

<b>GYMNOVA</b>	FP465-GB	UPDATE: 03/09/2020	REF. 2261, 2262	TRAINING EQUIPMENT	MARKETING SERVICE Y.ROBAIL
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## MUSCLE-TRAINING BENCHES

- Benches adjustable for incline
- Allow to set the level of exercise intensity
- Thanks to their multiplier effect device, they are specifically de
- Allow the following muscular actions:
  - Retropulsion (kip work at the bars)
  - Antepulsion (passemment filé and salto below)
  - Antepulsion adduction (giant swings at rings, croix de fer...)



Ref.2261

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## Available References:

**Ref.2261:** Freestanding muscle-training bench.

**Ref.2262:** Muscle-training bench for use on wall bars.



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