

## 

A PASSION FOR GYMNASTICS

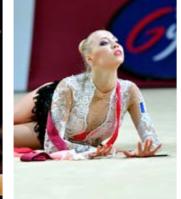
# GYMNOV//

## ALMOST 45 YEARS OF HISTORY, AND STILL THE SAME PASSION FOR GYMNASTICS



Specialising in the design, manufacture and distribution of gymnastics equipment, GYMNOVA is continuously innovating to play its part in the development of the diverse world of gymnastics. The range encompasses the complete spectrum, from baby gyms to competition and training equipment for activities under the auspices of the International Gymnastics Federation.





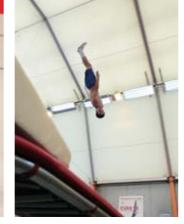
**GYMNASTICS** 



RHYTHMIC **GYMNASTICS** 



**AEROBICS** 



TRAMPOLINE



TUMBLING

ARTISTIC



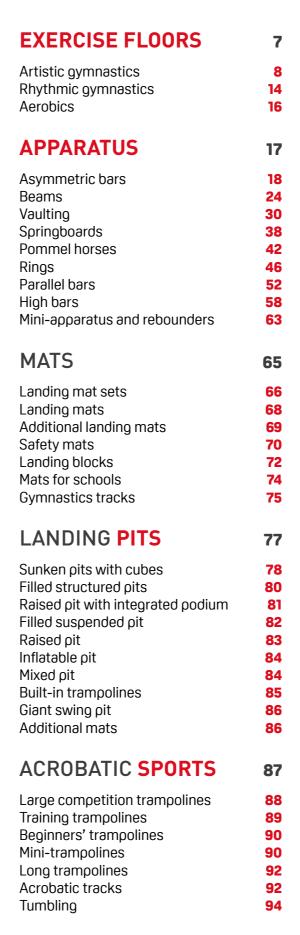
PARA-GYM



YOUNG CHILDREN



PARKOUR



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## SUBSIDIARIES AND DISTRIBUTORS IN MORE THAN 80 COUNTRIES

For its global development, GYMNOVA relies on its distributors and subsidiaries in the UK, Belgium and Switzerland. You can find the entire distribution network on www.gymnova.com



**GYMNOVA IS A PARTNER OF THE BIGGEST NATIONAL AND INTERNATIONAL SPORTS FEDERATIONS** 



## MADE IN FRANCE

A FRENCH MANUFACTURER OF SPORTS EQUIPMENT FOR ALMOST 45 YEARS.



GYMNOVA produces practically its entire range of GYMNOVA and EDUC'GYM products in France at the company's two production sites in Wattrelos (Nord department of France (59)) and Balmay (Ain department of France (01)). This Made in France philosophy ensures compliance with applicable European and French environmental standards as well as creating local jobs. We have opted for a responsible and eco-friendly production strategy that reflects our strong commitment to manufacture sustainable products from renewable resources. To reduce our carbon footprint, more than a third of the raw materials used are sourced as close as possible to our production sites.

## Our two production sites encompass a wide range of expertise, including:

- Mechanical welding (manufacture of metal parts)
- Mechanical assembly, mounting of various components
- Upholstery, coverings, trims (vaulting tables, pommel horses, beams and springboards)
- Sewing, foam and fabric cutting, gluing, trim (mats)



## Our production sites

ACSA LE BALMAY (01): 12,000 m<sup>2</sup> facility divided between research, woodworking and joinery, mechanics and metalwork, painting, foam conversion, and mat trimming and manufacturing.

ACSA WATTRELOS (59): 4,500 m<sup>2</sup> facility for manufacturing mats. This site produces foam and fabric-based mats for sports, education and leisure.

Our ACSA production plants have been ISO 14001 certified since 2004





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# GYMNO*V/*/



## QUALITY AND ENVIRONMENT

We follow a quality and environmental management system that complies with the requirements of the ISO 14001 & 9001 standards as part of an eco-responsible approach.

According to this continuous improvement process, the company's main focus areas are as follows:

## R&D and improvement of product design

Our eco-design approach allows us to carry out life cycle analysis on our products to guide environmentally friendly design choices. Selective sorting of raw material offcuts and waste is practised throughout the R&D process.

## Logistics and reduction in transport-related CO<sub>2</sub> emissions

Our service provider has committed to this approach and is taking action in the following key areas:

- Improvement of its vehicle fleet
- Fuel savings
- Eco-driving
- Organisation of transport flows

Within the company, our production plants consolidate orders where possible each day in order to reduce  $CO_2$  emissions.

#### Installation of equipment and packaging

Our products are packaged in 100% recyclable materials. When preparing orders, we plan for the hire of a container to remove waste from the site after installation. We use specialist companies that comply with the applicable environmental regulations.

Our production sites have also embraced this philosophy, as evidenced by their ISO 14001 certification, which enables us to continuously improve our waste management practices, product logistics and use of resources. Recycled waste is injected back into the production cycle, including offcuts from mat covers. Our production plants carry out selective sorting of any remaining waste and are constantly seeking out new recycling channels.





# CUSTOMER SATISFACTION IS THE DRIVING FORCE BEHIND ALL OUR COMMITMENTS

Listening closely to our customers' needs and concerns has always been at the heart of our company's strategy. A considerable proportion of our employees come from the gymnastics world, which allows us to be as close as possible to our customers and better understand their changing needs.

Almost 500 **GYMNOVA** products are created in close collaboration with the gymnastics sector. We work in partnership with clubs and gymnasts to continuously improve the performance and safety of our equipment.

We prioritise high-quality products to support outstanding gymnastics performance and protect gymnasts' physical health. Reduced risk of strain injuries, extraneous vibrations...

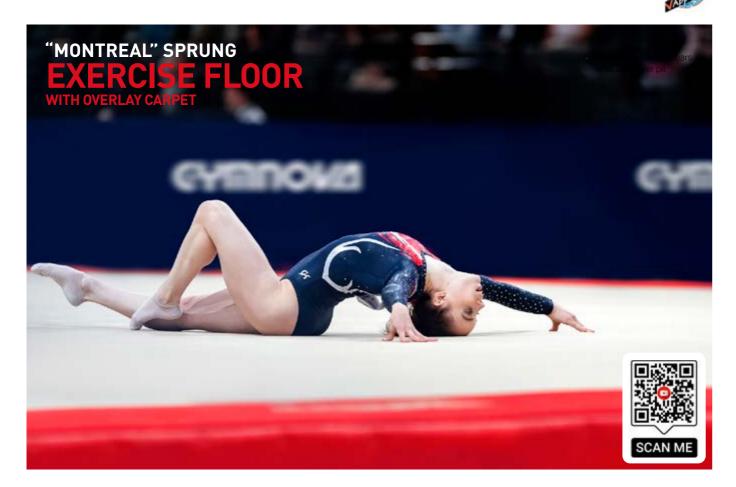
Our objective is to allow gymnasts to train and perform in the best possible conditions.

Our team of engineers also develops this equipment in compliance with the requirements and expectations of the FIG's test laboratory to guarantee the expected characteristics. The products developed therefore meet all guarantees and standards in terms of safety, durability and ease of use.

# **EXERCISE FLOORS**



## ARTISTIC **GYMNASTICS**



These exercise floors incorporate extensive research work focusing on both the performance expectations of modern gymnastics and protection of gymnasts' physical health. The composition of this competition model allows identical stimulation across all elements to ensure homogeneous behaviour over the entire gymnastics area. The distribution of stress over foam and springs makes this exercise floor comfortable and dynamic for all practice levels. It is the same height (20 cm) as the mats, pits and acrobatic tracks to allow perfect integration in gyms using GYMNOVA equipment.

**Ref. 6775** used at the **World Championships in 2022** (Liverpool) and **2017** (Montreal), and at the **European Championships in 2018** (Glasgow).



#### COMPOSITION

#### **Overlay carpet**

Made up of several widths joined by hook-and-loop strips underneath the carpet. A border in a different colour shows the FIG demarcation and the edges are finished with whip stitching. Its thickness and high-density weft ensure comfort. An integrated anti-rotation system makes sure the carpet stays securely in place during sequences. Exercise area:  $12 \times 12$  m.

#### Concertina-folding comfort foam

56 mm thick laminated foam of three different hardnesses, including an ultra-soft 16 mm comfort layer for dynamism, stability and comfortable landings. Mesh in the centre of the comfort layer creates a "board" effect to stabilise landings. The foam area is made up of concertina-folding mats for quick and easy installation.

#### Floor

Special plywood laid on dynamic springs. The panels are connected by fastening sections and locking plates for optimum consistency. Its 12 mm thickness and composition (9 ply) provide flexibility and strength.

#### Springs

2,709 springs with a height of 125 mm are strategically positioned below the floor for more consistent rebound and optimum shock absorption. The deformation range of the spring has been increased to allow the gymnast to obtain more travel.

**PVC skirt finish** 







Optimum shock absorption thanks to 2,709 strategically positioned springs.

REF.	DIMENSIONS	SPRINGS ASSEMBLED	FIG
6775	14 x 14 m	~	2
6775/DE	14 x 14 m	x	
6777	13 x 13 m	~	x
6777/DE	13 x 13 m	х	х

## OVERLAY CARPETS ONLY

Demarcated gymnastics area 12 x 12 m. Supplied with anti-rotation system.

**Ref. 6380** Dimensions: 14 x 14 m. **Ref. 6390** Dimensions: 13.05 x 13.05 m.

**Note:** only complete exercise floors (carpet, foam and floor) can be FIG approved. Dimensions: 14 x 14 m (floor, foam and carpet). Thickness: 20 cm (same height as GYMNOVA mats and pits).

dimensions ta



56 mm thick laminated foam.



High-elasticity floor and concertina-folding comfort foam.

## We can also produce any type of customised exercise floor with dimensions tailored to your needs. Please contact us for more details.

## ARTISTIC GYMNASTICS





This model consists of 7 roll-up tracks, a foam track area and a high-elasticity floor with over 2,700 springs (14 x 14 m version). The edges are finished with PVC strips. It is the same height (20 cm) as the mats, pits and acrobatic tracks to allow perfect integration in gyms using GYMNOVA equipment. The gymnastics area (12 x 12 m) is demarcated by 5 cm beige hook-and-loop strips. An integrated anti-rotation system ensures the exercise floor stays securely in place during sequences.

Supplied with 3 anti-rotation systems (floor, foam and tracks).

REF.	DIMENSIONS	SPRINGS ASSEMBLED	FIG
6776	14 x 14 m	×	
6776/DE	14 x 14 m	х	
6778	13 x 13 m	¥	х
6778/DE	13 x 13 m	х	x

We can also produce any type of customised exercise floor with dimensions tailored to your needs.

Note: only complete exercise floors (carpet, foam and floor) can be FIG approved.

#### **COMPOSITION**

#### Roll-up tracks

Comfort is ensured by seven 38 mm thick roll-up tracks, made up of needle-punch carpet on dynamic high-performance foam. Mesh placed between the carpet and the foam helps to increase indentation resistance and dimensional stability. To create a perfectly harmonious surface, the tracks are connected by red hook-and-loop strips.

#### Foam underlay

A 24 mm thick foam underlay with a density of 25 kg/m<sup>3</sup> contributes to user comfort and shock absorption.

#### High-elasticity floor & springs

2,709 highly responsive springs ensure maximum elasticity for push-offs\*. The strategic distribution of the springs and the use of specially selected flexible wood provide bounce and optimum consistency upon impact. 14 mm thick floor.

\* 2,424 springs for the 13 x 13 m version.



## **EXERCISE FLOOR** "ROLL-UP TRACKS" WITHOUT FLOOR - 14 x 14 m

Ref. 6573



We can also produce any type of customised exercise floor with dimensions tailored to your needs. Please contact us for more details.

## **ROLL-UP TRACK** & EASY ROLL

See complete descriptions on page 76.



## EXERCISE FLOOR "ROLL-UP TRACKS" 14 x 14 m

#### Ref. 6574

This attractively priced model is perfect for training and consists of a high-elasticity floor Ref. 6580 and 7 needle-punch roll-up tracks Ref. 6160 with a thickness of 40 mm (see page 76) secured by hook-and-loop strips. The 12 x 12 m zone is demarcated by 5 cm hook-and-loop strips.

- Supplied with anti-rotation systems.
- Thickness: 14 cm (10 cm floor + 4 cm track).



Detail view of the floor and roll-up tracks.

Consisting of 7 roll-up tracks Ref. 6160 secured by hook-and-loop strips. Foam covered in "needle-punch" carpet. Thickness: 4 cm.



## ARTISTIC **GYMNASTICS**



Multi-purpose exercise floors providing a flat and homogeneous surface. Consisting of a dual-coloured gymnastic carpet, foam (4 cm thick) and a high-elasticity floor (10 cm thick) with dynamic foam mounts. The panels are assembled using fastening sections and "locking" link plates for optimum consistency. The foam area consisting of several widths is placed over the floor and joined by hook-and-loop strips. Each width features a concertina-folding system for quick and easy installation. The edges of the carpet are finished with whip stitching.

Integrated anti-rotation system. Overall thickness: 14.50 cm.

#### 🍃 Ref. 6570

**"London" competition exercise floor 14 x 14 m** Floor: 13 x 13 m. Foam: 13.50 x 13.50 m. Gymnastic carpet: 14 x 14 m.

## 13.05 x 13.05 m

Ref. 6565

Floor: 12.50 x 12.50 m. Foam: 12.60 x 12.60 m. Gymnastic carpet: 13.05 x 13.05 m.

"London" training exercise floor



Floor and dynamic foam mounts.

## SMOOTH PVC PROTECTIVE COVERS

These multi-purpose covers provide effective protection for intensively used exercise floors and ensure safe use by disciplines other than artistic gymnastics (school, baby-gym, freestyle, etc.). They cover the entire surface of the exercise floor while maintaining its intrinsic characteristics in terms of reliability, dynamics and comfort.

Covers made from phthalate-free 1,000 denier PVC with class M2 fire rating.



**Ref. 6370** Two-colour protective cover for exercise floor 13 x 13 m.

**Ref. 6372** Two-colour protective cover for exercise floor 14 x 14 m.

**Ref. 6374** Single-colour protective cover for exercise floor 13 x 13 m.

**Ref. 6376** Single-colour protective cover for exercise floor 14 x 14 m.

# "DIAGONAL"

#### Ref. 7004

This mat makes it possible to replicate the angle of the exercise floor when practising diagonal movements and enhances comfort when landing. The visual guide helps to position the mat correctly and always aligned with the diagonal sought by gymnasts. Two-tone phthalate-free "leather-look" top and non-slip base. Shock-absorbent polyurethane foam, removable cover. Dimensions:  $200 \times 200 \times 10$  cm (LxWxTh).

Its linking flap can be used to extend the landing area with a mat Ref. 7005.

TRANSPORT TROLLEY

Ref. 6070

**Transport trolley for GYMNOVA exercise floors** 4 omnidirectional pivoting wheels with brake. Dimensions: 153 x 95 x 100 cm (LxWxH).

Maximum working load: 380 kg.

**Note:** To store a Ref. 6775 exercise floor, you will need 8 trolleys for the floor, 2 for the carpet and 2 Ref. 6060 trolleys for the foam.



## **TRACKS** & ACCESSORIES

For multi-purpose use, we recommend removing the carpet. Please contact us for custom sizes.



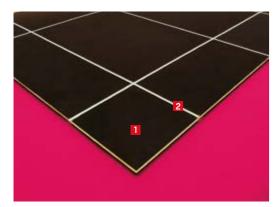
## RHYTHMIC **GYMNASTICS**



Used in major Rhythmic Gymnastics competitions, this exercise floor provides effective dynamism for RG with its consistent gymnastics area. It is quick and easy to set up and the 13 x 13 m peripheral markings provide a reassuring visual outline of the performance area. This safe, flat working surface ensures stability and accuracy for the exercises practised. It also offers excellent absorption of vibrations to reduce strain injuries on the wrists and ankles during sequences.

#### Consisting of:

- Floor Ref. 6665, dimensions: 13.50 x 13.50 m, thickness: 40 mm
- Carpet Ref. 6655, dimensions: 14 x 14 m, 3 widths of 14 x 4 m and one width of 14 x 2 m.



1/ Machined plywood panel. 2/ Fastening section.

**Ref. 6667** "London" competition RG exercise floor This competition exercise floor was used at the **Olympic Games in** 2016 (Rio) and 2012 (London), the World Championships in 2013 (Kyiv) and 2011 (Montpellier), and will soon be used at the World Championships in Valencia in 2023.

Only complete exercise floors can be FIG approved.



3/ Gymnastic carpet. 4/13 m x 13 m peripheral marking.



Quick-and-easy to install carpets consisting of 3 widths of 14 x 4 m and 1 width of 14 x 2 m. Its thickness and high-density weft ensure comfort. The 13 x 13 m gymnastics area is marked out by 5 cm wide adhesive hook-and-loop strips. Dimensions: 14 x 14 m (LxW).

Ref. 6655 Competition carpet according to FIG standards Finished with whip stitching.

CARPET REEL

TROLLEYS

Designed for rolling up, transporting and storing RG and artistic gymnastics exercise floor carpets. Omnidirectional transport wheels.

Ref. 6670 4 m reel trolley Ref. 6672 2 m reel trolley







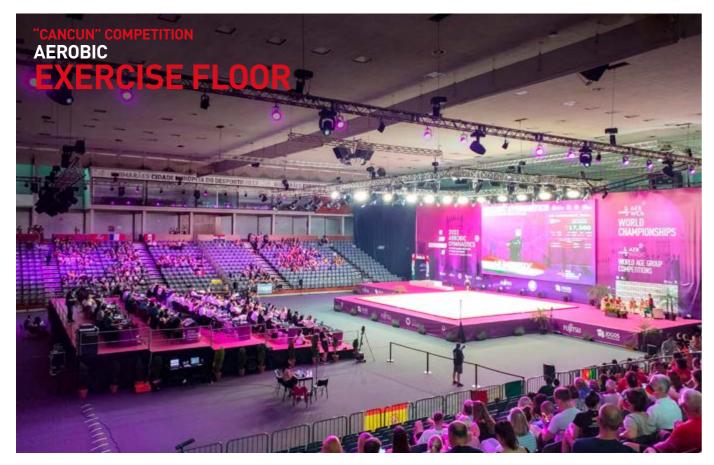
## **CARPETS** & ACCESSORIES

#### Ref. 6657

Club carpet suitable for training







#### Ref. 6632

The design of the wooden panels provides a high-performance and dynamic exercise surface while maintaining the consistency of the gymnastics area. The cable tensioning system ensures perfect support for the entire assembly. Special foam mounts under the wooden panels provide excellent impact absorption to help reduce joint injuries and allow ideal return of energy. The 7 x 7 and 10 x 10 m working areas are marked out with 5 cm wide adhesive tape to provide a precise view of the gymnastics area. Quick and easy installation. Perimeter finished with a PVC flap. Matt finish according to FIG standards.

Dimensions: 12 x 12 m (L x W), thickness: 7 cm.



Detailed view of waved-edge panels.





# # ASYMMETRIC **BARS**





## "RIO" COMPETITION ASYMMETRIC BARS

Competition asymmetric bars according to FIG standards, designed with a focus on innovation in terms of both design and mechanical features.

Combing high performance and comfort, these asymmetric bars have been developed to allow easy adjustment of the hand-rail height and spacing without having to modify the cables.



This system (using sliding tubes, ratchets and tightening thumbscrews) also reduces vibrations to allow gymnasts to train in the best possible conditions. Quick tighteners allow easy assembly and dismantling of the cables and adjustment of their tension.

For easier adjustment and to maintain the tension of our cables, all our asymmetric bars with stays have a mono-cable stay centred on the low hand-rail. The hand-rails provide increased dynamism and shorter response times.

These bars are designed to allow the low hand-rail to be removed and the high hand-rail to be replaced with a handrail for high bars to practise strap exercises in women's artistic gymnastics.

Made using high-quality equipment and materials, the "RIO" asymmetric bars are available in several versions with 2 types of hand-rail to suit all gymnasts.

## 🍃 Ref. 3230

"RIO" competition asymmetric bars with wooden hand-rail Ref. 3260 and standard cabling. FIG approved. **Ref. 3235** 

"RIO" competition asymmetric bars with wooden hand-rail Ref. 3260 and short cabling.

#### Ref. 3240

"RIO" competition asymmetric bars with natural fibre hand-rail Ref. 3265 and standard cabling. FIG approved.

## Ref. 3245

"RIO" competition asymmetric bars with natural fibre hand-rail Ref. 3265 and short cabling.



These asymmetric bars are used at major gymnastics events including the **Rio Olympic Games (2016),** the **World Championships in Montreal (2017),** the **European Championships in Glasgow (2018)** and the **World Championships in Liverpool (2022).** 

## **TECHNICAL SPECIFICATIONS:**

- Width adjusters and uprights with marker points for direct identification of FIG positions.
- Low hand-rail adjustable from 1.60 to 1.90 m.
- High hand-rail adjustable from 2.45 to 2.75 m.
- Instant adjustment of hand-rail spacing from 1.20 to 2.09 m using graduated width adjusters. Adjustment range from 1.02 to 2.22 m.
  Non-slip pads for perfect stability.



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# **#** ASYMMETRIC **BARS**



Featuring an identical design to the competition asymmetric bars (see pages 18-19) with lower uprights to allow more adjustment options for smaller builds. Easy adjustment of hand-rail height and spacing without having to modify the cables. Hand-rail Ref. 3260, fibreglass with wood veneer, included.



#### Technical specifications:

- Low hand-rail adjustable from 1.40 to 1.70 m.
- High hand-rail adjustable from 2.15 to 2.45 m.
- Instant hand-rail adjustment from 0.76 to 1.98 m using graduated width adjusters.
- Composite material rotating heads.
- Non-slip pads for perfect stability.



**Ref. 3275 Training asymmetric bars with short cables** Floor space: 4 x 2.10 m.



These freestanding training asymmetric bars are available in several versions and are ideal for situations where equipment needs to be assembled and dismantled for each session. Height adjustment using sliding tubes with ratchets and tightening thumbscrews. Fibreglass hand-rail with wood veneer, Ref 3260. The asymmetric bars can be purchased with or without the folding mat (Ref. 7080).







Asymmetric bars with foldable feet reduce the required floor area and save storage space. Folded dimensions:  $2.62 \times 0.90$  m (LxW).

#### Technical specifications:

- Low hand-rail adjustable from 1.40 to 1.
- High hand-rail adjustable from 2.15 to 2.
   Hand-rail spacing adjusted using spreaders from 0.56 to 1.40 m.
- Spacing can be increased up to 1.55 m the position of the diagonal brace or upright.
- Floor space (without trolley): 2.62 x 2.01

## Ref. 7080

**Special foldable mat** To fit your existing GYMNOVA freestanding bars. A hook-and-loop strip on the end allows other mats to be added, if required. The cut-out for feet allows the mat to fit perfectly around the apparatus to create a flat surface. Polyurethane foam with a "leather look" phthalate-free 1,000 denier PVC cover with class M2 fire rating. Overall dimensions: 430 x 260 x 20 cm (LxWxTh).

**Note:** Option of adding cables Ref. 3292 for better stability on the ground. Central mat Ref. 3855 as an option (see page 22). Use of a special foldable mat requires a bar equipped with the transport trolley, Ref. 3850.

## FREESTANDING ASYMMETRIC BARS

l.70 m.	REF.	BASE	TRANSPORT TROLLEYS	FOLDING MAT REF. 7080
2.45 m. g. graduated	3355	Fixed	х	x
n by changing on the upper	3357	Fixed	×	<b>v</b>
	3345	Foldable	×	x
)1 m.	3347	Foldable	v	v

APPARATUS

## HAND-RAILS

Compatible with all GYMNOVA asymmetric and high bars. Unit.

#### **Ref. 3260** "Standard" competition hand-rail

Round fibreglass hand-rail with wood veneer. Ø: 40 mm. Complies with FIG standards.

#### Ref. 3265 "Natural fibre" competition hand-rail

Round fibreglass hand-rail covered with natural fibre. Ø 39.2 mm. This finish gives the hand-rail dynamism and a longer life span. Its texture also provides excellent grip with reduced bar preparation time. Complies with FIG standards.

# ndards.



# PROTECTIVE **SLEEVES**

For hand-rails on high and asymmetric bars. Thickness: 2 cm Ø: 83 mm. Pair.

**Ref. 2900** L: 59.5 cm. **Ref. 2905** L: 35 cm.





Ref. 3268 "Natural fibre" training hand-rail

easier to see when first learning flight elements.

SCAN ME

Ø 37.5 mm. Identical to Ref. 3265 but with a smaller diameter to allow

better hold for small builds. Designed to learn the basics before

moving on to the competition bar. Its pink colour also makes it

## CENTRAL BEVELLED UNDERLAY

#### Ref. 3855

Mat designed for all our freestanding bars (parallel or asymmetric bars). With bevelled edges to fit on transport trolleys Ref. 3850. Dimensions: 2.09 x 0.46 m, thickness: 6 cm.



## **MINI ASYMMETRIC BARS**

#### Ref. 0120

Designed to provide an introduction to first gymnastic sensations, such as moving from one bar to the other. They can be dismantled for easy transport and have a modular design. Spacing can be quickly adjusted from 0.25 to 1.30 m and height from • Low hand-rail from 0.90 to 1.40 m.

• High hand-rail from 1.40 to 1.90 m.

#### Technical specifications:

- Round fibreglass hand-rail, Ø: 3.50 cm.
- Distance between uprights: 1.54 m (suitable for use with a 1.50 m wide mat, not supplied).
- Floor space: 1.77 x 1.71 m.
- Non-slip pads.

#### Details of all mini-apparatus can be found on pages 63 and 64.

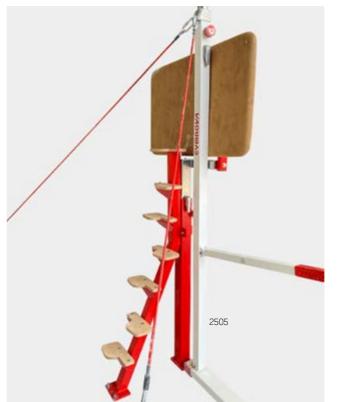


## Re Le Le Re Le Re Fo se

# ACCESS AND SPOTTING PLATFORM

#### Ref. 2705

Its retractable design allows access to apparatus and automatically folds against it. Height adjustable from 1.50 m to 1.90 m. See page 112.



## TRANSPORT TROLLEYS

#### Ref. 3850

Retractable design compatible with all GYMNOVA freestanding asymmetric and parallel bars. With omnidirectional wheels which are fitted to the apparatus during assembly. Supplied with Ref. 3345, 3347 and 3357.



## **CABLE GUARDS**

Ref. 2925 Medium cable guards Length: 2 m. Set of 2. Ref. 2926 Small cable guards Length: 1.20 m. Set of 2. Ref. 2927 Large cable guards Length: 2.50 m. Set of 2. Ref. 2929

For short-cable asymmetric bar cables and tensioners. Complete set (4 medium and 2 small).

## **UPRIGHT GUARDS**

Protective guards for the uprights of asymmetric bars. Complete set (2 low and 2 high). **Ref. 2942** 

For training bars Ref. 3270 and 3275.

Ref. 2945

For "Rio" competition bars Ref. 3230, 3235, 3240 and 3245.

## CABLES

## Ref. 3203

Long cable set only, for Ref. 3230, 3240 and 3270, for standard positioning 4  $\times$  5.50 m (4 anchor points).

## Ref. 3204

Short cable set only, for Ref. 3235, 3245 and 3275. Bracing system for apparatus, reduces the required floor space by around 60%. 4 x 2.10 m positioned using 8 special anchor points.

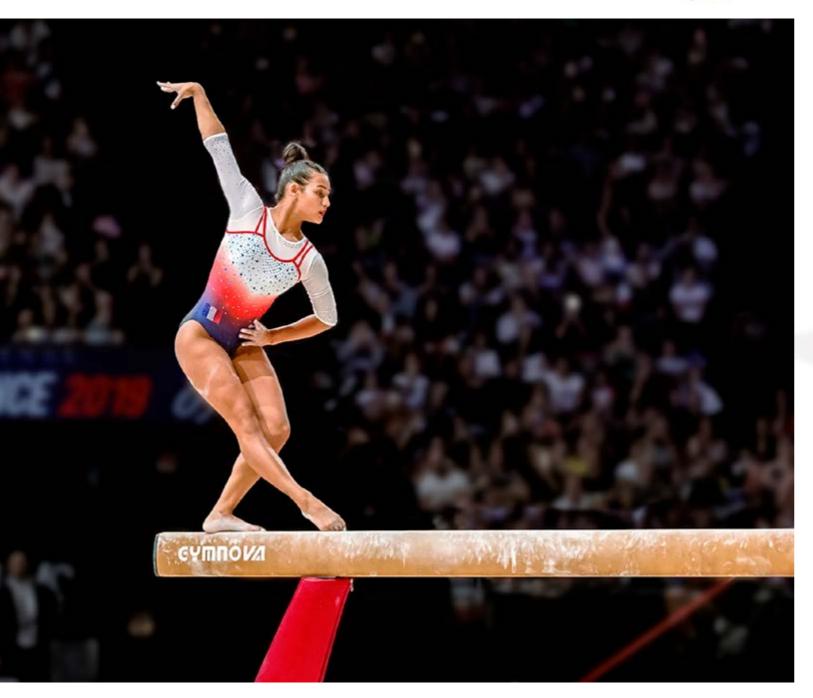
#### Ref. 3292

Optional cable set for freestanding bars. Attached to the upper uprights and consisting of 2 cables with quick tighteners, it ensures excellent stability on the ground with easy assembling and dismantling. Highly recommended for gymnasts with larger builds.

Only 2 special floor anchors required.







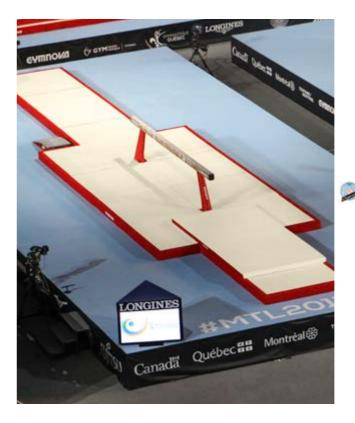
## COMPETITION BEAMS STANDARD LEGS

These beams with standard dimensions feature a rigid reinforced aluminium body with a non-slip synthetic leather cover for comfort and to support the performance of sequences. The landing area consists of 5 mm polyurethane foam to provide excellent absorption of impacts and vibrations. The FIGapproved version (Ref. 3610) comes with flexible foam protective end caps for optimum protection.

A quick-and-easy system allows the base height to be adjusted on a graduated scale from 0.90 to 1.40 m. These beams feet are supplied with non-slip pads for stability when performing.

Transport wheels (Ref. 3695) and guards (Ref. 2920) are optional.







## **TECHNICAL SPECIFICATIONS:**

- Length: 5 m Width: 10 cm.
- The height can be adjusted quickly and easily from 0.90 to 1.40 m using a sliding system with an ergonomic dual-material tightening thumbscrew.
- Rigid aluminium body with central strengthening rib.
- Soft foam protective end caps (Ref. 3610 only).
- 5 mm polyurethane comfort bonded foam.
- Beam legs with lateral bracing to prevent unwanted movements and lateral vibrations.
- Supplied with non-slip pads.

## Def. 3610

Standard leg beam with soft foam end caps FIG approved. Ref. 3611

Standard leg beam with PVC end caps



Soft protective end caps.



Reinforced aluminium body.



## BEAM **"COMPACT" RANGE**

## Ref. 3612

An integrated mat and transport trolleys make this standard-size beam ideal for situations where equipment needs to be set up and dismantled for each session. The base can be adjusted from 0.90 to 1.40 m and the integrated folding mat makes the equipment easier to set up and store.

#### Composition:

- Beam with standard base Ref. 3611 (see page 25).
- Transport trolleys Ref. 3695.
- Special foldable mat Ref. 7086.

It is possible to buy the "mat + beam" set or the components separately.

## **INTEGRATED** MAT

#### Ref. 7086

Folding integrated mat only, for GYMNOVA standard base beams. Transport trolleys Ref. 3695 are required to move the mat and carpet assembly.

Mat made from polyurethane foam with a phthalate-free 1,000 denier "leather look" PVC cover with class M2 fire rating. Hook-andloop strips at the ends allow additional mats to be added, if required. A cut-out fits around the apparatus feet to create a perfectly flat surface. Dimensions: 460 x 300 x 20 cm (LxWxTh). Complies with European standard NF-EN 12503.







Ideal for an introduction to gymnastics, low beams allow users to practise exercises at floorheight and reduce anxiety.

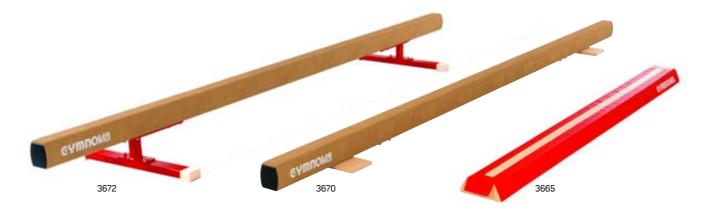
## LOW **BEAMS**

Beams are identical to the competition beam Ref. 3611 but with a low base. L: 5 m.

#### Ref. 3670 Low beam height 20 cm Ref. 3672

Low beam height 40 cm

The extra 20 cm height makes it possible to slide landing mats underneath.





APPARATUS



## **FOAM LEARNING BEAM**

## Ref. 3665

## Comfortable and stable beam for training

A hook-and-loop strip system can be used to connect several identical beams. Phthalate-free 1,000 denier top with class M2 fire rating, with central alignment line. Dimensions: 250 x 24/15 x 8 cm (LxWxH).









## PROTECTIVE PADDING FOR BEAMS

Removable guards for beam bodies. Very easy to fit using hookand-loop strips; highly impact-absorbing foam. Thickness: 15 mm.

GYMNOV/ "U"

## BEAM **WIDENER**

Ref. 3664 Allows gymnasts to train while limiting injuries linked to repetition of exercises, and reduces anxiety with a wider support surface. Two wideners cover the entire beam. Recommended for beginners; made from foam with a simple fastening system. Length: 2.50 m. Width: 25 cm.

Ref. 3661 L:1m. Ref. 3662 L: 2.50 m.



## BEAM WIDENER

**Ref. 3682** Fits all GYMNOVA beam bodies and widens the support surface. Same cover as a standard beam body. The different foam densities provide a tactile marker indicating the width of a standard beam (10 cm). Length: 2.50 m. Width: 25 cm.



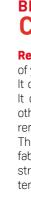
# MULTI-PURPOSE MAT "CARPET"

Ref. 6016 Multi-purpose mat made from very soft and highly impact-absorbing foam covered in stretch jersey with a non-slip base.

Particularly well suited for use on a beam thanks to its ability to mould to the contours of the apparatus.

Dimensions: 145 x 100 x 1.5 cm (LxW.thk.). See page 73.













uprights. Set of 2. Ref. 1398 Special mats with a cut-out for beam legs. Option of placing 2 m mats between to protect the assembly. Dimensions: 94 x 25 x 20 cm (LxWxH), thickness: 20 cm. Set of 4.

## REMOVABLE BEAM **COVER**

Ref. 3652 This cover is a practical solution to extend the lifespan of your beam.

It can be fitted easily and hides worn areas on the beam body. It can be adapted to different types of beam (GYMNOVA and other brands) and fits over the beam body without having to remove the existing cover.

The cover is the same as a standard beam body and stretch fabric end caps. L: 5 m. Cover attached using hook-and-loop strips and PVC retaining rings allowing adjustment of the fabric tension.

## TRANSPORT **TROLLEYS**

Ref. 3695 Attached to standard legs and with omnidirectional wheels that can be flipped over to bring them into contact with the floor. Pair.

## TRANSPORT **WHEELS**

Ref. 3697 Attached to one side of a single leg. A guide handle is attached to the other leg.

The beam can be moved by raising one side using the lifting handle. Pair.

## **GUARDS**

Ref. 2920 Guards for "standard" beam and vaulting table



## ∧ VAULTING **TABLES**





## 1 **COMPETITION RUNWAY**

Ref. 2106 Consisting of a needle-punch carpet on high-elasticity foam with a non-slip base. Dimensions: 25 x 1 m, thickness: 25 mm.

## 2 "ROUND-OFF" MAT

Ref. 2117 Ideal for hand placement in Yurchenko vaults. Provides comfort to reduce strain injuries. Soft stretch fabric covering with class M1 fire rating and non-slip base. Dimensions: 120 x 100 cm, thickness: 3 cm.

2117

## 3 RISER PANEL

**Ref. 2753** Designed to avoid any height difference between the runway and vaulting table. Increases dynamism on the springboard. Thickness: 25 mm. Composition: • Panel dimensions 3.10 x 1 m.

• Extension of dimensions 1.30 x 1 m.

## 4 **EVOLUTION SPRINGBOARDS**

Ref. 2186 "Hard" competition springboard Ref. 2186 "Hard competition optingboard See description on page 38.



## 5 **VAULTING TABLE** PEDESTAL BASE

Ref. 3404 (See description on page 33). FIG approved.



## SPRINGBOARD **GUARD**

Yurchenko vaults.

Ref. 2115 1.20 m built-in springboard guard for safety during

Fits all springboards. Non-slip base.



## 7 VAULTING TABLE PEDESTAL BASE **GUARD**

**Ref. 2921** This guard has been designed to cover the entire metal pedestal of the vaulting table. Its flared shape allows gymnasts to exit safely in the event of a failed vault. Pair.

"Track side" width: 1 m, "landing side" width: 2 m, length: 1.20 m. Thickness: 30 cm. Attaches to the dismount mat Ref. 7006 using a hook-and-loop strip.

## 8 DISMOUNT MAT

Ref. 7006 Over-mat placed in the landing area to provide additional safety and comfort for gymnasts. Dimensions: 600 x 200 x 10 cm (LxWxTh).

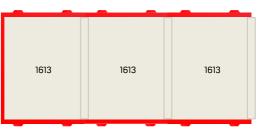
Mandatory in FIG competitions, see description on page 69.





Ref. 1705 Consisting of 3 mats Ref. 1613 made from dual-density foam with dimensions of 200 x 260 x 20 cm. Total surface area: 15.60 m<sup>2</sup>.

See description on page 67.



1705



## ∧ VAULTING **TABLES**





"MONTREAL" PEDESTAL BASE VAULTING TABLE

Provides exceptional comfort for gymnasts and helps to reduce anxiety thanks to its reassuring shape and comfort layer over the entire vaulting surface to absorb impacts.





## Ref. 3404

Vaulting table with a two-tone dynamic body with a soft front section for shock absorption and a non-slip top for the hand placement area outlining the working surface.

With a body incorporating resilient laminated foam and springs, this vaulting table gives gymnasts a dynamic and comfortable response.

The adjustment system allows the height to be easily adjusted in a single step by one person without having to bend down. User safety is ensured by the preformed foam guard covering the entire vertical column (guard in 3 sections).



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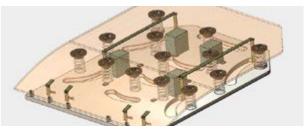


## **TECHNICAL SPECIFICATIONS:**

• Height adjustable from 1 to 1.35 m without removing the guard, with indexing notches at 5 cm intervals.

•Quick view of the height thanks to markers on both sides of the pedestal guard.

• Supplied with pedestal guard (Ref. 3402) and floor attachment system (without anchors).



13 high-elasticity springs designed specially for vaulting

## SUB-ASSEMBLY

## Ref. 3454

Table body only

Compatible with the different types of GYMNOVA vaulting table bases (except with legs adjustable to the floor, please contact us). Supplied with connection kit.

## Ref. 3401

Complete pedestal without guard

Ref. 3402 Complete guard

## ✓ VAULTING **TABLES**



## TRAINING **VAULTING TABLES**

Standard leg vaulting tables with an identical body to the FIG-approved vaulting table. The height can be adjusted using a ratchet and tightening thumbscrew system. Supplied with floor attachment system (chain + adjustable tensioner). Transport trolleys Ref. 3695 and protective leg guards Ref. 2920 are optional.





Standard vaulting table Height can be adjusted from 0.95 to 1.45 m.



**VAULTING TABLE** PIT EDGE

Pedestal base vaulting table with leg guard and floor attachment system. Identical to Ref. 3404 but attached to the floor for pit landings. This type of table reduces the required floor space in comparison to the competition model.

## VAULT **PUSH-OFF PAD**

GAWLONN



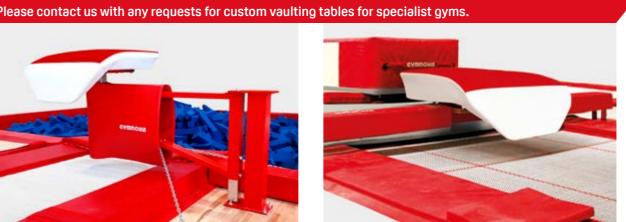
#### Ref. 3416

## Ref. 3495

Ideal for learning vaulting, it helps gymnasts practise second flight and provides additional power for small builds.

It also reduces the risk of wrist strain and can be used either on the floor or on a horse.

Same comfort fabric top cover as the vaulting tables and metal frame with elastic bungee cords. Length: 90 cm.



## ✓ VAULTING **TABLES**

Foam modules to help gymnasts learn to gradually overcome obstacles without fear. The modular design of the elements makes it possible to create different kinds of obstacles. The modules can be separated and used individually. High-density foam, non-slip base and carrying handles. They can also be used to create learning sequences in baby gym sessions.







## FOAM VAULTING TABLE

#### Ref. 3472

This training aid helps to build confidence when learning different jumps. It consists of 4 separate elements that can be stacked to create different heights and angles, in particular, regulatory heights. Supplied with metal stabilisers.

- Available heights at regulation angle: 1.05 / 1.15 / 1.25 / 1.35 m.
- Available heights at learning angle: 0.85 / 0.95 / 1.05 / 1.15 m.
- Overall dimensions: 135 x 95 cm (L x W).

#### Consisting of 4 stackable components:

- Upper module: 95 x 85 cm (LxH)

- Triangle module: 95 x 12/55 cm (LxH)
- Rectangle module: 95 x 10 cm (LxH)
- Rectangle module: 95 x 20 cm (LxH)

## LARGE TRAPEZIUM FOAM MODULE

## Ref. 0261

Foam plinth consisting of 4 components for a safe introduction to gymnastics or further learning. It can also be used for spotting and access to apparatus.

Each component consists of dual-density foam with a hard section on top for stability. With carrying handles and a non-slip base.

- Possible heights: 30, 60, 90 and 120 cm.
- Height of each module: 30 cm.
- Overall dimensions: 120 x 90/40 x 120 cm (LxWxH).

## Dimensions of the individual modules:

- 120 x 52.50/40 x 30 cm (LxWxH)
   120 x 65/52.50 x 30 cm (LxWxH)
   120 x 77.50/65 x 30 cm (LxWxH)
- 4 120 x 90/77.50 x 30 cm (LxWxH)













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## ADDITIONAL MAT FOR VAULTING TABLE

#### Ref. 3410

Ideal for training, it helps gymnasts reach new levels of performance while alleviating fatigue by reducing impacts in repetitive training. This 4 cm thick additional mat has been developed specially for vaulting and covers the entire impact area to reduce risks of injury and wrist strain.

It genuinely enhances comfort to support gymnasts' progress. Cover made from phthalate-free 1,000 denier PVC with class M2 fire rating secured by 6 straps.

Dimensions: 151 x 95 x 4 cm (L x W x Th)

## TRAINING RUNWAY

## Ref. 2101

Carpet-covered dynamic foam on a non-slip base. Dimensions: 25 x 0.66 m, thickness. : 17 mm.



**Ref. 2112** L: 30 m. Optional for runways.



**Ref. 2113** To attach the measuring tape to the tracks.

## **GUARDS**

Ref. 2920 Guards for standard leg beams and vaulting tables. Set of 2. Ref. 2922 Chain guards for vaulting tables and horses.



Ref. 3408 Optional transport trolley for pedestal base vaulting table Ref. 3404. Ref. 3695

Transport trolleys for standard leg vaulting tables. Pair.

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## **SPRINGBOARDS**





# **COMPETITION SPRINGBOARDS**

Designed for intensive use, these competition springboards allow gymnasts to practise exercises repeatedly while reducing fatigue. The positioning of the springs and the materials used, including a fibreglass layer across the entire wooden board, ensure high elasticity over the complete working surface.



These springboards guarantee optimum comfort and stability on impact and provide almost immediate energy return for gymnasts. Available in 2 models (Hard and Soft) to allow all gymnasts to choose the most appropriate version for their build and style.

## 🌽 Ref. 2186

Hard "Evolution" Springboard Designed more for larger builds (50-100 kg). Distinguishing mark: red dot on the board. With 8 springs. Weight: 25 kg.

Def. 2187 Soft "Evolution" Springboard Designed more for lighter builds (40-75 kg). With 5 springs. Weight: 23 kg.



Dynamic frame with integrated carrying handles.



## **TECHNICAL SPECIFICATIONS:**

• Standardised 120 x 60 cm plywood and fibreglass curved board covered with carpeted mat.

• Height: 23 cm.

Carrying handles integrated in the frame.

• Non-slip pads.

• Tapered steel springs.



Tapered springs.



Springboards with transport wheels (except Ref. 2196 and 2197), non-slip pads and coil springs. Boards with standardised size of 120 x 60 cm in plywood with integral reinforcing covered in a comfort layer (except Ref. 0014) and a carpet.

## 23 CM COMPETITION SPRINGBOARDS

Choice of 2 springboards according to the gymnast's size and style. The last spring positioned on the lower section of the board provides dynamism over the entire working surface. Height: 23 cm, weight: 24 kg.



Ref. 2196 "Nova'Jump" Hard Springboard With 9 tapered springs.



Ref. 2197 "Nova'Jump" Soft Springboard With 7 tapered springs.

## **SPRINGBOARDS**



## Ref. 2130

"Double" springboard - 40 cm This very dynamic model is recommended instead of 2 springboards placed one on top of the other, to improve safety and performance. Fitted with 2 flexible cylindrical springs. Height: 40 cm, weight: 25 kg.



#### Ref. 2150

High-elasticity springboard - 25 cm

Supplied with 2 firm cylindrical springs and a board covered with a 2 cm thick carpet mat, it allows easier repetitions of vaults. Height: 25 cm, weight: 23 kg.



#### Ref. 2190 Training springboard - 21 cm

Supplied with 2 firm cylindrical springs and a board covered with a 2 cm thick carpet mat. Height: 21 cm, weight: 24 kg.



## Beginners soft springboard - 23 cm

Classic springboard recommended for beginners and schools for an introduction to vaulting. With 2 flexible cylindrical springs and no comfort layer. Height: 23 cm, weight: 22 kg.

## **TRAMPO TREMP**

#### Ref. 5090

Specially developed for learning and practising jumping to 3 different positions: 26, 30 and 34 cm. The reinforced pushexercises. Provides gymnasts with a significant gain in power. off bed is made from PVC with a central cross marking. 3 cm Its dimensions (120 x 98 cm) are close to those of a standard thick protective pads on the edges. springboard, which avoids the need for gymnasts to change their Tension of the assembly is ensured by 34 springs. run-up or last take-off point. The height can be easily adjusted Weight: 27 kg.

## **SPRINGBOARD GUARD**

#### Ref. 2115

1.20 m built-in springboard guard for protection during Yurchenko vaults. Fits all springboards. Non-slip base.







## **POMMEL HORSES**





## **COMPETITION** POMMEL HORSES

Pommel horses with standard legs covered in real leather (Ref. 3570 or synthetic leather (Ref. 3540).

Thanks to the shape of their body, these pommel horses allow gymnasts to perform on a flat surface with slight curves to ease pressure on the wrists. The markings shown directly on the body and uprights ensure easy and precise adjustment of the pommel width and apparatus height.

The leather cover provides excellent grip and reduces risks of slipping. Non-slip pads also ensure stability for the pommel horses and prevent any movement during gymnasts' routines. Finally, a layer of polyurethane bonded foam below the cover protects gymnasts from strain injuries due to repetitive training.



Dia Ref. 3570 Pommel horse with real leather body FIG-approved.

Ref. 3540 Pommel horse with synthetic leather body

## **TECHNICAL SPECIFICATIONS:**

- · Body height adjustable from 0.90 to 1.40 m with engraved increments.
- · Pommel width instantly adjustable from 38 to 47 cm using tightening thumbscrews.
- Pommels made from plywood with aluminium base plate.
- Non-slip pads.
- Supplied with floor attachment system (chain and tensioner).





Precise adjustment of spacing.

Options: Transport trolleys Ref. 3695 or 3697 (see page 29) and guards Ref. 2922 and 2923 (see page 45).









Dynamic frame with integrated carrying handles.

APPARATUS

Quick height adjustment and tightening.

## **M**POMMEL **HORSES**



Ideal for learning, these pommel horses are covered with synthetic leather (same body as Ref. 3540). Precise adjustment of pommel width thanks to marking points directly on the body. Two versions are available allowing use with mats of different thicknesses.

#### Ref. 3572

Low pommel horse for 10 cm thick mats. Height: 40 cm.



## FOAM **MUSHROOM KIT**

#### Ref. 3590

This kit provides reassurance for gymnasts when learning pommel circles and is made entirely from high-resistance foam in a phthalatefree PVC cover with class M2 fire rating. Its "floor level" configuration supports technical training and helps gymnasts quickly overcome difficulties. Kit consisting of one Ref. 3585, one Ref. 3587 and one Ref. 3589.

Ref. 3585 Riser disc Used to raise the height of Ref. 3587 and 3589.

Base Ø: 80 cm. Height: 20 cm. Ref. 3587 Cone

Training aid for beginners. Base Ø: 80 cm. H: 52 cm. Ref. 3589 "Giant" mushroom

Improvement aid for more experienced gymnasts. Base Ø: 100 cm. Height: 20 cm.

#### Ref. 3573

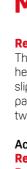
Low pommel horse for 20 cm thick mats. Height: 50 cm.





All items in the kit can be purchased separately.







Ref. 3520 Made from plywood with aluminium base plate. Attachment system not supplied. Pair.





## **MUSHROOM**

#### Ref. 3581

This mushroom (Ø 60 cm) can be used on the floor or at a height of 45 cm. Its base consisting of a metal "cross" with nonslip pads provides great stability. It is supplied with a removable padded cover Ref. 3583. It can be used without the cover. One or two pommel handles can also be added (Ref. 3584 as an option).

#### Accessories

Ref. 3582 Riser for mushroom Ref. 3581. H: 15 cm.

Ref. 3583 Removable padded cover for mushroom Ref. 3581.

Ref. 3584 Pommels only, for use on mushroom or pommel horse. Pair.

Ref. 1399 Special mat for mushroom Ref. 3581 with central opening and cut-out for the pedestal.

Dimensions: 200 x 200 x 20 cm (LxWxTh).

## **POMMEL HANDLES**

# **POMMEL HANDLES** FOR BEAMS

**Ref. 3586** Designed to allow an introduction to pommel work for smaller builds. The removable pommel handles can be fitted to any beam body. The attachment system allows the width of the handles to be adjusted to different shoulder widths. Plastic finish. Supplied without guard. Pair.

Ref. 3588 Removable guard. Designed to protect the exercise area, can be used with pommel handles Ref. 3586.

## **GUARDS**

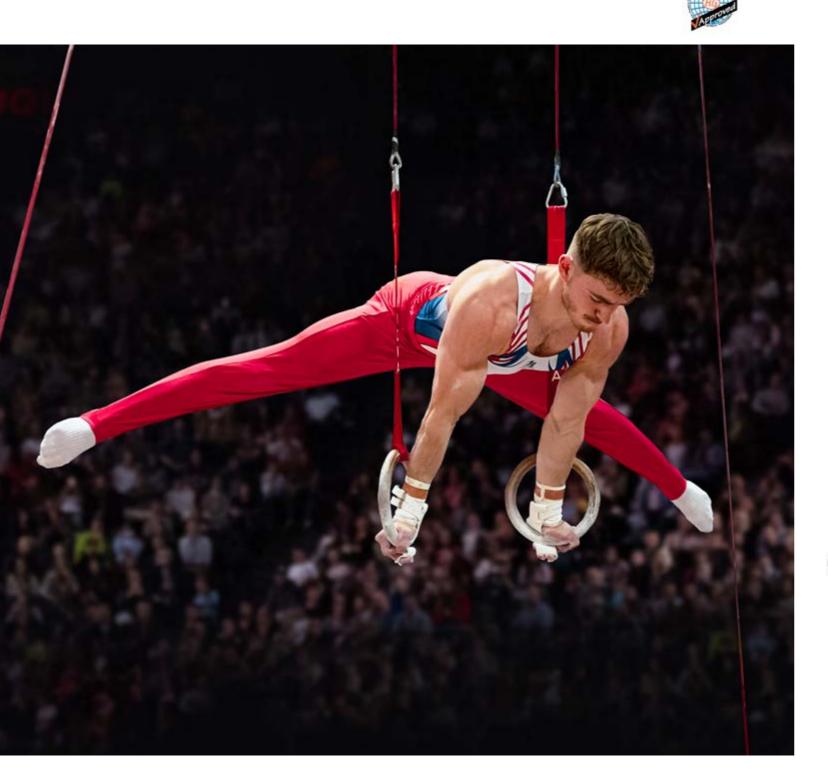
Ref. 2922 Chain guards for vaulting tables and pommel horses. Ref. 2923 Upright guard for standard leg pommel horses. Set of 2.

## TRANSPORT **TROLLEYS & WHEELS**

Ref. 3695 Transport trolleys with omnidirectional wheels that attach to the legs of pommel horses. Ref. 3697 Transport wheels.

See page 29 for more information.





## COMPETITION RING FRAME WITH ADJUSTABLE ELASTICITY

The elasticity of this FIG-approved ring frame can be adjusted from the ground (from "normal" to "very flexible"). The flexible suspension bar allows it to be adapted to each gymnast's technique and size for optimum sensations.

## 🍃 Ref. 3770

Its high impact absorbency allows gymnasts to repeat exercises while considerably reducing fatigue and risk of strain injuries. Double bracing supports high-quality routines and prevents unwanted movements.

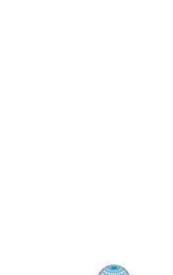
Its flared shape clears the space in the landing zone to ensure maximum safety during dismounts. It can be easily adjusted to the user's height thanks to marking points directly on the runner. Square uprights and double bracing provide optimum stability.





Plywood rings.

Height adjustable legs.

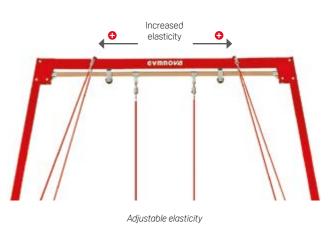




3770

## **TECHNICAL SPECIFICATIONS:**

- Plywood rings.
- Elasticity adjustable from the ground.
- Flexible fibreglass suspension bar.
- Frame height: 6.05 m.
- Ring height: 2.90 m.
- Coated double bracing.
- Supplied with ring hook to stabilise the rings.
- Supplied with rings factory adjusted.



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APPARATUS







3700

## 🍃 Ref. 3700

This square tube frame has coated double bracing and a quick tightener system for fast assembly and dismantling. It is supplied with the rings factory-adjusted and with a ring hook to stabilise the rings.

Plywood rings. Overall frame height: 5.90 m.

Option: a ring flex adjuster is also available Ref. 3790 (see  $\ensuremath{\mathsf{page}}$  50).

## MINI-RING FRAME

## Ref. 0130

Designed to allow an introduction to first gymnastic sensations and strength equipment for children. It can be dismantled for easy transport and has a modular design. The height can be adjusted rapidly from 0.21 to 1.21 m. Maximum frame height: 2.34 m.

## Technical specifications:

- Round plywood rings, external Ø: 23.6 cm.
- Distance between uprights: 1.54 m (suitable for use with a 1.50 m wide mat).
- Floor space: 1.77 x 1.71 m.
- Non-slip pads.

Details of all our mini-apparatus can be found on pages 63 and 64.





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**48** 



#### Ref. 3750

Wall bracket, height adjustable from 0.20 to 2.80 m. Folds away sideways to save space in a gymnastics hall when not in use. Supplied with rings.

Can be used in conjunction with a ring flex adjuster (Ref. 3792, see page 50) for greater comfort.



Ideal for training, these frames save considerable space in gyms compared to competition frames. Attached below the ceiling or to beams, they guarantee optimum safety and stability for gymnastics exercises.

#### Ref. 3765

Inverted ring frame, non-adjustable height. Equivalent to a standard frame. Dimensions: 265 x 50 cm (LxW).

#### Ref. 3768

Inverted ring frame with adjustable flex. Helps to absorb shocks to reduce fatigue and strain injuries. Dimensions:  $217 \times 50$  cm (LxW).

**Note:** a special analysis is required for installation. Please get in touch with us to request a custom study.

## RING HANGING SYSTEM

## Ref. 3761

Ring hanging system suitable for installation on ceiling beams. This is an excellent teaching tool that can be used in schools or as introduction to rings. Hanging height can be adjusted from 0.20 to 2.50 m. Kit consists of rings, cables and chains for adjustment.

Use of a flex adjuster Ref. 3790 is recommended (see page 50).



## **ELASTANO**

## Ref. 3794

The Elastano is designed to assist with dynamic movements such as giant swings and dismounts, as well as the "Honma" swing. This ingenious system works on the principle of gradually reducing the body weight and supporting the gymnast throughout the movement. It can also assist gymnasts with strength exercises. Consists of an attachment system and adjustable belt Ref. 2840.

## **EDUCANO**

## Ref. 3735

Accessory designed to practise strength exercises on rings. It allows easier repetition of sequences such as handstands, inverted crosses and planches. 5 adjustable positions can be used to adapt to the difficulty of the exercise and the user's strength.



## **FIFTY FIFTY**

## Ref. 3795

Designed to assist with all strength exercises based on the principle of reducing body weight by half. This allows gymnasts to practice techniques repeatedly without fatigue (hirondelle, planche, inverted cross, etc.). Rings can be adjusted up to 2.80 m and fit all GYMNOVA frames and harnesses.

Supplied with: ropes with pulley and swivel snap hook. Harness and rings not included.

For beam installation, please contact us.

## FLEX ADJUSTERS FOR FRAMES RING HANGING SYSTEMS & BRACKETS

The system makes it possible to convert a traditional frame to a frame with adjustable elasticity: 5 positions including one neutral position.

By increasing shock absorption, it helps to reduce muscle strain injuries and provides technical support to help gymnasts learn and progress. The ring height can be adjusted from 20 cm above the ground up to competition height. For example, the rings on the frame can be lowered right down to ground level. Rings not included.

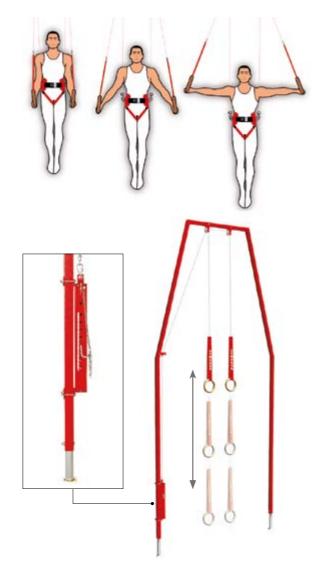
## Ref. 3790

For frame Ref. 3700 and hanging system Ref. 3761. Supplied with cable system.

#### Ref. 3792

For bracket Ref. 3750. Supplied without cable system.

















#### Ref. 3710 Beginners' rings

Beginners' rings with adjustable straps, specially designed for training. They can be attached instantly to high bars, parallel bars, frames, etc. 500 mm adjustment. Pair.

#### Ref. 3720 Competition rings

Plywood rings with straps and "delta" triangular quick links. Attachment cable not supplied.

**RING HOOK** 

#### Ref. 3785

Essential accessory to catch and position the rings directly below the frame.



#### Ref. 2715

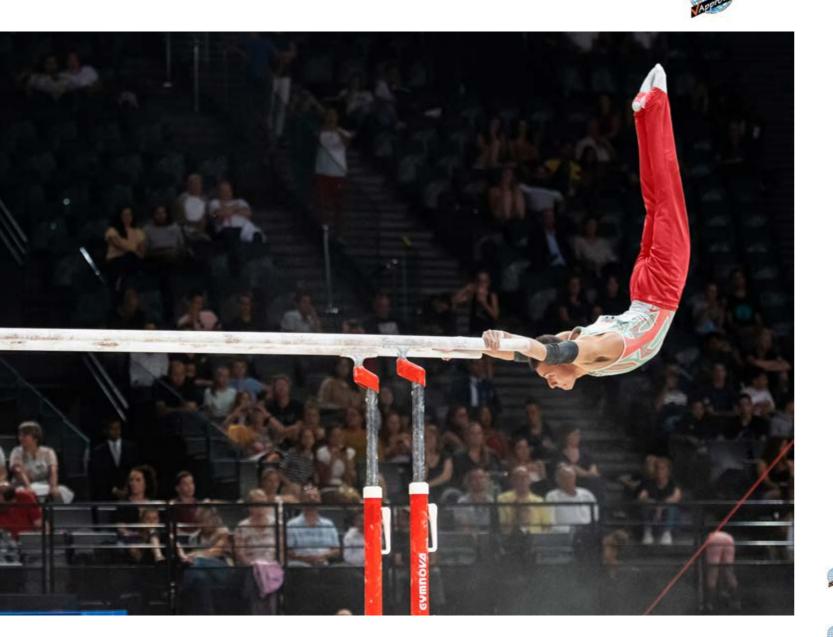
Featuring a retractable design, it provides access to apparatus and automatically folds against it. The height can be adjusted from 1,800 to 2,200 mm.



Ref. 2925 Medium model. L: 2 m. Set of 2.

**Ref. 2926** Small model. L: 1.20 m. Set of 2. APPARATUS

## // PARALLEL **BARS**



## **COMPETITION** PARALLEL **BARS**

The parallel bars Ref. 3833 will be used at the Liverpool World Championships in 2022.



These parallel bars inject energy into sequences of gymnastics movements and absorb impacts in acrobatic landings. They are fitted with reinforced wooden or natural fibre hand-rails, depending on the model, with an oval shape designed to provide improved grip on the bars.

Tightening levers, goose necks and lock buttons incorporated directly in the stainless steel sliding uprights with centimetre increments allow quick and easy adjustment of the parallel bars.

The FIG-approved models have a reinforced frame with an "X"-shaped base. This system prevents any movements during gymnasts' routines and provides greater stability.



## **TECHNICAL SPECIFICATIONS:**

- Hand-rail L = 3.50 m.
- Hand-rail height adjustment from 1.70 to 2.30 m.
- Hand-rail spacing from 37.50 to 65 cm.
- Base with non-slip pads.
- Metal goose necks with integrated soft PVC protective padding and graduated bushing marking.
- Weight: 240 kg.

#### Ref. 3833

"Liverpool" parallel bars with reinforced frame and natural fibre hand-rails Ref. 3863. FIG approved.

Floor space: 3.42 x 2.55 m. Weight: 240 kg.

#### Ref. 3832

Parallel bars with reinforced frame and reinforced wooden hand-rails Ref. 3864. FIG approved.

Floor space: 3.42 x 2.55 m. Weight: 240 kg.

## Ref. 3830

Parallel bars without reinforced frame with reinforced wooden hand-rails Ref. 3864. Floor space: 2.55 x 2 m. Weight: 170 kg.





Reinforced wooden hand-rails Ref. 3864.



Natural fibre hand-rails Ref. 3863.



Metal goose neck.

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## TRAINING **PARALLEL BARS**

Available in different versions (with or without folding legs), these parallel bars are fitted with a cam lever for tightening and 3.50 m plywood hand-rails.

The height can be adjusted from 1.40 m to 2 m and the hand-rail spacing from 37.5 to 65 cm with composite material goose necks. Base with non-slip pads.

#### Floor space:

• Fixed base: 2.58 x 2 m (Ref. 3920) • Folding legs: 2.58 x 0.90 m (Ref. 3910 and 3915) Transport trolleys Ref. 3850 available as an option for Ref. 3920 (see page 23).

#### Ref. 3910

With folding legs and transport trolleys. Weight: 150 kg.



3910 legs folded

## Ref. 3915

With folding legs, transport trolleys and special foldable mat Ref. 7080 (see next page) Weight: 215 kg.

#### Ref. 3920

With fixed legs. Weight: 135 kg.





Composite material goose neck.



Integrated transport trolleys.

## COMPACT **PARALLEL BARS**

and in situations where equipment needs to be set up and dismantled for each session.

#### Technical specifications:

• Height can be adjusted from 1.15 m to 1.85 m using a notching system and tightening thumbscrew.

 Hand-rail spacing from 37.50 to 65 cm using composite material "goose necks".

• Base with non-slip pads.

REF.	FEET	TRANSPORT TROLLEYS	FOLDING MAT REF. 7080
3900	Fixed	х	х
3906	Foldable	×	х
3907	Foldable	v	<ul> <li></li> </ul>

## **SPECIAL** FOLDING MAT

#### Ref. 7080

To fit your existing GYMNOVA freestanding parallel and asymmetric bars.

A hook-and-loop strip on the end can be used to attach other mats. The cut-out for feet allows the mat to fit around the apparatus to create a perfectly flat surface. Polyurethane foam in a "leather look" phthalate-free 1,000 denier PVC cover with class M2 fire rating. Total size: 430 x 260 x 20 cm (LxWxTh).

Note: the transport trolley Ref. 3850 is required to use the mat.



## Available in different versions, these parallel bars are ideal for teaching exercises in schools

Option of purchasing the parallel bars with or without the folding mat (Ref. 7080).

Parallel bars with folding legs reduce the required floor area and save storage space.

Folded dimensions (without trolleys): 2.58 x 0.90 m (LxW).



Optimised storage.

# // PARALLEL BARS

## FOLDING PARALLEL BARS PIT MOUNTED

### Ref. 3931

Designed to make optimum use of the available space around a landing pit. Their feet allow these bars to be folded sideways against a wall when not in use.

Identical to Ref. 3920, the height of the bars can be adjusted from 1.45 to 2.05 m and the spacing from 37.5 to 65 cm. Supplied with leg guards Ref. 2960.



## FOAM PARALLEL BARS

## Ref. 3865

A tool designed for first learning exercises. These foam parallel bars consist of 4 detachable modules:

- 2 lower modules. Dimensions: 160 x 58 x 100 cm.
- 2 upper modules. Dimensions: 160 x 58 x 12 cm.
- 1 stabilising unit. Dimensions: 180 x 160 cm.
- 1 safety mat. Dimensions: 200 x 50 x 3 cm.

Comfortable and stable foam providing push-off quality close to situations encountered on parallel bars. Spacing can be adjusted up to 64 cm. Floor space: 180 x 160 cm (LxW). The modules can be used separately to create learning workshops,

but we recommend always using the parallel bars together with the upper modules.

## MINI PARALLEL BARS

## Ref. 0122

Designed to provide an introduction to first gymnastic sensations for very young children by learning push-offs and hanging techniques. They can be dismantled for easy transport and have a modular design. The spacing can be adjusted quickly from 0.25 to 1.30 m and the height from 0.90 to 1.40 m.

#### Technical specifications:

- Round fibreglass hand-rail, diameter: 3.50 cm.
- Distance between uprights: 1.54 m (suitable for use with a 1.50 m wide mat).
- Floor space: 1.77 x 1.71 m (LxW).
- Non-slip pads.

Details of all our mini-apparatus can be found on pages 63 and 64.





## HAND-RAIL

Ref. 3861 Reinforced hand-rail.

For parallel bars. Oval shape. Length: 3.50 m.

Training hand-rails for composite material goose necks. Unit. Ref. 3860 Non-reinforced hand-rail.

Re

## Competition hand-rails for metal goose necks.

Pair.

**Ref. 3863** Fibreglass hand-rail covered with a natural fibre. Optimised profile to improve grip when hanging and comfort in push-offs. Compliant with FIG standards.

**Ref. 3864** Reinforced fibreglass hand-rails with wood veneer. Compliant with FIG standards.



864 R

## FLIGHT PROTECTION

## Ref. 2911

Protection designed specifically for practising acrobatic movements over parallel bars. This U-shaped mat fits over the bars and moves into position during flights and dismounts. Supports landings on the stomach, back or upright. Jersey top cover and "leather look" base with "real leather" reinforcement. Removable cover. Dimensions: 150 x 90 cm (LxW).



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## PROTECTIVE SLEEVES Ref. 2930

For parallel bar hand-rails, made from special very impactabsorbing foam. Length: 1 m. Set of 4.



## UPRIGHT GUARDS

Set of 4.

**Ref. 2950** For training bars Ref. 3910, 3915 and 3920. **Ref. 2955** For competition bars Ref. 3832 and 3830.

## **BALANCING HANDLES**

Designed for learning handstands and for strength training. Made from wood. Pair.

**Ref. 3985** Ø: 39 mm. Length: 40 cm. **Ref. 3987** Ø: 39 mm. Length: 80 cm.

## LOW PARALLEL BARS

#### Ref. 3991

Made from wood, can be folded for easy storage. Spacing can be adjusted from 35 to 50 cm. Genuine oval parallel bar hand-rail. Spacing can be adjusted up to 64 cm.

Dim.: 115 x 15 cm (LxH). Floor space: 180 x 160 cm (LxW).



## SPOTTING PLATFORM

## Ref. 3980

Fits very easily to all GYMNOVA parallel bars. Height can be adjusted using a ratchet system (adjustment range: 300 mm). Foldable and easily transportable, it helps the coach to spot the gymnast and allows easier access to apparatus.



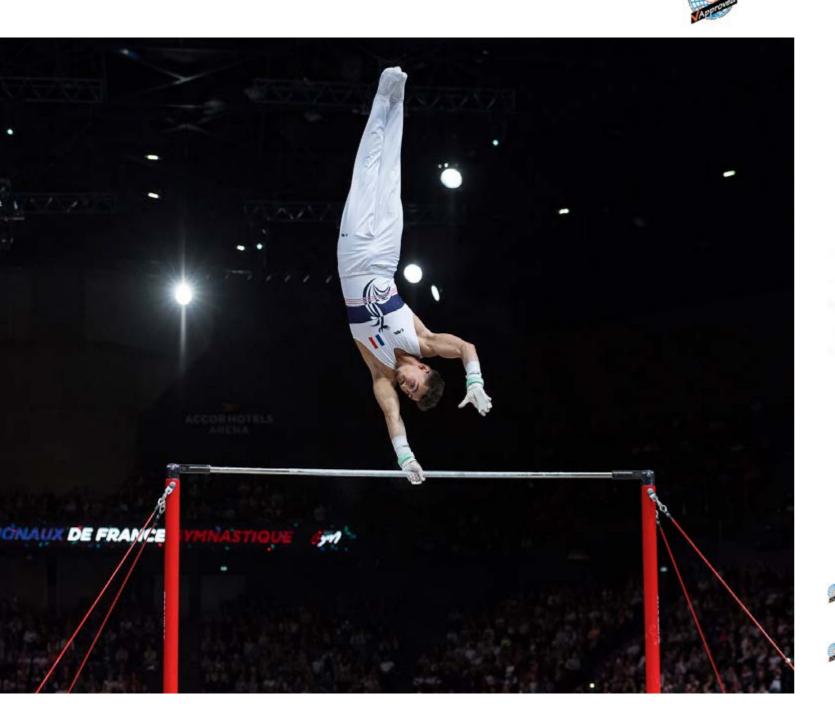
## CENTRAL BEVELLED UNDERLAY

## Ref. 3855

For all GYMNOVA freestanding bars (parallel or asymmetric bars). With bevelled edges to fit on transport trolleys Ref. 3850. Dimensions:  $209 \times 46 \times 6$  cm (LxWxH). Weight: 3 kg.

3987





## **COMPETITION** HIGH **BARS**

Competition high bars compliant with FIG standards, with solid steel machined rotating heads. The mechanical design of the two rotation axes creates a "gimbal" effect that ensures smooth operation.

Very fast assembly and dismantling thanks to quick tighteners. Non-slip pads and coated bracing cables ensure stability.

These high bars are used at major gymnastics events including the Olympic Games in London (2012), the World Championships in Montreal (2017), the European Championships in Glasgow (2018) and the World Championships in Liverpool (2022).



#### **TECHNICAL SPECIFICATIONS:**

- · Solid steel machined rotating heads.
- Upright diameter: 70 mm.
- Height adjustable from 2.70 to 2.95 m.
- Coated bracing cables for standard positioning.
- Marking of foot height with indication of FIG height.
- · Hand-rail with or without safety cable.
- Non-slip pads.

GYMNOVA high bars are available in several versions with 2 different types of hand-rail.

Ref. 3020 "London" standard cable high bar Standard hand-rail Ref. 3110. Floor space: 5.50 x 4 m. FIG-approved. Ref. 3025 "London" short cable high bar Standard hand-rail Ref. 3110. Floor space: 4 x 2 m. **Ref. 3030** "Montreal" standard cable high bar Hand-rail with safety cable Ref. 3117. Floor space: 5.50 x 4 m. FIG-approved. Ref. 3035 "Montreal" short cable high bar Hand-rail with safety cable Ref. 3117. Floor space: 4 x 2 m.



Detail view of hand-rail Ref. 3117.





Rotating steel head.



Height-adjustable legs.

APPARATUS





## ADJUSTABLE HIGH BARS

Ideal for learning, the height of the bars can be adjusted from the ground from 0.95 to 2.75 m in steps of 20 then in 10 cm increments. Quick tighteners ensure very fast assembly, dismantling and adjustment. Can also be used with an asymmetric bar hand-rail. Supplied with hand-rail Ref. 3110.

If it is not possible to drill the floor, use a connecting flat (Ref. 3120/62) to maintain the distance between the uprights (sold separately).

**Ref. 3120** Standard cable high bar Floor space: 5.50 x 4 m. **Ref. 3125** Short cable high bar Floor space: 4 x 2 m.



## HIGH BARS WITHOUT CABLES

High bars with  $\emptyset$  90 mm steel tube uprights. Hand-rails mounted on omnidirectional pivots to prevent jolting.

Height adjustable from 0.95 to 2.55 m. Distance between uprights of 2.40 m. Supplied with high bar hand-rail Ref. 3110, they can also be used with the asymmetric bar hand-rail Ref. 3260, 3265 or 3268 with no special adaptation required.

een **R** 110, (4 -rail J. **B** (F

## MINI HIGH BARS

#### Ref. 0125

Can be used to introduce swinging movements in gymnastics sessions for very young children. Easy to dismantle and transport and with a modular design. The height can be quickly adjusted from 1.40 to 1.90 m.

## Technical specifications:

- Round fibreglass hand-rail, diameter: 3.50 cm.
- Distance between uprights: 1.54 m (suitable for use with a 1.50 m wide mat).
- Floor space: 1.77 x 1.71 m.
- Non-slip pads.

Details of all our mini-apparatus can be found on pages 63 and 64.

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Bars with casings in the floor (requires the casings to be fixed into the floor. Please contact us for details). Ref. 3101 1-person high bar (2 uprights, 1 hand-rail). Ref. 3102 2-person high bar

(3 uprights, 2 hand-rails). **Ref. 3103 3-person high bar** (4 uprights, 3 hand-rails).

Bars with casings outside the floor (Requires installation of 8 peripheral anchor points). Ref. 3104 1-person high bar (2 uprights, 1 hand-rail).









## HAND-RAIL

Made from special stainless steel. Fits on all GYMNOVA high and asymmetric bars. Ø = 28 mm. Compliant with FIG standards. Unit.

#### Ref. 3110 Standard hand-rail

**Ref. 3117** Hand-rails with safety cable Designed to secure the equipment in the event of any breakage.





## FLIGHT PROTECTION

**Ref. 2910** High bar protective padding for flight elements

Supplied with a handle. The spotter throws it over the hand-rail when the gymnast releases the bar. Length: 1.40 m.

## CABLES

**Ref. 3011** Long cable set only, for standard positioning Floor space: 5.5 x 4 m.

#### Ref. 3012 Short cable set only

Bracing system for apparatus, reduces the required floor space by almost 60%. This unique system requires the installation of special anchor points. Please contact us for more details. Floor space:  $4 \times 2$  m.

## **GUARDS**

**Ref. 2925 Medium cable guards** Length: 2 m. Set of 2.

**Ref. 2931 Guards for cables and tensioners** Large guards for high bars and spotting frames. Length: 2.50 m. Set of 4.

**Ref. 2940 Upright guards** Height: 2 m. Set of 2.

## ACCESS AND SPOTTING PLATFORM

#### Ref. 2705 Access and spotting platform

Its retractable design allows access to apparatus and automatically folds against it. Height can be adjusted from 1,500 to 1,900 mm. See page 112.









The mini-apparatus has been tested in the biggest gymnastics and psychomotor development centres. The products are designed to provide an introduction to first gymnastic sensations. They can be dismantled for easy transport; have a modular design and allow rapid adjustment of height and distance.

• F • C a • F

## MINI-ASYMMETRIC BARS

## Ref. 0120

The mini-asymmetric bars provide an introduction to artistic gymnastics, for example, moving from one bar to the other. The spacing can be quickly adjusted from 0.25 to 1.30 m and the height:

• Low hand-rail from 0.90 to 1.40 m.

• High hand-rail from 1.40 to 1.90 m.

## MINI-PARALLEL BARS

#### Ref. 0122

These mini-parallel bars help very young children learn push-offs and hanging movements. The height can be adjusted from 0.90 to 1.40 m and the spacing from 0.25 to 1.30 m.



# **MINI-APPARATUS**

## **TECHNICAL SPECIFICATIONS:**

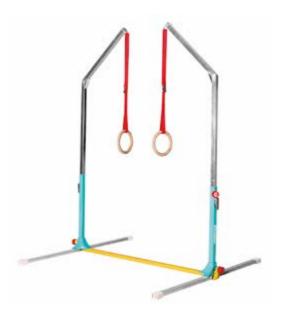
Round fibreglass hand-rail, diameter: 3.50 cm.
Distance between uprights: 1.54 m (suitable for use with a 1.50 m wide mat, not supplied).
Floor space: 1.77 x 1.71 m (LxW).
Non-slip pads.





## MINI-APPARATUS





# MINI HIGH BARS

## Ref. 0125

The mini-high bar can be used to introduce swinging movements in gymnastics sessions for very young children. Height adjustable from 1.40 to 1.90 m.

# MINI-RING FRAME

## Ref. 0130

Our mini version of the ring frame provides an introduction to this strength apparatus for young beginners. Height adjustable from 0.21 to 1.21 m. Maximum frame height: 2.50 m.

## **REBOUNDERS**

Designed to help gymnasts improve their push-offs and planche to handstand. With an adjustable length (25 to 130 cm) and height (90 to 140 cm), they can be adapted to the gymnast's build by varying the number of bungee cords used. They are ideal for working on half twists or full twists. In the double configuration, they can be combined with mini-apparatus.

## **Ref. 0135** Single rebounder **Ref. 0136** Double rebounder









## MATS & CARPETS

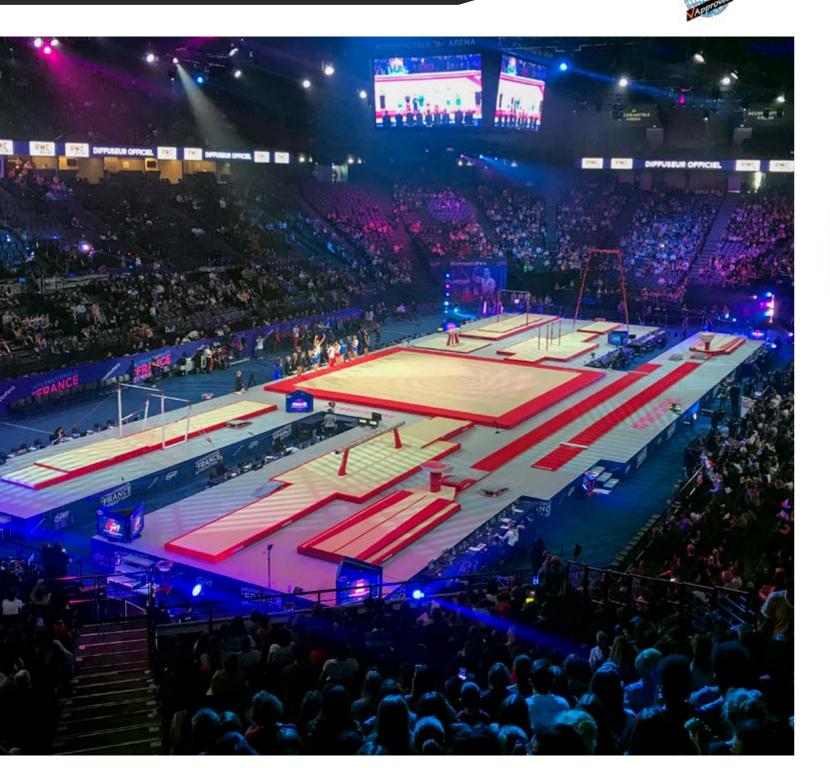
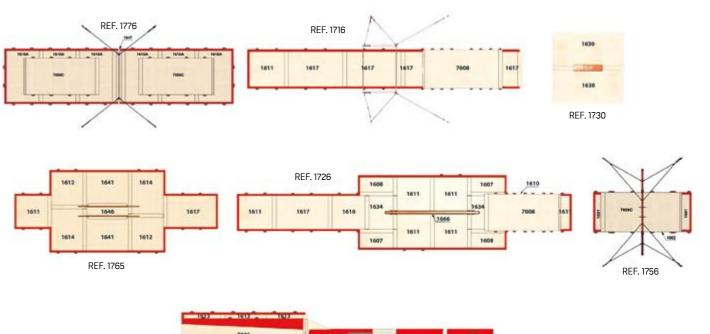


FIG COMPETITION MATS

All FIG-approved mats are made from a combination of multiple foam layers allowing improved load distribution and optimum stabilisation for landings. They provide comfort and absorb impacts to allow even the most hazardous exercises to be performed on all apparatus. Fitted with carrying handles and a hook-and-loop attachment system to avoid gaps (hook-and-loop strips on the top). Some mats have cut-outs to fit around apparatus bases. Removable, phthalate-free, 1,000 denier leather look PVC cover with class M2 fire rating.



100 100 100	
7006	
	REF. 170

REF.	DESCRIPTION	AREA	FIG
1705	Set of mats for competition vaulting	15.60 m <sup>2</sup>	
1706	Set of mats for competition vaulting, with additional mat Ref. 7006	15.60 m <sup>2</sup>	
1715	Set of mats for competition asymmetric bars	28 m <sup>2</sup>	
1716	Set of mats for competition asymmetric bars, with additional mat Ref. 7008	28 m <sup>2</sup>	
1725	Set of mats for competition beams	52 m²	
1726	Set of mats for competition beams, with additional mat Ref. 7008	52 m²	
1730	Set of mats for competition pommels	16 m <sup>2</sup>	
1750	Set of mats for competition rings	10 m <sup>2</sup>	
W 1756	Set of mats for competition rings, with additional mat Ref. 7008	10 m <sup>2</sup>	
1765	Set of mats for competition parallel bars	<b>43</b> m <sup>2</sup>	
1771	Set of mats for competition high bars	24 m <sup>2</sup>	
1776	Set of mats for competition high bars, with 2 additional mats Ref. 7008	37.50 m <sup>2</sup>	۵



## LANDING MAT SETS

## MATS & CARPETS





## LANDING MATS

Same specifications as the mat sets on page 67.





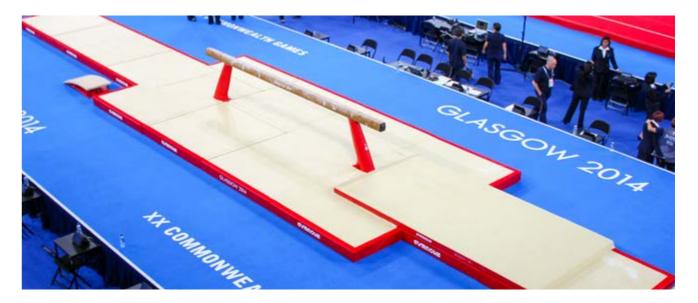




Combination of multiple foam layers.

Self-gripping joining flap on the side and female on the top surface.

REF.	DIMENSIONS (L x W x Thk.)	USE				
CLASSICS IN 2 m WIDTH						
1605	100 x 200 x 20 cm	All apparatus except vault and pommel. Self-gripping joining flap over the length				
1606	100 x 200 x 20 cm					
1611	200 x 200 x 20 cm	All apparatus except vault and pommel. Self-gripping joining flap over the width				
1617	300 x 200 x 20 cm					
1618	300 x 200 x 20 cm	All apparatus except vault and pommel. Self-gripping joining flap over the length				
1620	400 x 200 x 20 cm	All apparatus except vault and pommel. Without joining flap				
1621	400 x 200 x 20 cm	All apparatus except vault and pommel. Self-gripping joining flap over the width				
		CLASSICS IN 2.30 m WIDTH				
1410	100 x 230 x 20 cm					
1430	200 x 230 x 20 cm	All apparatus except vault and pommel. Connected by hook-and-loop strip				
1435	300 x 230 x 20 cm	on the 2.30 m side				
1440	400 x 230 x 20 cm					
	SPECIALS					
1601	200 x 100 x 20 cm	Special mat for rings				
1602	300 x 200 x 20 cm					
1607	100 x 200 x 20 cm	Right angle additional mat for competition beam set				
1608	100 x 200 x 20 cm	Left angle additional mat for competition beam set				
1610	200 x 200 x 20 cm	Standard mat with Self-gripping joining flap on the top surface				
1612	210 x 200 x 20 cm	Mat for competition parallel bar set. With cut-out for base				
1614	260 x 200 x 20 cm					
1613	200 x 260 x 20 cm	Mat for competition vaulting set				
1616	300 x 200 x 20 cm					
1619	400 x 200 x 20 cm					
1634	200 x 150 x 20 cm	Special beam mat. With cut-out for base				
1635	450 x 200 x 20 cm					
1636	200 x 200 x 20 cm					
1630	400 x 200 x 10 cm	Special pommel mat. With cut-out for base				
1631*	400 x 200 x 20 cm	special pointer not, with our out of obse				
1641	260 x 200 x 20 cm	Special parallel bar mat. With cut-out for base				
1644	260 x 200 x 20 cm	Special parallel dal mot. With cut-out for Uase				
1646	260 x 70 x 20 cm	Parallel bar central mat				
1647	300 x 50 x 20 cm	High bar central mat				



Additional dismount mats to be placed over landing mats to provide additional safety and comfort for gymnasts. Phthalate-free "leather look" 1,000 denier PVC cover with class M2 fire rating and non-slip base.



Dim.: 200 x 200 x 10 cm (LxWxThk.), with 4 carrying handles and a hook-and-loop attachment strip.

## 🌽 Ref. 7006

Additional mat for the vaulting landing area. Its cover clearly shows the landing surface. Mandatory for FIG competitions, it is connected to the guard Ref. 2921 by a hook-and loop strip. With 8 carrying handles. Overall dimensions: 600 x 200 x 10 cm. Size of the authorised surface: 0.95 x 1.50 m.

\*Does not comply with the European standard NF-EN 12503.

## **ADDITIONAL LANDING MATS**



## MATS & CARPETS



REF

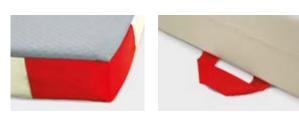


## **SAFETY MATS**

Ideal for training, our safety mats are made from high-quality materials to ensure maximum comfort and durability. They are made from different densities of polyurethane and polyethylene foam depending on the application and have a phthalate-free 1,000 denier "leather look" PVC cover with class M2 fire rating. With carrying handles, a non-slip base, pressure-relief mesh or holes and reinforced corners. Available in several configurations (single density, dual density, stretch fabric top, etc.).







Reinforced corners

Carrying handles

FEATURES	REF.	FOAM DENSITY	WEIGHT	IN CM (LxWxThk.)	COVER ONLY	COVER
SPECIAL ADDITIONAL MATS, OVER-MATS - Single density						
	7001	28 kg/m³	15 kg	200 x 140 x 10	7007	PVC
With non-slip base and reinforced corners.	7011	28 kg/m³	14 kg	200 x 140 x 10	7017	JERSEY
No attachment strips. To be used as an over-	7023	21 kg/m <sup>3</sup>	18 kg	200 x 150 x 20	7028	JERSEY
mat for added comfort during training.	7033	21 kg/m <sup>3</sup>	30 kg	240 x 200 x 20	7029	JERSEY
gg-	7053	21 kg/m <sup>3</sup>	50 kg	300 x 200 x 30	7059	JERSEY
	CONVEN	ITIONAL M	ATS - Sing	le density		1
	7021*	21 kg/m³	18 kg	200 x 150 x 20	7027	PVC
With non-slip base and reinforced corners.	7031*	21 kg/m <sup>3</sup>	30 kg	240 x 200 x 20	7037	PVC
No attachment strips.	7041*	21 kg/m <sup>3</sup>	34 kg	300 x 200 x 20	7047	PVC
	7051*	21 kg/m <sup>3</sup>	51 kg	300 x 200 x 30	7057	PVC
	STAN	DARD MAT	S - Single	density		
With non-slip base,	7032*	21 kg/m³	30 kg	240 x 200 x 20	7038	PVC
attachment strips and reinforced corners.	7042*	21 kg/m <sup>3</sup>	34 kg	300 x 200 x 20	7048	PVC
	CONVE	NTIONAL M	IATS - Dua	al density		
1 firm side and 1 soft side (reversible), no	7036*	30/21 kg/m <sup>3</sup>	34 kg	240 x 200 x 20	7039	PVC
attachment strips or reinforced corners.	7046*	30/21 kg/m <sup>3</sup>	42 kg	300 x 200 x 20	7049	PVC
APPARATUS LANDING MATS - Dual-density						
1 hard side to stabilise landings, with non-slip	7034*	30/21 kg/m <sup>3</sup>	34 kg	240 x 200 x 20	7038	PVC
base and reinforced corners.	7044*	30/21 kg/m <sup>3</sup>	42 kg	300 x 200 x 20	7048	PVC
			_			





#### Ref. 7064

handles and a hook-and-loop strip to attach a mat or another track. A 10 cm wide beige central strip provides a visual alignment guide. Dimensions: 500 x 140 x 10 cm (LxWxH).

Note: It must never be used directly on concrete.

## TRANSPORT TROLLEY

#### Ref. 6060

Trolley for horizontal storage of mats, with large-diameter omnidirectional wheels. Dimensions: 210 x 122 (LxW), handle height: 1.28 m. Maximum working load: 650 kg.

\*Complies with European standard NF-EN 12503.

70

Placed over an exercise floor or a track, it allows repetition of exercises and supports specific strength training. It has 8 carrying



<sub>1</sub>71

## MATS & CARPETS



## LANDING BLOCKS

Landing blocks made from very soft high-quality foam to assist with learning dismounts from apparatus. Halfway between a traditional mat and a landing pit, they help to reduce anxiety and can be transported to set up different workshops. They have a phthalate-free "leather look" 1,000 denier PVC cover with class M2 fire rating. A grid on the sides ensures decompression and loops and straps allow the creation of custom landing areas. Non-slip base.

## **EDUCATIONAL & MULTI-PURPOSE MATS**



### **CARTWHEEL MAT**

#### Ref. 0471

A learning mat to practise cartwheels. The visual guides help gymnasts work on alignment and positioning in a fun way. Colour: red. Dimensions:  $200 \times 50 \times 4$  cm (LxWxTh). Weight: 3 kg.



### **COMFORT MATS**

7090

Upper part made from washable stretch jersey with class M1 fire rating.

**Ref. 7090 Large comfort mat** Dimensions: 350 x 200 x 65 cm. 12 carrying handles. Weight: 80 kg. **Ref. 7091 Small comfort mat** Dimensions: 200 x 150 x 65 cm 8 carrying handles. Weight: 37 kg.

709

Ref. 7089 For Ref. 7091

Dimensions: 200 x 150 x 65 cm (LxWxH).

### JERSEY COVERS ONLY

**Ref. 7088** For Ref. 7090 Dimensions: 350 x 200 x 65 cm (LxWxH).



## **COVERED FOAM BLOCKS**

#### Ref. 7070 PVC foam block

Dimensions: 200  $\times$  100  $\times$  50 cm (LxWxH) With 4 carrying handles. Weight: 21 kg.

#### **Ref. 7075** PVC/Jersey foam block

Dimensions:  $200 \times 100 \times 50$  cm (LxWxH) Upper part in stretch jersey material for more comfortable landings. Weight: 19 kg.

#### **Ref. 7100** PVC foam block

Dimensions: 400 x 200 x 50 cm (LxWxH) With 8 carrying handles. Weight: 78 kg.



### ACCESSORIES

**Ref. 7071 PVC cover only, for Ref. 7070** Dimensions: 200 x 100 x 50 cm (LxWxH). **Ref. 7076 Jersey cover only, for Ref. 7075** Dimensions: 200 x 100 x 50 cm (LxWxH). **Ref. 7078 Foam block only, for Ref. 7070 and Ref. 7075** Dimensions: 200 x 100 x 50 cm (LxWxH), density: 17 kg/m<sup>3</sup>. **Ref. 7101 PVC cover only, for Ref. 7100** Dimensions: 400 x 200 x 50 cm (LxWxH).



### MULTI-PURPOSE CARPET MAT

#### Ref. 6016

Very soft and highly shock-absorbing foam mat covered with a jersey material and with a non-slip base. This mat is particularly suitable for use on a beam thanks to its ability to mould to its shape.

Dimensions: 145 x 100 cm, thickness: 1.5 cm.

72

7070



MATS

## MATS & CARPETS



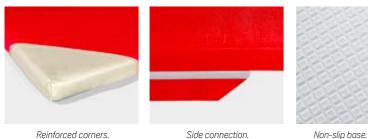
## **MATS FOR SCHOOLS**

School mats, ideal for warm-up exercises, made from a light polyethylene foam in a phthalate-free "leather look" 1,000 denier PVC cover with class M2 fire rating.

Available in different sizes, with or without connections on the sides to create custom gymnastics areas. With non-slip base and lined reinforced corners, depending on the model. Comply with European standard NF-EN 12503.

6102





Reinforced corners.

Side connection.

KEF.	SETUFS	WEIGHT	STRIPS	CORNERS	
	MAT 2	00 x 100 cr	n - THICKNESS 4 cm	1	
6000	6001	7 kg	Х	Х	
6006	6007	7 kg	¥	Х	
6100	6101	7 kg	Х	¥	
6102	6103	7 kg	V	v	
	MAT 200 x 125 cm - THICKNESS 5 cm				
6110	6111	10 kg	Х	Х	
	MAT 200 x 100 cm - THICKNESS 5 cm				
6050	6051	8 kg	¥	Х	
6107	6108	8 kg	¥	×	
<b>6115</b> <sup>(1)</sup>	6116	8 kg	(2)	Х	
	MAT 200 x 150 cm - THICKNESS 6 cm				
6031	6032	11 kg	¥	Х	

(1) Model with side strips.

(2) Hook-and-loop strips over the width. Models designed for creating custom gymnastics tracks. Dimension tolerance = 2%.



### FOLDING **TUMBLING TRACKS**

#### Our gymnastics track concept uses two concertina-folding techniques:

- 1 Traditional stitched groove folding strip.
- 2 Extra-wide (100 mm) hook-and-loop connection and folding strip.
- Tracks made from phthalate-free "leather look" 1,000 denier PVC foam with class M2 fire rating.

#### Advantages of this process:

- They can be used as single-section tracks when joined together.
- They are lighter and easier to handle.

Single colour with hook-and-loop strips on the edges. Dimensions: 200 x 200 x 5 cm.



Concertina-folding tracks to create long gymnastics areas. Two-tone with side strips and hook-and-loop strips at the ends.

#### Ref. 6126

Dimensions: 400 x 100 x 5 cm. Can be folded in two; size of folded track: 200 x 100 x 10 cm.

#### Ref. 6124

Dimensions: 200 x 200 x 5 cm. Can be folded in two; size of folded track: 200 x 100 x 10 cm.

#### Ref. 6115

Mat compatible with Ref. 6126. Dimensions: 200 x 100 x 5 cm.

#### Examples:

- To create a 10 x 1 m track, you will need 2 Ref. 6126
- and 1 Ref. 6115.
- To create a 12 x 2 m track, you will need 6 Ref. 6124.

Comply with European standard NF-EN 12503.

## **GYMNASTICS TRACKS**



## MATS & CARPETS



## **ROLL-UP TRACK**



## **"EASY ROLL" TRACK**



#### Ref. 6160

Track made from needle-punch carpet (bonded) on dynamic foam, with class M4 fire rating. These tracks can be joined together to make up larger tumbling surfaces. They are connected by hookand-loop strips that attach directly to the carpet. They can be rolled up for easy storage. Non-slip base. Dimensions: 1400 x 200 x 4 cm (LxWxH).

#### Photo example above:

7 roll-up tracks are needed to make up an exercise floor Ref. 6573 (see page 11).

Roll-up tracks for gymnastics and cheerleading. Also ideal for use in schools thanks to their quick and easy installation. The foam cut-out allows these tracks to be rolled up easily by a single person without distortion. No need to turn tracks over to store them away.

Tracks made from polyethylene foam covered with a needle-punch carpet, with class M4 fire rating, which ensures excellent shock absorption and maximum safety on landing. Thickness: 4 cm.

**Ref. 6165** Easy Roll 14 x 2 m Rolled-up size: 100 cm (Ø).

**Ref. 6166 Easy Roll 7 x 2 m** Rolled-up size: 75 cm (Ø).

# LANDING PITS



## LANDING PITS

## **PITS WITH CUBES**

Ideal for learning difficult movements without anxiety, pits with cubes provide comfort and progressive shock absorption to perform very difficult exercises on all apparatus.

Optimised depth: 1,500 mm - Special studies can be carried out for a depth of 1,200 mm. Jersey cover with class M1 fire rating available as an option to cover the foam cubes.



## EW GENERATION

#### Ref. 7194 "New generation" pit with cubes

Its composition allows this type of pit to be installed quickly and easily by a small team. It meets all safety requirements by completely protecting the base of the pit (solid cellular foam section + upper mat) and therefore combines the advantages of a standard pit with those of a pit with cubes.

#### COMPOSITION

#### Lower blocks

Interlocking solid cellular foam section, 600 mm thick, density of 17 kg/m<sup>3</sup>, with a 1,000 denier PVC cover with class M2 fire rating and compression grid. This type of foam allows good air circulation and therefore provides optimum shock absorbency.

#### 200 mm thick upper mat

This very elastic and resistant foam with a density of  $17 \text{ kg/m}^3$  provides a gentle landing and ensures the durability of the landing surface. Stretch jersey covering fabric with class M1 fire rating and base with a compression grid for optimum air circulation.

#### Edge protection

For optimum protection, all sides of the pit are covered with dualdensity 10 cm long edge guards to protect the corner and concrete edge over the entire height of the cubes. They are covered with a phthalate-free 1,000 denier PVC cover with class M2 fire rating. Attached to the edge of the pit using profiles secured in the ground for a perfect finish and hold.

#### Foam cubes

The foam cubes with class M4 fire rating are developed exclusively for gymnastics applications. They are made from expandable PU foam and are resistant to tearing. There are three different sizes  $(20 \times 20 \times 30 \text{ cm}, 20 \times 30 \times 30 \text{ cm})$  and  $30 \times 30 \times 30 \text{ cm})$ , which allows for a natural mix and avoids the cubes slotting together to form a large block.

#### Foam steps

Available as an option to assist with exits from the pit.



#### Ref. 7094 Standard pit with cubes

This pit with cubes incorporating a suspended net allows gymnasts to practise jumps and dismounts from apparatus while reducing the risk of injury. All pit edges are also protected in this version to ensure gymnasts' safety and reduce anxiety. The 3 different sizes of cubes contribute to a natural mix to provide the same consistent level of absorption. The use of several bungee cords ensures safety in the pit in the event of breakage while allowing easier changes for maintenance.

#### COMPOSITION

#### Support net

Knot-free synthetic net to avoid premature wear of the foam, tensioned by bungee cords.

#### 2 Additional mat

Consisting of 10 cm thick resistant foam and a phthalate-free PVC cover with class M2 fire rating.

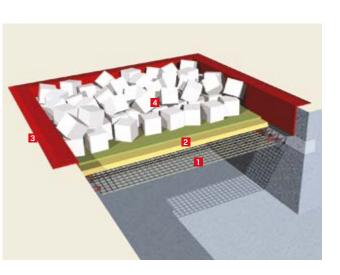
#### 3 Edge protection

Firm foam with a length of 25 mm laminated with a synthetic cover with class M2 fire rating to protect the corner and concrete edge over the entire height of the cubes.

#### 4 Foam cubes

Expandable and tear-resistant, with class M4 fire rating. 3 different sizes (20 x 20 x 30 cm, 20 x 30 x 30 cm and 30 x 30 x 30 cm) allow a natural mix and avoid stacking of cubes.

## **PITS WITH CUBES**



## FILLED STRUCTURED PITS

Suitable for new installations or refurbishments, the filled structured pits offer all the advantages of GYMNOVA pits: easy exit, clear view of the landing area and very easy maintenance.

Optimised depth: 620 mm. For any renovation of a pit with a depth of greater than 0.62 m, we produce a special foam or wood raised floor.





#### **Ref. 7198** "New generation" filled structured pit

The upper mat placed above the lower blocks creates an identical height (20 cm) to the mats, exercise floors and acrobatic tracks to guarantee the same sensations for gymnasts during use. This allows visual cues to be maintained for gymnasts while ensuring safety by completely covering the edges of the pit. Its stretch jersey covering material with class M1 fire rating also avoids emission of foam particles for maximum hygiene and guarantees a perfect finish.

This pit also makes it easier for gymnasts to transition between the pit and competition mat during landings.

#### COMPOSITION

#### Lower blocks

Interlocking solid cellular foam section, 600 mm thick, density of 17 kg/m<sup>3</sup>, with a 1,000 denier PVC cover with class M2 fire rating and compression grid. This type of foam allows good air circulation and therefore provides optimum shock absorbency.

#### 200 mm thick upper mat

This very elastic and resistant foam provides a gentle landing and ensures the durability of the landing surface. Stretch jersey covering fabric with class MI fire rating and base with a compression grid for optimum air circulation.



#### Ref. 7098 "Standard" filled structured pit

By using different densities of foam, this type of pit allows progressive shock absorption with no rebound effect. Thanks to its composition, it requires less maintenance than suspended pits.

#### COMPOSITION

#### Covering fabric

Washable stretch jersey with class M1 fire rating. Avoids emission of foam particles.

## 2 PVC section

PVC anti-trip edging strip to finish and secure the jersey fabric. Can be removed for easier dismantling and to tension the cover.

#### 3 Foam mat

Progressive shock absorption phase 1:

Very soft impact-absorbing polyurethane foam. Thick: 20 cm (specially developed by GYMNOVA).

#### 4 Protective interface

Distributes loads at pit edges, protects the foam from concrete.

### 5 Interlocking solid cellular foam sections

Progressive shock absorption phase 2: Middle mat with specially designed profile for impact absorption.

Progressive shock absorption phase 3: Interface support mat for continuous shock absorption by cancelling out the rebound effect.

#### 6 Side support block

STABILITY - Wedges the assembly to restore the initial appearance after a landing.

#### 7 Dynamic compensator

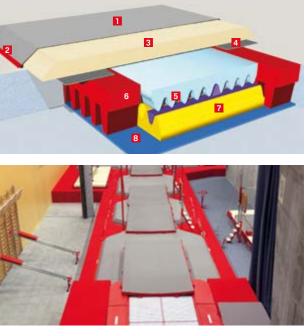
ADJUSTMENT - Maintains the volume of the pit by strengthening landing areas under intensive stress.

## FILLED STRUCTURED PITS

### 8 Grating

Covers the entire surface of the pit. It insulates the foam from the ground and provides ventilation for the assembly.

This therefore avoids premature deterioration of the foam due to natural humidity.



#### Ref. 7099 Raised pit with integrated platform

Allows the creation of a raised pit with the composition of the filled structured pits Ref. 7098 or 7198 but above the floor with a platform and a walkway.

## SUSPENDED SUNKEN PIT

This model offers a wide range of advantages including a clear view of the landing area, progressive shock absorption and enhanced comfort. It also helps to improve hygiene and reduces fire risks thanks to its covering fabric with class M1 fire rating.

#### Minimum depth of 1.20 m.



#### Ref. 7093 Standard suspended sunken pit

#### **COMPOSITION**

#### Covering fabric

Washable stretch jersey with class M1 fire rating. Avoids emission of foam particles

### 2 PVC section

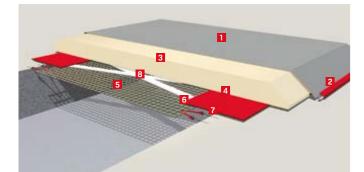
PVC anti-trip edging strip to finish and secure the jersey fabric. Can be removed for easier dismantling and to tension the cover.

### **3** Polyurethane foam mat

Progressive shock absorption phase 1: Very soft impact-absorbing polyurethane foam, thickness of 20 cm (specially developed by **7 Fastening latches** GYMNOVA).

### 4 Protective interface

Distributes loads at pit edges, protects the foam from concrete, bungee cords and latches.



### 5 Support net

Progressive shock absorption phase 2: Knot-free synthetic net to prevent premature wear of the foam.

### 6 Looped bungee cords

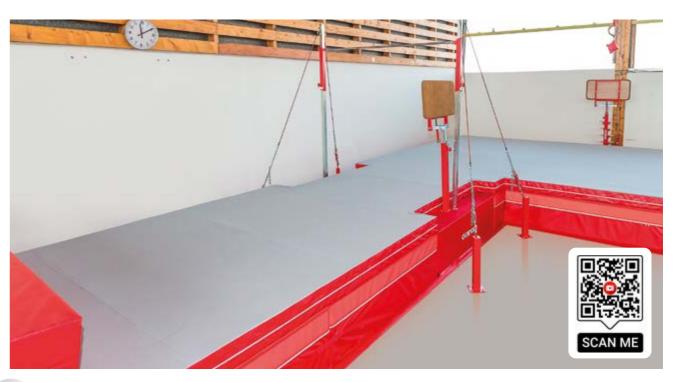
Bungee cords calibrated for the tension of the net. The use of several bungee cords ensures safety for the pit (in the event of breakage) and allows them to be changed easily (for maintenance or to retension the net).

Made from galvanised steel to attach the bungee cords.

#### 8 Adjustable dip compensators

(In large areas) this system consisting of nylon bungee cordsstraps and snap tensioners is used to adjust the elasticity of the net and retension the pit.







#### Ref. 7097 "New generation" raised pit

This type of pit is ideal for temporary gym set-ups or those which are liable to be dismantled. By avoiding the need to dig into the floor, it opens up a wide range of options for configurations, allowing installation in different spaces depending on your needs. It provides the same comfort and softness as standard pits and its design provides a consistent landing surface. This prefabricated concept allows quick and easy installation and it can be set up by 2 people. Installation can be carried out in just one working day.

#### COMPOSITION

#### Lower blocks

Interlocking solid cellular foam section, 600 mm thick, density of 17 kg/m<sup>3</sup>, with a 1,000 denier PVC cover with class M2 fire rating and compression grid. This type of foam allows good air circulation and therefore provides optimum shock absorbency.

#### 200 mm thick upper mat

This very elastic and resistant foam provides a gentle landing and ensures the durability of the landing surface. Stretch jersey covering fabric with class M1 fire rating and base with a compression grid for optimum air circulation.

#### Apparatus

The apparatus is positioned on a platform to raise it to the same level.

This type of pit can also be used with a podium for floor landings and jumps.

## **RAISED PIT**

#### Ref. 2740 Access and spotting platform

Specially designed for the new generation raised pit Ref. 7097, it allows access to the apparatus and automatically folds against it. Its height can be adjusted from 1300 to 1700 mm assisted by cylinder. Securing kit supplied.

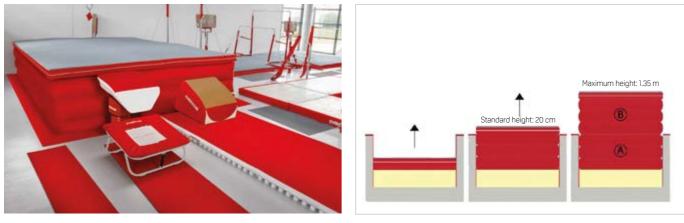


To position apparatus at height, apparatus supports and anchoring mats are available. These accessories allow the use of standard apparatus as well as traditional cable sets directly on this pit. Compatible with all GYMNOVA asymmetric bars and high bars and with the ring frame Ref. 3700.

## INFLATABLE **PIT**

Offers the same absorption performance as conventional pits. It has been specially designed to allow gymnasts to adjust the pit height and density. The different inflation zones can be adjusted depending on gymnasts' level and build and the apparatus used.

The lower adjusters (A) can be used to adjust the pit height. The upper adjusters (B) are designed to adjust the pressure and are covered by 20 cm foam mats in a jersey cover for guaranteed gymnast comfort. The maximum floor height (1.35 m) gives a working height identical to the vaulting table. This avoids the need for additional mats. The pit is inflated in just a few minutes using a powerful inflator.



Raised position - Example vaulting table - Height 1.35 m

## **MIXED PIT**

Option of combining different types of pit to suit your needs.

Ideal for progressive learning of an exercise, it allows gymnasts to adapt their training depending on progress. It therefore offers greater versatility for pit work.



Trampolines specially designed for learning acrobatic movements in gymnastics. They allow gymnasts to develop confidence without anxiety. The durable construction of the 13x13 training bed allows repeated practice of many exercises. Springs are used to tension the suspended bed and 4 cm edge protection is supplied.



**Large models** With 13 x 13 bed (426 x 213 cm).

Wit

Ref. 5351Large model onlyRef. 5352Large model with pit link

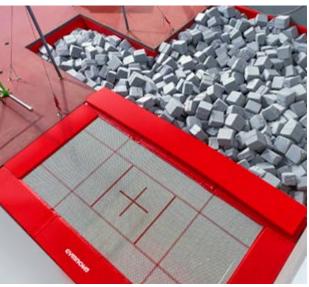
Dimensions and concrete pocket, please contact us.

#### Ref. 5370 Trampoline/pit connecting bar

Ideal for acrobatics and dismounts on a built-in trampoline with a pit link, this connecting bar retains all the elasticity and rigidity of closed frame trampolines. Its retractable design (in case of fall) also provides optimum safety for the gymnast or trampolinist. Fits master or grand master trampolines and all types of pits.



## **BUILT-IN TRAMPOLINES**



**Small models** With 13 x 13 bed (366 x 183 cm).

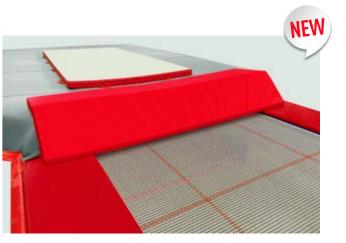
Ref. 5356 Small model only Ref. 5357 Small model with pit link

#### Guards for trampoline/pit connecting bar

Designed to provide safety in the space between the built-in trampoline and the landing pit. They guarantee a board effect during landings and limit crushing. Foam in a phthalate-free PVC cover with class M2 fire rating.

#### Ref. 5371

For standard pit Ref. 7094, 7093 and 7098. **Ref. 5372** For new generation pit Ref. 7097, 7194 and 7198.



## LANDING **PITS**



## **GIANT SWING PIT**

#### Ref. 7095

Enables the coach to spot at floor level and helps the gymnast to conquer fear of heights while maintaining visual cues close to the floor.

Study on request.



## **ADDITIONAL MATS**

Mat designed to be placed on top of a pit for enhanced cushioning and durability. Stretch jersey top cover and PVC base.

**Ref. 7012** Dimensions: 400 x 200 x 10 cm (LxWxTh). **Ref. 7013** Dimensions: 300 x 200 x 10 cm (LxWxTh). **Ref. 7014** Dimensions: 200 x 200 x 10 cm (LxWxTh).

## **PIT REFURBISHMENT**

### Take advantage of our experts' specialist knowledge!

An essential step to ensure high-quality equipment and user safety, our specialist team can carry out any kind of pit refurbishment: from simple maintenance to complete replacement. Please don't hesitate to contact us!



Before

After





## LARGE COMPETITION TRAMPOLINES

FIG-approved and appreciated by the world's top trampolinists, this model offers trampolinists excellent control with stabilised jumping properties and even distribution of power. Its bed helps users achieve and maintain high-quality jumps with considerably reduced expenditure of energy.

The quality and design of the frame ensure maximum safety and stability for the trampoline during use. Its patented "easy-lock" system allows quick and easy assembly by one person.



PADS	TRANSPORT TROLLEYS	REF. 4 X 4 TRAMPOLINE BED	REF. 5 X 4 TRAMPOLINE BED	REF. 6 X 4 TRAMPOLINE BED
32 mm	Wheeled trolleys	03000	03005	-
32 mm	Lifting trolleys	03100	03105	-
32 mm	Lifting trolleys Safety & comfort	03200	03205	-
50 mm	Wheeled trolleys	03050	03055	03056
50 mm	Lifting trolleys	03150	03155	03156
50 mm	Lifting trolleys Safety & comfort	03250	03255	03256

#### **TECHNICAL SPECIFICATIONS**

Electrogalvanised folding steel frame, oval profile with dimensions: 520 x 305 x 115 cm -Jumping bed (426 x 213 cm) attached to the frame by 110 standard springs and 8 angle

- reinforced springs made from tempered steel
- 32 mm or 50 mm built-in protection pads
- Floor space (unfolded): 520 x 305 x 115 cm (LxWxH); (folded): 335 x 80 x 220 cm (LxWxH)
- Maximum immersion depth: 1.15 m
- Weight: 260 kg

#### All trampolines from the ULTIMATE range with a 4 x 4 bed are FIG approved. 🎤

For optimum use, we recommend using the competition trampoline in a room with a minimum height of 8 m.



The mats, safety end decks and all accessories from the ULTIMATE range, master and grand master can be found in our catalogue for acrobatic sports



REF.	BEDS	PADS	TROLLEYS	USE	1
13100	13 x 13	32 mm	Lifting trolleys	Training	•
13200	13 x 13	32 mm	Lifting trolleys Safety & comfort	Training	
15100	45 x 45	32 mm	Lifting trolleys	Training Therapeutic applications	
15200	45 x 45	32 mm	Lifting trolleys Safety & comfort	Training Therapeutic applications	•
17100	Synthetic	32 mm	Lifting trolleys	Schools - Leisure	•
17200	Synthetic	32 mm	Lifting trolleys Safety & comfort	Schools - Leisure	



REF.	BEDS	PADS	TROLLEYS	USE
19100	13 x 13	32 mm	Lifting trolleys	Learning
19200	13 x 13	32 mm	Lifting trolleys Safety & comfort	Learning
21100	45 x 45	32 mm	Lifting trolleys	Learning
21200	45 x 45	32 mm	Lifting trolleys Safety & comfort	Learning
22100	Synthetic	32 mm	Lifting trolleys	Schools - Leisure
22200	Synthetic	32 mm	Lifting trolleys Safety & comfort	Schools - Leisure

All trampolines shown are supplied with a pair of transport trolleys and a maintenance bag.

## LARGE TRAINING TRAMPOLINES

### **GRAND MASTER TRAMPOLINES**

#### The ultimate multi-purpose trampoline!

Thanks to its low height and the choice of 3 different types of bed, this model meets the needs of clubs, schools and leisure facilities.

It can also be used in therapeutic applications.

The upper frame helps to maintain the required flexibility for stable jumping with very good dynamism properties.

#### **Technical specifications**

· Electrogalvanised folding steel frame, oval profile with dimensions: 520 x 305 x 108 cm.

•Jumping bed (426 x 213 cm) attached to the frame by 118 tempered steel springs.

• 32 mm thick built-in protection pads.

• Floor space: unfolded 520 x 305 x 108 cm (LxWxH), folded

335 x 80 x 220 cm (LxWxH).

• Non-slip pads.

• Maximum immersion depth: 1.08 m.

• Weight: 220 kg.

### MASTER TRAMPOLINES

#### The great trampoline for beginners!

With its compact dimensions, the MASTER model offers excellent user comfort and a jumping area suitable for beginners. Balanced jumping properties support successful learning of the discipline. The Master trampoline is available in three versions with different jumping beds to allow ideal use for clubs, schools, leisure sports and therapeutic applications.

#### Technical specifications

· Electrogalvanised folding steel frame, oval profile with dimensions: 457 x 275 x 99 cm.

• Jumping bed (366 x 183 cm) attached to the frame by 100 tempered steel springs.

• 32 mm thick built-in protection pads.

• Floor space: unfolded 457 x 275 x 99 cm (LxWxH), folded 304 x 70 x 198 cm (LxWxH).

• Non-slip pads.

• Maximum immersion depth: 99 cm.

• Weight: 190 kg.

## **INITIATION & TEAM GYM TRAMPOLINE**



### SALTO TRAMPOLINE

#### Ref. 5080

Initiation trampoline ideally suited for young gymnasts, school use and leisure activities.

Rigid struts and holding cables ensure the stability of the frame. Folding legs for reduced storage space.

#### Technical specifications

- Frame can be dismantled, dimensions 374 x 235 cm • Height 80 cm
- With 86 tempered steel cylindrical springs
- 3 cm thick built-in protection pads
- Jumping bed: 290 x 150 cm Sportex "special outdoor" coated PVC jumping bed for an extended life cycle

### **TEAM-GYM TRAMPO**

#### Push-off and acrobatic performance!

Designed for learning and practising jumping exercises, this special Team Gym trampoline brings gymnasts significant added power while allowing them to work safely on their exercises. Its integrated wheels allow easy transportation and its height can be adjusted from 65 to 80 cm in 5 cm increments according to European Gymnastics requirements.

#### **Technical specifications**

- Full 4 cm thick peripheral protection with detachable front and rear padding.
- Galvanised springs connected to the 6 x 6 mm mesh bed.
- Steel tubular frame with dimensions: 124 x 124 cm.
- Weight: 75 kg.

#### Ref. 5066 Team Gym Trampoline "Hard"

Designed for larger builds. Distinguishing mark: white dot on the peripheral protection. With 40 springs.

#### Ref. 5067 Team Gym Trampoline "Soft"

Designed for lighter builds. With 36 springs.

### **ACCESSORIES**

Set of 4.

Ref. 5082 SPORTEX PVC-coated webbing jumping bed Dimensions: 290 x 150 cm. Ref. 5084 Set of 86 springs Ref. 5086 Complete peripheral protection

### ACCESSORIES

Ref. 5068 Rear guard Ref. 5073 Webbing replacement bed 6 x 6 mm

### **OPEN TRAMPETTE**

#### Ref. 5052

Adjustable, multi-purpose and dynamic trampoline designed for practising the most difficult jumps thanks to its access and dismount area.

Its leas can be folded and the angle quickly adjusted. Height of the bottom section can be adjusted from 35.5 to 37.5 cm. Supplied with side pads.

Front and rear guards available as an option.

#### **Technical specifications**

- 120 x 120 cm tubular frame.
- 32 mm thick protection pads.
- 13 x 13 mm webbing bed.
- Tensioned by 32 springs.
- Weight: 38.5 kg.

### **TRAMPETTE BUNGEE CORDS**

#### Ref. 5000

SPORTEX PVC-coated webbing bed, tensioned by bungee cords.

### **TRAMPETTE SPRINGS**

#### Ref. 5010

SPORTEX PVC-coated webbing bed, tensioned by 28 springs.

### SUPER SPRING TRAMPETTE

#### Ref. 5050

High-performance model, identical to Ref. 5010 with 13 mm nylon webbing bed. Tensioned by 32 springs.

#### **Technical specifications**

- 113 x 113 cm tubular frame.
- Legs can be folded and the angle adjusted from 33 to 54 cm.
- 32 mm thick built-in protection.
- 65 x 65 cm jumping bed.
- Integrated transport wheels.
- Non-slip pads.
- Weight: 33 kg.

### ACCESSORIES

Ref. 5020 Set of replacement bungee cords Ref. 5030 SPORTEX replacement bed Ref. 5035 Set of 4 pads Ref. 5040 Complete guard 116 x 116 cm Ref. 5055 Nylon webbing bed 13 x 13 mm Ref. 5065 Set of 32 springs











## MINI-TRAMPOLINES



### ACCESSORIES

- Ref. 5043 Pair of front/rear guards Ref. 5044 Pair of side guards
- Ref. 5045 Set of 32 springs
- Ref. 5048 Webbing replacement bed 13 x 13 mm





Tensioned by bungee cords.



Tensioned by springs.



## **LONG TRAMPOLINES & TRACKS**



#### FOR BUILT-IN ACROTRAMP, PLEASE CONTACT US FOR DETAILS



Detail of adjustable elasticity



### ACROTRAMP

A very effective training aid to support development of very technical aspects of acrobatics. As an intermediate stage between trampolining and tumbling, it can be used to develop a training system based on rebound. For greater safety, the bars at the end of the track retract on impact.

#### **Technical specifications**

- Metal frame with SPORTEX PVC-coated webbing bed attached with springs.
- Bed height: 53 cm.
- Overall height (with guards): 60 cm.
- Frame width: 2.20 m.
- 40 mm thick protection pads.
- Non-slip pads.

Ref. 5360 Long trampoline, Length: 6.70 m. Ref. 5361 Long trampoline, Length: 12.70 m. Ref. 5363 Long trampoline, Length: 18.70 m.



### ACROFLEX TRACKS

High-elasticity floor panels with or without incorporated adjustment system. Foam thickness: 4 cm, overlay carpet and side skirts. Width 2 m. Total thickness: 23 cm. Can be supplied in lengths that are multiples of 1.50 m. The two types of track, adjustable and non-adjustable, can be combined. For example, an 18 m track with 6 m adjustable and 12 m non-adjustable. For special joints for tumbling tracks with pit, please contact us.

#### Ref. 6260 Acroflex track with adjustable elasticity

This track can be adapted to suit gymnasts of all sizes and levels. Its design helps to reduce strain injuries caused by fatigue during repetitive exercises. The elasticity of each panel can be adjusted individually to quickly and easily adapt the rebound over the full 6 m track length.

#### Ref. 6270 Acroflex track with non-adjustable elasticity

6 m dynamic track length. The specifications are identical to Ref. 6260 but without adjustable elasticity.



### "MONTREAL" SPRUNG TRACKS

Featuring an identical design to our competition exercise floors, they provide dynamic rebound thanks to the responsiveness of the springs and very comfortable impact absorption on landings. The impacts and strain injuries associated with repeated gymnastic exercises are therefore minimised and the design allows gymnasts to learn and practise the basics on the ground before moving on to a competition exercise floor. The tracks can be adapted to gymnasts of all levels while also providing the elasticity needed for push-offs. Ideal for intensive training and to support the development of routines based on rebound techniques such as flips or twists. Their thickness is identical to GYMNOVA mats and pits (thk.: 20 cm) which allows these tracks to be attached to work safely on gymnastics exercises.

Sprung tracks can be combined to create custom lengths according to your needs (from 1.5 to 18 m) and available space in your gym. They consist of a roll-up carpet or track, depending on the model, concertina-folding comfort foam and high-elasticity floor panels. Edges are finished with PVC strips.

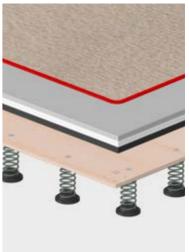
Dimensions (individual panel): 1.50 x 2 m (LxW) - Height: 20 cm\*.

### **FLOOR WITH ROLL-UP TRACK**

#### Ref. 6180

Dynamic acrobatic track with carpet-covered roll-up track Ref. 6160 (see page 76). Secured to the floor by integrated hook-and-loop strips. No joints. Dimensions: 14 x 2 m (LxW). Thickness: 14 cm.





#### Ref. 6171 Sprung track with roll-up

#### track

Identical design to the competition exercise floor Ref. 6778.

#### Ref. 6172

#### Sprung track with overlay carpet

Identical design to the competition exercise floor Ref. 6775. Edges of the carpet finished with whip stitching.

\* For details of the pit link, exercise floor and other sizes, please contact US.



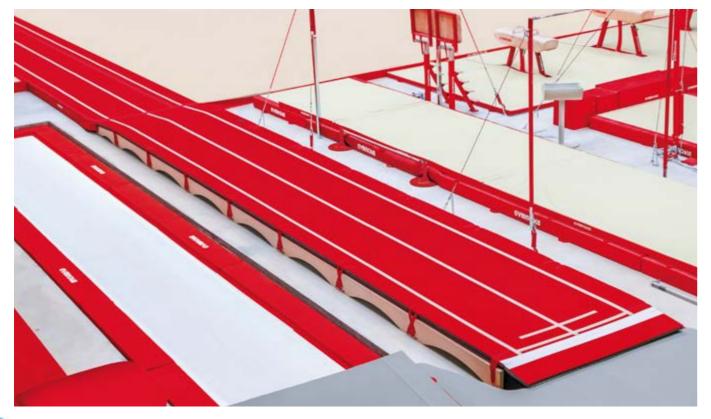
Detail of the anti-rotation kit.

## ACROBATIC SPORTS



## NOVATRACK'ONE TUMBLING TRACK

This dynamic, comfortable, silent and stable fibreglass track guarantees high rebound to support the development of complex acrobatic skills.



#### Ref. 6296 Complete tumbling track FIG approved

25.50 m long and 2 m wide tumbling track, together with a 10.50 m runway and a 30 cm thick landing area to absorb the final impact for the tumbler. User comfort is ensured by a 5 mm thick needle-punch carpet on 33 mm thick double-density PE foam.

#### Composition of the track

#### Ref. 6297 Runway only

Track laid over 7 wooden panels. Panels are secured by hook-andloop strips. Side finishing skirt. Linked to the track by a special flap. Dim.: 1,050 x 100 x 2.5 cm (LxWxThk.)

#### **Ref. 6298** Tumbling track only

Track consisting of 17 elements with dimensions 150 x 200 x 22 cm. Each element consists of 2 uprights and 15 fibreglass rods. Secured by hook-and-loop strips and metal pins. Dim.: 2550 x 200 x 22 cm (LxWxTh)

#### **Ref. 6299** Landing area only

Consisting of 3 dual-density mats for more stable and comfortable landing. Connection and marking of areas by hook-and-loop strips. Phthalate-free 1,000 denier PVC cover with class M2 fire rating. Connected to the track by a special strap and flap. Dim.:  $600 \times 300 \times$ 30 cm (LxWxTh)

#### 4 Ref. 6295 Over-mat only (optional)

Provides greater comfort for landings. Phthalate-free 1,000 denier PVC cover with class M2 fire rating. Secured over the landing area by hook-and-loop strips. Non-slip base. Not supplied with Ref. 6296 and 6299. Dim.: 400 x 200 x 10 cm (LxWxTh)



Discover our inflatable track range on page 98



## INFLATABLE RANGE



**INFLATABLE EXERCISE FLOOR** 

#### Ref. 6676

Just like a traditional exercise floor, it provides a flat working surface to ensure stability and precision for push-offs. It provides very good shock absorption and helps to reduce strain injuries on the wrists and ankles.

The main advantage of this product is its very fast installation - it can be inflated in less than 15 minutes compared with the 5 hours required for a standard exercise floor. It can be stored very easily; folded dimensions of the exercise floor:  $153 \times 120 \times 90$  cm (LxWxH) and stowed in the boot of a minibus for travel. This makes it an essential piece of equipment for all your mobile demonstrations.

It is completely autonomous and remains inflated for the entire duration of your everyday training sessions and avoids having to use the inflator each time. It can also be adapted to gymnasts of different builds and to the exercises being practised simply by adjusting the inflation pressure.

#### Technical specifications

- Demarcated gymnastics area. Easy to move thanks its 16 handles (4 on each side).
- Integrated hook-and-loop strips to attach to tracks, mats or modules to create larger landing areas.
- Quick and easy to inflate thanks to the 4 inflators supplied.
- The pressure gauge can be used to adjust the pressure depending on the gymnast's level, discipline or weight.
- Dimensions: 12.60 x 12.60 m x 20 cm (LxWxTh).
- Weight: 435 kg.

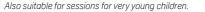
This exercise floor is supplied with four inflators, a pressure gauge, a large transport trolley and a transport cover.

Required inflation tension: 220 V. For other tensions, please contact us.



Optimised storage and transport.







Same height as GYMNOVA mats and pits.

Designed to provide a flat working surface for acrobatic sequences while reducing injuries to the ankles and wrists caused by repetition of exercises. These self-contained tracks remain inflated for the entire duration of your daily training sessions. They are easy to handle and can be adapted to suit all sizes of gymnast and levels, from beginner to experienced, with a digital pressure gauge to adjust the firmness. Quick and easy assembly and dismantling in under 10 minutes.





Hook-and-loop strips over the widths.

#### Ref. 6291 12 m inflatable track

Supplied with an inflator, a pressure gauge, a repair kit and a transport cover. With 4 carrying handles, 2 valves and hookand-loop strips across both widths. Dimensions: 1, 200 x 180 x 15 cm (LxWxThk.).

#### Ref. 6293 15 m inflatable track

Supplied with 2 inflators, a pressure gauge, a repair kit and a transport cover. With 8 carrying handles, 3 valves and hookand-loop strips across both widths. Dimensions:  $1,500 \times 210 \times 20$  cm (LxWxThk.).

Ple

96

## INFLATABLE TRACKS

Inflation valve.



Digital pressure gauge.

#### Ref. 6310 10 m inflatable track

Supplied with an inflator, a pressure gauge, a repair kit and a transport cover. With 2 valves and hook-and-loop strips across both widths. Can be used on a surface such as an exercise floor. Dimensions: 1,000 x 140 x 10 cm (LxWxThk.).

Optional trolley. Required voltage: 220. For other voltages, please contact us.

#### Please contact us for custom tracks.

## INFLATABLE RANGE

## **INFLATABLE TUMBLING TRACK**

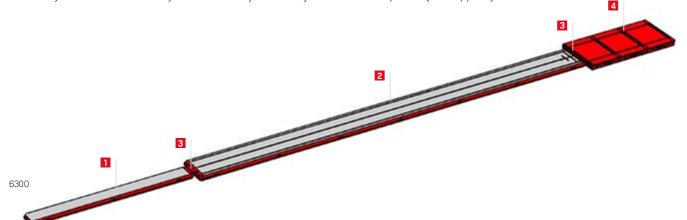
#### Ref. 6300 Complete inflatable tumbling track

This tumbling track creates a flat working surface to provide gymnasts with stability and precision for push-offs. It is ideal for developing techniques and mastering different exercises in training sessions. It allows repeated practice while reducing strain injuries to the joints. It is easy to set up and store (can be stowed in the boot of a mini-bus), which makes it ideal for all your mobile demonstrations. It can stay inflated for several days and its density can be adjusted.

#### Composition:

NEW

- Runway (Ref. 6301) Dim. 10 m x 1 m x 30 cm (LxWxThk.)
- 2 Tumbling track (Ref. 6302) Dim. 26 m x 2 m x 30 cm (LxWxThk.)
- 3 Connection kit (Ref. 6303) Includes 2 flaps
- 4 Landing area (Ref. 6304) Dim. 6 m x 3 m x 30 cm (LxWxThk.) • Over-mat only (Ref. 6295) - Dim. 4 m x 2 m x 10 cm (LxWxThk.) Optional (not supplied).



#### Each of these items can be purchased separately:

#### Ref. 6301 Inflatable runway only

Positioned in front of the inflatable tumbling track to provide a runup of several metres before performing exercises on the track. With 6 carrying handles, 4 valves and hook-and-loop strips across one width.

Dim.: 10 m x 1 m x 30 cm (LxWxThk.).

#### Ref. 6302 Inflatable tumbling track only

Supports learning and progress with exercises by reducing anxiety and physical strain. With 14 carrying handles, 4 valves and hook-andloop strips across both widths. Supplied with an inflator, a pressure gauge, a repair kit and a transport cover. Dim.: 26 m x 2 m x 30 cm (LxWxThk.)



#### Ref. 6303 Connection kit

Attachment system to connect the runway and landing area to the tumbling track to create a complete assembly. The kit consists of 2 attachment flaos.

#### Ref. 6304 Special landing area

Provides safety for gymnasts during landings at the end of the tumbling track. It also enhances stability and comfort. It consists of 3 mats measuring 3 x 2 m made from dual-density

foam with a phthalate-free 1,000 denier PVC cover with class M2 fire rating. Hook-and-loops strips are used for connections and to mark out areas.

Dim.: 600 x 300 x 30 cm (LxWxTh)



6303

These easy-to-handle mats are designed to quickly protect training areas to reduce the risk of injury. Used as additional mats or carpets, they ensure good impact absorption to reduce strain injuries on wrists and ankles. They can be connected together using hook-and-loop strips or straps (not supplied) to create a real acrobatic track offering both dynamism and stability. The references 8084 and 8087 can be used on a pit to allow gymnasts to work on "hard" landings. All inflatable mats and carpets are fitted with carrying handles and are supplied with a transport cover and a repair kit.



REFERENCE	DIMENSIONS (LxWxThk.)	INFLATION TIME		
	MATS & CAR	PETS		
8077	200 x 100 x 10 cm			
8081	200 x 100 x 20 cm	Between 30 seconds and 1 minute		
8090	200 x 150 x 10 cm	Between 30 seconds and i minute		
8093	200 x 150 x 20 cm			
ACROBATIC TRACKS/SPECIAL PIT MATS				
8084	400 x 200 x 10 cm	Less than 2 minutes		
8087	400 x 200 x 20 cm	Less than 2 minutes		

## LEARNING BEAMS

These low learning beams are ideal for building confidence when performing gymnastics exercises. They reduce anxiety by allowing gymnasts to work on exercises at floor level.

Their very light weight and compact dimensions allow easy transportation and storage, making these beams ideal for use in gymnastics clubs or at home. They feature a 2.5 mm thick central line as a visual guide for the 10 cm of a standard beam to help gymnasts train in alignment.

Available in 2 lengths (3 or 5 m), they are designed both for learning and to support progress by allowing gymnasts to practice new exercises safely. They can also be used in baby gym development sessions.

## **INFLATABLE MATS & CARPETS**

Some mats (Ref. 8077 and 8081) have a visual guide in the form of a central line representing the 10 cm standard beam width.

This guide allows gymnasts to practise their sequences repeatedly and safely on a flat surface.



500 x 40 x 10 cm

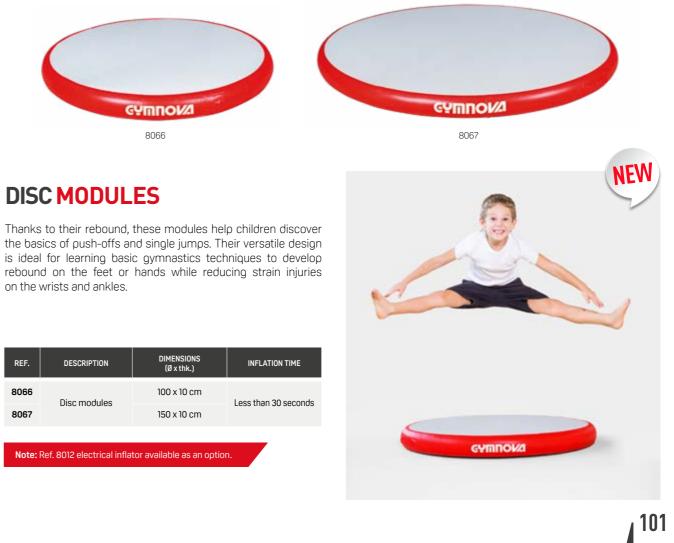




These 3 modules with different heights and inclines can be used for daily training on different apparatus or incorporated in teaching circuits.

The incline allows gymnasts to practise rolls and a wide range of muscle-strengthening exercises. The numbered central line helps the gymnast to quickly spot the impact zones and perform various gymnastic exercises such as arm push-offs.

REF.	DESCRIPTION	DIMENSIONS (L x W x H)	INFLATION TIME
8054	Medium inclined module	180 x 120 x 20/30 cm	
8057	Max. inclined module	180 x 120 x 20/65 cm	Between 30 seconds and 2 minutes
8059	Inclined module	120 x 90 x 10/26 cm	





## **SPECIAL VAULTING MODULES**

These modules have been specially developed for vaulting and bring gymnasts a significant power boost to support new levels of performance without additional fatigue.

Markings clearly show the impact zone and help gymnasts to position themselves correctly both on the vaulting table and on the springboard. The "push-off" modules are non-slip and are supplied with attachment straps.

Note: Ref. 8012 electrical inflator available as an option.



## **DISC MODULES**

the basics of push-offs and single jumps. Their versatile design is ideal for learning basic gymnastics techniques to develop rebound on the feet or hands while reducing strain injuries on the wrists and ankles.

REF.	DESCRIPTION	DIMENSIONS (Ø x thk.)	INFLATION TIME
8066	Disc modules	100 x 10 cm	Less than 30 seconds
8067	Discilloules	150 x 10 cm	Less (101 30 Seconds

## CYLINDRICAL MODULES

These cylindrical modules help gymnasts practise back inversions and work on many psychomotor activities. They are also ideal for strengthening exercises.

They can be used on their own or combined with other elements such as the foam learning beam (Ref. 3665), the covered foam base (Ref. 2125) or the wooden mini-bar (Ref. 0028) to prepare for learning giant swings (forwards, backwards).

They can also be added to a baby gym circuit as a teaching obstacle.

REF.	DESCRIPTION	DIMENSIONS (L x Ø)	INFLATION TIME	
8051	Cylindrical modules	106 x 60 cm	Less than 1 minute	
8052	Cylinonical modules	110 x 80 cm	Less thor minute	

## INFLATABLE **RANGE**

#### Specifications shared by all inflatable modules:

The self-contained modules remain inflated for the entire duration of your training sessions. The inflator (not supplied for certain references) therefore needs to be used only occasionally. Their very lightweight design makes it easy to set up courses in minimum time. All modules are supplied with a transport cover and a repair kit.

Colour: grey with red along the sides. (Actual colours may vary)

## ACCESSORIES





### INFLATOR

#### Ref. 8011 Manual inflator

This user-friendly inflator has two inflation modes: single or double action. Integrated pressure gauge and supplied with a set of joints. Maximum pressure: 2 bar (29 PSI).

#### **Electrical inflators**

For quick and easy inflation. Power: 1,000 W.

REF.	USE	POWER VOLTAGE	HERTZ
8012	For inflatable modules, mats, beams and disc	230 volts	50 Hz
8013	For inflatable modules, mats, beams and disc	120 volts	60 Hz
8014	For inflatable exercise floors and tracks	230 volts	50 Hz
8015	For inflatable exercise floors and tracks	120 volts	60 Hz

### **REMOVABLE JOINING FLAPS**

**Ref. 8000** Dim. 70 x 25 cm (LxW) For Ref. 8054, 8057, 8059, 8077 and 8081.

**Ref. 8001 Dim. 120 x 25 cm (LxW)** For Ref. 8090 and 8093.

**Ref. 8002 Dim. 190 x 25 cm (LxW)** For Ref. 8077, 8081, 8090, 8093, 8084 and 8087.

### TRANSPORT TROLLEY

**Ref. 8020** Transport trolley for GYMNOVA inflatable tracks With four pivoting wheels for easy transportation. Dimensions: 150 x 65 x 30 cm (L x W x H).

### **MISCELLANEOUS**

**Ref. 8003 Attachment straps** Pair.

**Ref. 8006 Repair kit** For inflatable tracks and exercise floors.

Ref. 8009 Pressure gauge



# **LEARNING &** PHYSICAL PREPARATION

The Marken of





## **ROCKING'GYM**

Available in 3 versions, this teaching module helps gymnasts learn back flips and handsprings in complete safety. Its shape ensures the module returns to its initial position after each use and provides proper support for the gymnast throughout the movement.

It automatically tips backwards if the gymnast's basic movements (flip, etc.) are correct and the push-off is controlled (transfer of bodyweight to the rear). It therefore allows controlled rotation and provides optimum support while encouraging good flight. Stabilisers (sold separately) can be used to convert the Rocking'Gym into a mini-vaulting table to learn basic jumps.

Two-tone modules made from polyether foam with a phthalate-free 1,000 denier PVC cover with class M2 fire rating. The modules have fully removable covers and 2 carrying handles for easy transportation and quick set-up. Non-slip base on the stabilisers.

Ref. 0350 Rocking'Gym - Mini model For gymnasts up to 1.30 m tall. Dim.: 78 x 50 x 65 cm. **Ref. 0351** Rocking'Gym - Medium model For gymnasts up to 1.60 m tall. Dim.: 100 x 70 x 87 cm. Ref. 0352 Rocking'Gym - Maxi model

For gymnasts over 1.60 m tall. Dim.: 116 x 80 x 99 cm.

## **STABILISERS**

Ref. 0355 Stabiliser for Ref. 0350 Dimensions: 78 x 50 cm. Ref. 0356 Stabiliser for Ref. 0351 Dimensions: 95 x 70 cm. Ref. 0357 Stabiliser for Ref. 0352 Dimensions: 104 x 80 cm.

Medium Rocking'Gym Ref. 0351 with stabiliser Ref. 0356.





Ideal for an introduction to backward inversions, this teaching aid supports the coach's work and allows gymnasts to repeat the exercise alone in complete safety. Comprising 3 elements, the set adapts and adjusts along with the gymnast's technique. L: 70 cm.

Available in 2 sizes:

Ref. 0375 Ø: 70 cm. Weight: 9.5 kg. Ref. 0380 Ø: 90 cm. Weight: 15.3 kg.





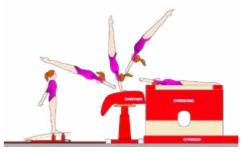
## **GYM'KUB**

#### Ref. 0259

This 'U'-shaped module is quick and easy to handle. It can be The elements are made from high-density impact-absorbing easily integrated into a baby-gym circuit thanks to the tunnel foam in a 1,000 denier polyester cover and have 4 carrying (through, over and under) and is also useful for everyday handles. practice with apparatus.

Its safe and stable design allows gymnasts to practise exercises alone in complete safety by positioning the module behind a vaulting table, at the end of a beam, etc.

## **MULTI-SHAPE MODULE**



Second flight practice

#### Ref. 0260

This set of foam modules can be used to create situations to develop children's motor skills in the baby-gym (going through, over, under, with round, square, rectangular and triangular shapes), as well as for everyday practice with apparatus. The location of the hook-and-loop strips on each of the elements allows a wide range of combinations (at the end of a beam, on parallel bars for dismounts, behind the vaulting table or the push-off pad for second flight practice).

Placed under the beam, it allows users to work in complete safety and get used to the height of the beam.





#### Contents

• 1 tunnel 200 x 120 x 110 cm (LxWxH). • 2 plinths 100 x 40 x 47.5 cm (LxWxH).



Dismount work (20 cm mat advised)

#### Composition:

- 1 'U' shape module: 200 x 150 x 80 cm (LxWxH).
- 2 base modules: 200 x 50 x 40 cm (LxWxH).
- 2 triangular modules: 100 x 50 x 40 cm (LxWxH).
- 2 rectangular block modules: 100 x 50 x 40 cm (LxWxH).

Educ'Gym bases are made from wood. Their stackable design makes it possible to create modules of the same level by stacking one or more bases of different heights. The four sides of the bases have holes to allow other components of the system to be easily locked or clipped in place. They are suitable for teaching and play exercises. They can be combined with Educ'Gym wooden mini-bars, learning beams and benches as well as the range of ladders.

### BASES

 Ref. 0065
 Dimensions: 160 x 40 x 33 cm (LxWxH)

 Ref. 0066
 Dimensions: 160 x 40 x 48 cm (LxWxH)

 Ref. 0067
 Dimensions: 160 x 40 x 63 cm (LxWxH)

### **MINI-BASES**

 Ref. 0060
 Dimensions: 75 x 40 x 33 cm (LxWxH)

 Ref. 0061
 Dimensions: 75 x 40 x 48 cm (LxWxH)

 Ref. 0062
 Dimensions: 75 x 40 x 63 cm (LxWxH)

### **STEP BASES**

**Ref. 0064 Mini-step base** L: 75 cm, 2 heights: 33 and 48 cm. **Ref. 0068 Step base** L: 160 cm, 3 heights: 33, 48 and 63 cm.

## LEARNING ROLLER

#### Ref. 0250

Placed between two bases or on an asymmetric bar handrail, it allows gymnasts to practise forward and backward rolls independently. Cover made from stretch jersey, class M1 fire rating. Dimensions  $70 \times 30$  cm (LxØ).

### ACCESSORIES



#### Base tops

Provide additional comfort while maintaining stability. **Ref. 0020** Fits on bases Ref. 0065, 0066 and 0067. Dimensions: 160 x 40 cm (LxW). **Ref. 0021** Fits on mini-bases Ref. 0060, 0061 and 0062. Dimensions: 75 x 40 cm (LxW).

#### Ref. 0025 Base stabilisers

Used to stabilise stacks of bases or mini-bases. Length: 80 cm. Pair.

Details of the complete wooden range can be found in the Educ'Gym catalogue for young children











**Ref. 0026** Transport trolleys for bases Pair.

#### Ref. 2964 Protective sleeves

This protective padding is placed at each end of the base stabilisers to protect users during baby gym and psychomotor development sessions. Pair.



Wall bars are ideal for dynamic, static or core exercises to strengthen the muscles in the trunk and upper body. They can be combined with the balance bench, wall bar projection, strength-training bench and half-bending bar. Solid wood wall bars with 17 detachable bars. Attachments sold separately. Height: 2.70 m.

Ref. 2315 1-person wall bar set. L: 83 cm. Ref. 2325 2-person wall bar set. L: 163 cm. Ref. 2335 3-person wall bar set. L: 243 cm. Ref. 2345 4-person wall bar set. L: 323 cm. Ref. 2355 5-person wall bar set. L: 403 cm. Ref. 2365 6-person wall bar set. L: 483 cm.

### **STRENGTH-TRAINING BENCHES**

These benches with an adjustable incline allow users to set the level of exercise intensity. They are designed to develop specific muscles for apparatus (closed shoulder angles and open shoulder angles).

**Ref. 2261** Freestanding strength-training bench **Ref. 2262** Strength-training bench for attachment to wall bars

## DETACHABLE WALL BAR PROJECTION

#### Ref. 2370

Projects from wall bars to allow all kinds of hanging exercises. Fitted to the lower part of wall bars (1 m from the ground), it can be used as a ballet barre.

### HALF-BENDING BAR

#### Ref. 2372

Asymmetric foam module with wall bar attachment system. Can be used for a wide range of abdominal and back-strengthening exercises. On the ground, it can be used to practise exercises to work on flexibility (side splits). Dimensions:  $90 \times 50 \times 42$  cm (LxWxH).

## WALL BARS





## BALANCE BENCH

#### Ref. 0045

This bench is intended for stand-alone use or to be hooked onto wall bars or bases. It is ideal to encourage development of psychomotor skills in baby-gym sessions and suitable for strengthening muscles and proprioception.

Dimensions: 250 x 23 x 35 cm (LxWxH). Weight: 18 kg.



APPARATUS

ISCELLANEOUS EQUIPMENT

## **BALLET BARRE**

Ref. 2220

Wooden ballet barre for gymnastics and dance. Ø: 40 mm. 1.60 m barre (supplied without bracket).

## **BALLET BARRE BRACKETS**

Made from a composite material, they are attached to the wall or on a ballet barre support. Sold without attachments.

#### Ref. 2210 Single ballet barre bracket Ref. 2212 Double ballet barre bracket



## **BALLET BARRE SUPPORTS**

Supplied without barres.

Ref. 2215 Ballet barre support for floor attachment. H: 1.05 m. Ref. 2216 Ballet barre support for floor attachment with single bracket Ref. 2210. Height can be adjusted from 18 cm to 1.05 m. Ref. 2217

Ballet barre support for floor attachment with double bracket Ref. 2212. Adjustable height:

- Low barre: 5 to 85 cm.
- High barre: 25 cm to 1.05 m.

## **PIROUETTE BAR**

#### Ref. 3280

Ideal for learning basic pirouettes on barres, it helps to develop essential reflexes and habits before practising these exercises on competition apparatus. Non-slip base. Dimensions: 123 x 37 x 24 cm (LxWxH) - Ø: 4 cm - Unit.







#### Ref. 2778

Helps gymnasts build confidence and progress without anxiety. The pulley system reduces effort for the spotter, allowing lighter gymnasts to assist heavier gymnasts. This frame can be used on both asymmetric bars and high bars with no additional anchor points.

#### **Technical specifications**

- Offset can be adjusted according to needs by adapting the length of the cables.
- Specific adapter kit for apparatus with access platforms (please contact us for details).
- Short cables, floor space: 4 x 2.10 m.



Learning the straight dismount.





Learning the Tkatchev.

## **ROPE RAILS**

Educational tools for use in schools or as an introduction to rope climbing.

Rails with a linkage system to easily draw in and run out the ropes. Rope spacing maintained by a chain. Supplied without ropes (please contact us for details). Available in 2 lengths.

Ref. 2230 L: 3 m, takes 3 ropes. Ref. 2231 L: 6 m, takes 6 ropes.





## SPOTTING FRAME





### HARNESS BELT

#### Ref. 2830

Spotting belt with clips for learning forward and backward rolls. A single model with a size that can be adjusted to fit a child (from 5 years of age) or adult. Equipped with a safety buckle and harness, the belt can be adjusted from 55 to 112 cm. The two adjustment options ensure the clips are positioned precisely at the centre of gravity. Markers (from 1 to 6) help to fine-tune the adjustment of the belt.

Backrest made from technical anti-perspiration fabric.

Complies with the resistance requirements of the standard  $\ensuremath{\mathsf{EN-358}}.$ 



### **TWISTING BELTS**

Belts with ball bearings for performing twist exercises. Quick and easy to close. Supplied with seat straps.

**Ref. 2790 Large twisting belt** Diameter: 38 cm. Adjustable from 80 to 110 cm. **Ref. 2795 Small twisting belt** Diameter: 30 cm. Adjustable from 55 to 80 cm.





### **SAFETY BELT**

**Ref. 2840** Adjustable belt with hooks for attaching short or long lanyards. Fits all sizes.

### LANYARDS

Ref. 2810

Spotting lanyards with swivel pins for direct operation by the coach during acrobatics. Pair.







# MISCELLANEOUS Equipment

MISCELLANEOUS EQUIPMENT

## **MISCELLANEOUS** EQUIPMENT

## **ACCESS TO APPARATUS - SPOTTING**

Featuring a retractable design that provides access to apparatus and automatically folds against it. A cylinderassisted system allows the height to be adjusted.

Ref. 2720

### **ACCESS** AND SPOTTING PLATFORMS

#### Ref. 2705

Access and spotting platform for asymmetric and high bars. With a platform of  $100 \times 60$  cm and 7 small steps for easy access to the platform. Height adjustable from 1,500 to 1,900 mm.

#### Ref. 2715

Pivoting access platform for pit-mounted rings. With a platform of 77 x 60.5 cm.





DETACHABLE ACCESS PLATFORM

platforms (platform dimensions: 77 x 60.5 cm).

Only fits on GYMNOVA asymmetric bar upper uprights. Height-

adjustable. Small platform in comparison with access and spotting



### **COVERED FOAM BASE**

#### Ref. 2125

2705

Helps gymnasts access apparatus and can be easily incorporated in a training circuit.

Hard foam covered with a "leather look" phthalate-free PVC cover with class M2 fire rating. With a carrying handle. Dimensions: 80 x 50 x 18 cm (LxWxH).

### ACCESS AND SPOTTING BLOCKS

Allow easier access to apparatus and can be used when adjusting or preparing bars.

Lightweight and stable, in a phthalate-free PVC cover with class M2 fire rating.

**Ref. 2126** Dimensions: 50 x 50 x 50 cm (LxWxH) **Ref. 2127** Dimensions: 100 x 70 x 50 cm (LxWxH) **Ref. 2128** Dimensions: 150 x 60 x 50 cm (LxWxH)

## **CHALK**

Essential for gymnastics practice, this made in France chalk guarantees a purity rate of 99.7% and fineness 10 times greater than standard chalks. Its fine composition and porous texture provides optimum coverage and adheres perfectly to the hands. It therefore ensures high-quality routines and improves grip on all apparatus.

#### **CRUSHED CHALK**

Produced in small blocks, this easily dispensed chalk is ideal for refilling chalk bags or personal containers for more individual use.

Ref. 2872 Set of 6 bags of 1 kg Ref. 2873 5 kg bucket Ref. 2874 20 kg refill bag





## **CHALK TRAYS**

#### Ref. 2860 GVA chalk bowl

Lightweight and with carrying handles, it allows gymnasts to easily attach accessories (sprays, etc.). The semi-circular shaped container reduces chalk dispersal. H: 82 cm.

#### Ref. 2861 Chalk tray for feet

Ideal for applying chalk to the soles of the feet. Carpet integrated within the frame. In polycarbonate. Inner dimensions: 40 x 60 cm.

Ref. 2862 Standard chalk tray Freestanding with wooden frame. H: 75 cm.





#### **CREAM CHALK**

Supplied in 250 ml bottles, this packaging limits diffusion of particles in the air and avoids waste when dispensing. After the alcohol evaporates, the cream transforms into traditional chalk in a few seconds to allow excellent grip during training.

Ref. 2853 Set of 12 bottles of 250 ml Ref. 2854 Set of 48 bottles of 250 ml



## MISCELLANEOUS EQUIPMENT

### **CONTROL TENSIOMETER** FOR GYMNASTICS APPARATUS CABLES

#### Ref. 2040

Specially designed to measure the tension of gymnastics apparatus cables, this FIG-approved tensiometer is a measurement device for asymmetric bars, high bars and ring frames. Featuring a userfriendly digital display, this tensiometer helps gymnasts adapt the tension of gymnastics apparatus cables according to their needs in both competitions and training.

A real control tool, it can be also be used for regular checks of cable tension. Its autonomous design with an external battery charger allows the tensiometer to be charged without dismantling.

**Note:** For gymnasts' safety, cable tension must be between 1,000 to 5,000 (N). If tension is too low or high, this is displayed by a red light.

## **ANCHORS**

#### CHEMICAL BEDDING ANCHORS

Chemical fixings with collars & fast-setting high strength bedding. Quick installation on finished floor. No need for masonry work.

Ref. 2004 4 with anchor shoes. **Ref. 2006** 6 with anchor shoes. **Ref. 2016** 16 with anchor shoes. Ref. 2020 2 with anchor shoes.

Note: can only be used on concrete slabs with a min. thickness of 12.5 cm for Ref. 2004, 2006, 2016 and 2020, and min. 14 cm for Ref. 2000 and slab strength of 23 MPa (megapascals).

### **RETRACTABLE ANCHORS**

Bedding anchor with retractable hook, 360° orientation and removable to allow for replacement. Ideal for multi-sport facilities. Option of attaching on finished floor.

Ref. 2000 Retractable anchor without bedding. Unit. Ref. 2001 Set of 4 anchors Ref. 2000 with bedding. Ref. 2002 Set of 8 anchors Ref. 2000 with bedding.

## **QUICK TIGHTENER**

#### Ref. 2550

An essential safety link, it is suitable for all GYMNOVA cable apparatus and allows the apparatus to be quickly adjusted, assembled and dismantled. Unit.



#### Supplied with a transport case containing:

- A tensiometer with quick links.
- A USB external battery charger.
- A USB mini power cable (1 m).
- Assembly and operating instructions.









## SELF-STABILISING SYSTEM

#### Ref. 2751

System using weights to stay the apparatus without fixing to the Technical specifications: floor. Ideal for all sports halls where anchors cannot be installed in the floor. Can be fitted to all GYMNOVA apparatus and quarantees • Floor space: 6.96 x 4.20 m. the same stability as a conventional anchored system. Supplied • Dimensions at anchor bases: 5,5 x 4 m (compliant with without guards and weights (8 x 400 kg required per frame, international competitions). contact us for details of floor space).

## **GUARDS**

#### Ref. 2450 Removable wall protection

Mat made from high-density (25 kg/m3) polyethylene foam with a 1,000 denier PVC cover with class M2 fire rating. Attached by a hook-and-loop strip system that is alued or screwed onto the wall. Red colour. Dim.: 200 x 100 x 6 cm (LxWxTh).

#### Ref. 2451 Gymur

2x1.30 m wall protection panel to protect hazard areas. Thickness: 22 mm. Firm polyethylene foam bonded with a synthetic class M2 coating. Supplied without adhesive. Red colour.

#### Ref. 2464 Anti-trip edging strip

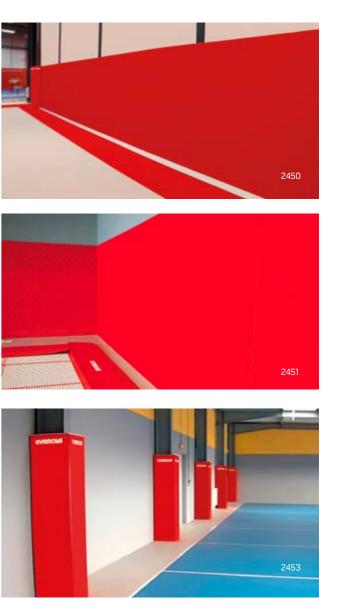
To be placed on the upper or lower section to protect and limit Gymur tear-out. Width: 2 m.

### **PROTECTIVE PADS** FOR INDOOR AND OUTDOOR POSTS

This protective padding covers both indoor and outdoor posts for safety in all sports areas. Resistant to humidity and adverse weather. For adaptations or specific cut requirements, our design department can draw up precise plans and recommend the most appropriate solution for your needs.

10 cm thick polyether foam protective pads (density: 21 kg/m<sup>3</sup>) covered with 1,000 denier PVC with a class M2 fire rating held in place by self-gripping joining flaps. Height: 2 m. Red colour.

Ref. 2452 Square post protection Ref. 2453 'U' shape post protection



ISCELLANEOUS EQUIPMENT





## **YOUNG** CHILDREN

Step into the EDUC'GYM world and browse the new edition of our catalogue.

From foam modules to the wooden range, mats, carpets, trampolines and teaching equipment, discover all our products specially designed to develop young children's motor skills.

The modular design of the equipment provides a wide range of advantages for teaching and learning, and allows training sessions to be tailored to particular types of motor skills. We therefore offer a complete range of products in attractive colours and in different shapes and sizes to suit each age group or learning situation.





MATS

11SCELLANEOU EQUIPMENT

EDUC'GYM

## PARKOUR

With the O'JUMP and BRICK brands, GYMNOVA offers a complete range of Parkour equipment to create ideal training areas tailored to your needs.



SCAN M

Each piece of equipment has been carefully developed in collaboration with the best athletes from the discipline, enabling us to create a range suited to and compliant with its fundamental principles.

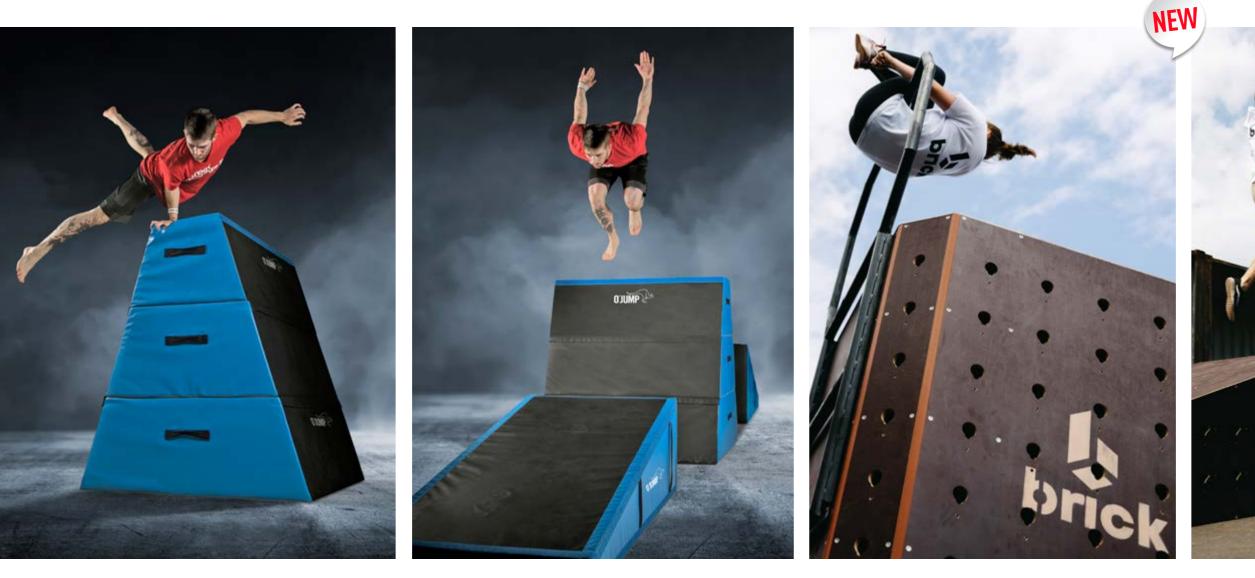


The O'JUMP brand features a range of foam modules designed specifically for this discipline and for the needs of clubs so that enthusiasts can express their creativity in complete safety indoors.

With wedges, blocks, trapeziums and more, all our special "Parkour" foam modules represent different crossing types found in the urban or natural environment. The modular design of the components makes it possible to construct different kinds of obstacles to create unique circuits for each session. The O'JUMP modules can be separated and used individually.



An ally for tracers, this range offers structures specially studied for both indoor and outdoor "Parkour". From blocks to towers, walls and bars, a diverse range of equipment is available to recreate urban landscapes for an introduction to the discipline, training or competition! All our structures are infinitely adaptable to allow you to vary your circuits to create urban zones on the ground or in the air.





PARKOUR

## 119

brick



## **RESEARCH & DEVELOPMENT**

The Research & Development department gives concrete form to the brand's "Product" strategy by constantly innovating in order to offer our customers new solutions tailored to their needs. In order to continuously anticipate market needs, **GYMNOVA** keeps an ear to the ground by working closely with the gymnastics world.

In addition, our team of qualified engineers from the gymnastics world has its own inspection laboratory for in-house testing of aspects such as impact, indentation and fatigue.

Our products are designed and tested in compliance with the applicable standards.

#### Safety, ergonomics and comfort are our priorities.



## **MARKETING STUDIES**

Our dedicated team for specialist gym installations is on hand to assist with your gymnastics project from start to finish. Thanks to in-depth knowledge of the gymnastics world, products and design constraints, our design department will devise a tailored solution for your gym to maximise the available space while keeping gymnasts safe. We will work together to construct your project to identify your needs and deliver the most appropriate solution.

Our experience allows us to offer an end-to-end range of expert services, from new builds to extensions and refurbishments.

As experts in our field, we have installed over 1,200 specialist gyms all over the world.



The GYMNOVA after-sales service is available to help you with all your gymnastics equipment both under warranty and out-of-warranty:

Our staff will be delighted to advise you and assist with any problem you might come across on our equipment. After officially recording your request, we will do everything possible to identify the causes and implement the appropriate corrective and preventive measures.

Because we want you to buy with confidence, our entire GYMNOVA and Educ'Gym product range is covered by a fiveyear warranty\* for any material, design or manufacturing faults under normal use.

\*Subject to exceptions, view our General Conditions of Sale on www.gymnova.com for further details.

### MAINTENANCE SERVICE

We are committed to supporting the equipment we manufacture and offer you a service designed to maintain your gymnastics installations and prolong their service life.

As well as extending the lifespan of your equipment, this service will also maintain its performance. Regular monitoring is therefore a key step to anticipate and plan repairs or replacements.

This maintenance service, which includes an inventory of worn parts and their replacement by a GYMNOVA team, will enable you to fulfil your obligations to maintain your sports equipment.

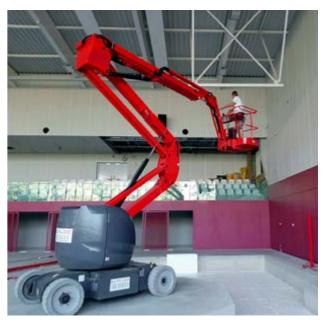
### **INSTALLATION SERVICE**

Our teams of technicians – specialists in GYMNOVA products – will install your equipment to guarantee top performance. Our technicians provide installation, maintenance and aftersales services for our products.

We offer a team of trained and experienced technicians with the skills to satisfy all your requirements when designing your future gym.





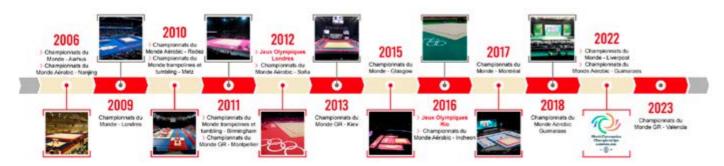


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# GYMNOV//

## **GYMNOVA, OFFICIAL SUPPLIER TO MAJOR GYMNASTIC EVENTS.**

For almost 45 years, we have been providing equipment for a wide range of national and international competitions, culminating with the Olympic Games. Our equipment has been used in over 1,000 competitions around the world, including:



Our expertise allows us to offer turnkey solutions for organising all your sports events: artistic, rhythmic and aerobic gymnastics, acrobatic sports, parkour and more. Several FIG-approved floors are available throughout the year to reflect the gymnastics calendar.





## PODIUM **GYMNASTIC** SPORTING **EVENTS**

Our competition department will support you in your project and offers tailored installation plans for your podiums according to your needs.

The podium assembly system provides a stable gymnastics surface for the entire duration of your event. All tables are made from a very rigid plywood

board (thickness: 18 mm) edged with a double-grooved aluminium strip allowing attachments.

The standard height of the assembly is 80 cm (non-adjustable), but various heights can be produced on request: from 12 to 100 cm.

Inspected by Véritas, the product complies with standard NF P 06 001 and Article AM 17 of the regulations on safety in public buildings.



#### YOU CAN FIND OUR GENERAL TERMS AND CONDITIONS OF SALE AND ALL ASSEMBLY INSTRUCTIONS ON OUR WEBSITE WWW.GYMNOVA.COM

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Aerobics Anchors Apparatus Asymmetric bars B Baby-Gym Ballet barres Beam wideners Beams Belts C Cables Chalk Chalk trays Educ'Gym bases Exercise floors Foam modules Foam protection Folding mats **G-H** Gymnastics tracks Hand-rails High bars Inflatable mats Inflatable mats Inflatable pit Inflatable tracks Landing blocks Landing mats Landing pits Lanyards Learning roller Long trampolines Μ Mats for schools Mini-apparatus Mini-trampolines Mushrooms Parallel bars Parkour Parkour blocks Pirouette bar Plinths Pommel horses Quick tightener R Rebounders RG Rings Rocking'Gym Rope rails Runways S Safety mats Spotting frame Springboards Sprung tracks Tensiometer Trampo-tremp Transport trolleys Tumbling tracks Vaulting horses

Wall bars

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