- Dim. = $12.60 \times 12.60 \text{ m} \times 20 \text{ cm}$ (Lxwxth.). Weight = 435 kg

Supplied with 4 inflators, 1 pressure gauge, 1 transport trolley and 1 transport cover.









INFLATABLE TRACKS

Allow various assembly combinations to perform acrobatics on a flat working surface while ensuring stability and precision during push-offs. Self-contained, tracks stay inflated for the entire duration of your daily pratices, without having to use the inflator. Easy to handle, it is convenient for all type and level of gymnasts from beginners to elite. Easy and quick to set-up and repack.



REF. 6291 - INFLATABLE TRACK 12 M

Dim. = $1.200 \times 180 \times 15 \text{ cm (Lxwxth)}$.

Supplied with 1 inflator, a pressure gauge, a repair kit and a transport cover. 4 carrying handles, 2 valves and hook-and-loop strips across both widths.

REF. 6293 - INFLATABLE TRACK 15 M

Dim. = $1.500 \times 210 \times 20 \text{ cm}$ (Lxwxth).

Supplied with 2 inflators, a pressure gauge, a repair kit and a transport cover. 8 carrying handles, 3 valves and hook-and-loop strips across both widths.

REF. 6310 - INFLATABLE TRACK 10 M

Dim. = $1.000 \times 140 \times 10 \text{ cm (Lxwxth)}$.

With 2 valves and self-fixing strips across the 2 widths. It is used more on a surface such as an exercise floor. Comprising 1 inflator, a pressure gauge, a repair kit and a transport cover.



Power requirements: 220 volts. Other power, please

Please contact us for made-tomeasure inflatable tracks.



Hook-and-loop strips across both widths



Inflation valve



Digital pressure gauge



INFLATABLE MATS

These easy-to-handle mats protect the training areas quickly in order to reduce the risk of injury.

Used as additional mats or as mats, they ensure good impact absorption decreasing strain injuries to wrists and ankles.

Assembled with each other using hook-and-loop attachments or straps (not supplied, see page 10), they form an actual acrobatic track combining dynamism and stability.

Used on a pit (Ref. 8084 & 8087), gymnasts can also train on hard landings. Equipped with a visual guide in the form of a central line.

REF.	DESCRIPTION	DIMENSIONS	INFLATION TIME
8077	Mats	200 x 100 x 10 cm	
8081		200 x 100 x 20 cm	Between
8090		200 x 150 x 10 cm	30 seconds and 1 minute
8093		200 x 150 x 20 cm	
8084	Acrobatic tracks -	400 x 200 x 10 cm	Less than 2
8087	Special pit mat	400 x 200 x 20 cm	minutes





Some mats (Ref. 8077 and 8081) have a visual guide in the form of a central line representing the 10 cm standard beam width.

This visual guide will help gymnasts to practise their sequences many of times on a flat surface in complete safety.









INFLATABLE LEARNING BEAMS



These low training beams are ideal for gaining confidence when performing gymnastic elements. They enable work to be done on floor height components and reduce apprehensiveness.

Easy to transport and store thanks to its light weight and small volume, these beams find their place in a gym club as well as in your home.

They are provided with a visual cue materialized by a central line 2.5 mm thick representing the 10 cm of a standard beam in order to train in the axis.

Available in 2 lengths (3 or 5 m), they are designed for both initiation and improvement for learning new elements in complete safety. They can also be used as part of awakening sessions in baby-gym.

REF.	DESCRIPTION	DIMENSIONS	INFLATION TIME
8095	Learning beams	300 x 40 x 10 cm	Less than 30 seconds
8096		500 x 40 x 10 cm	





GYMNOVA

INCLINED MODULES



These 3 modules with different heights and inclines can be used for daily training on different apparatus or within learning circuits.

Thanks to the incline, gymnasts can practise roundoffs and do lots of exercises for strengthening their muscles. The numbered central line helps the gymnast to quickly spot the impact zones. It also makes it possible to set up a number of gymnastic exercises such as arm push-off.

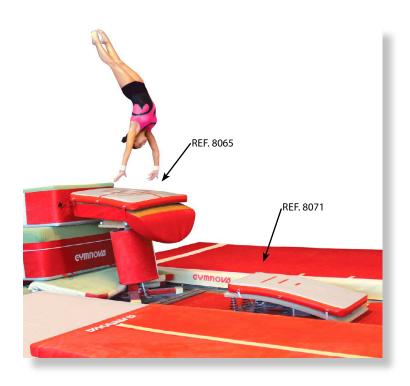
All the modules are equipped with carrying handles.

REF.	DESCRIPTION	DIMENSIONS	INFLATION TIME
8054	Median inclined module	180 x 120 x 20/30 cm	
8057	Maximum inclined module	180 x 120 x 20/65 cm	Between 30 seconds and 2 minutes
8059	Inclined module	120 x 90 x 10/26 cm	and 2 minutes





SPECIFIC VAULTING MODULES







These modules specially developed for vaulting provide significant additional power to allow the gymnast to vault over with no extra effort.

Thanks to the markings, the impact zone is clearly visible and helps the gymnasts to position themselves correctly both on the vaulting table and on the springboard. The "impulsion" modules are non-slip.

These modules are supplied with fastening straps.





REF.	DESCRIPTION	DIMENSIONS	INFLATION TIME
8062	3D push-off square module	95 x 95 x 20 cm	
8065	3D push-off square module	95 x 95 x 10 cm	Less than 15 seconds
8071	3D push-off rectangular module	110 x 60 x 10 cm	



CYLINDRICAL MODULES





These cylindrical modules allow working the back inversion and helping to create new psychomotor activities. There are also perfect for canning process.

They can be used alone or along with other elements such as the foam learning beam (Ref. 3665), the covered foam base (Ref. 2125) or the wooden mini-bar (Ref. 0028 - photos below) for practising giants swings.

These modules can also be perfectly added to a baby gym circuit as a teaching hurdle.

Modules with carrying handles for easy transport.





REF.	DESCRIPTION	DIMENSIONS	INFLATION TIME
8051	Cylindrical modules	106 x 60 cm	Less than 1 minute
8052		110 x 80 cm	





TECHNICAL SPECIFICATIONS







Autonomous, the modules are waterproof. The inflator (not supplied) is therefore used only occasionally. Very lightweight, they make it easy to set up courses in a minimum time.

All the modules are supplied with a carrying bag and a repair kit.

Colours: grey with red along the sides. (actual colours may vary)



For more accessories (optionally), please contact us:







REF.	DESCRIPTION
8000	Hook and loop fastener skirt Dim. 70 x 25 cm (Lxl)*
8001	Hook and loop fastener skirt Dim.120 x 25 cm (Lxl)**
8002	Hook and loop fastener skirt Dim. 190 x 25 cm (Lxl)***
8003	Attachment straps - Set of 2
8006	Repair kit

REF.	DESCRIPTION
8009	Pressure gauge
8011	Hand inflator for inflatable modules Dual action
8012	Electrical inflator Voltage required = 230 volt
8013	Electrical inflator Voltage required = 120 volt
8020	Transport trolley for inflatable tracks

^{*} For Ref. 8054, 8057, 8059, 8077 et 8081 / ** For Ref. 8090 et 8093 / *** For Ref. 8077, 8081, 8090, 8093, 8084 et 8087



Non-contractual photographs. Approximate inflation time process. 2021 edition.