



## HIGH BARS COMPETITION **MONTREAL** REF : 3030 and 3035

*These high bars equip the biggest gymnastics competitions, such as the World Championships (Liverpool, 2022), or the European Championships (Antalya, 2023), and will be featured the Paris 2024 Olympic Games.*



Discover our MONTREAL high bars

**MONTREAL**  
**REF : 3030 and 3035**

[www.gymnova.com](http://www.gymnova.com)

## ADVANTAGES



### COMFORTABLE IN USE

The spin axes are mechanically designed to give a perfectly jolt-free “gimbal” effect. Gymnasts can therefore make the most of a bar with a diameter of 28 mm (conforming to FIG standards), ideal for handling with or without hand grips.

In addition, our hand-rail fits all GYMNOVA bars.

### TIME SAVING

The different cables allow instant adjustment thanks to the quick tensioner system.

### STABILITY

Gymnasts benefit from optimal safety during their movements on the bars, which are equipped with non-slip pads and coated bracing cables.

## ADVANTAGES



### PERFORMANCE

By combining safety and comfort of use, the high bars offer the right kind of dynamism and flexibility for performing the most complex moves.



### MAINTENANCE

Our high bars have been designed to withstand intensive use, from beginners up to professional competition levels.

To maintain optimum performance, it is advisable to change the hand-rails every 3 years.

### ENHANCED SAFETY

The hand-rail is equipped with a safety cable (Ref. 3117) which stops it from breaking completely while also preventing the uprights from falling due to the traction of the bracing cables. Safety is doubly reinforced, protecting gymnasts and their environment.

Two cablings are available (refs. 3011-3012). These ensure the stability of the apparatus whatever the acrobatics performed.



## TECHNICAL SPECIFICATIONS

### UPRIGHT DIAMETER

70 mm

### ADJUSTING THE HEIGHT

from 2.70 to 2.95 m

### ROTATING HEADS IN STEEL MACHINED FROM SOLID

Save time when mounting and dismounting the hand-rail on the bar. Its handling is made so much easier.

### MARKING OF THE HEIGHT OF THE LEGS WITH INDICATION OF THE FIG HEIGHT

Allows gymnasts to adapt to specific competition conditions.



Leg height adjustment

### ANTI-SLIP PADS

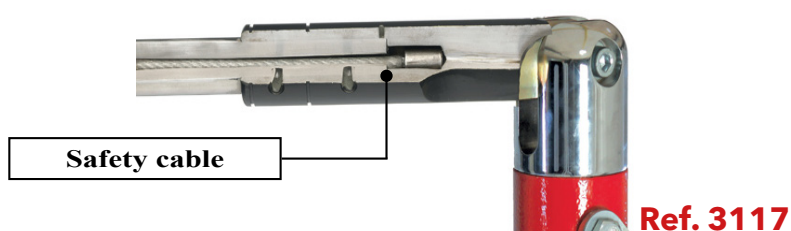
Optimise the safety of the gymnast since the structure remains stable for the duration of the movement's execution.



## SPARE PARTS

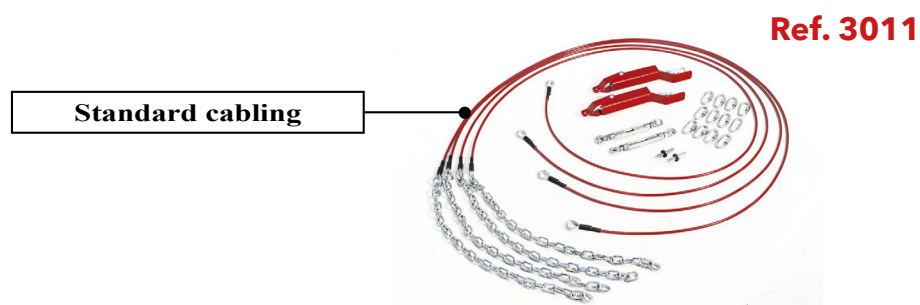
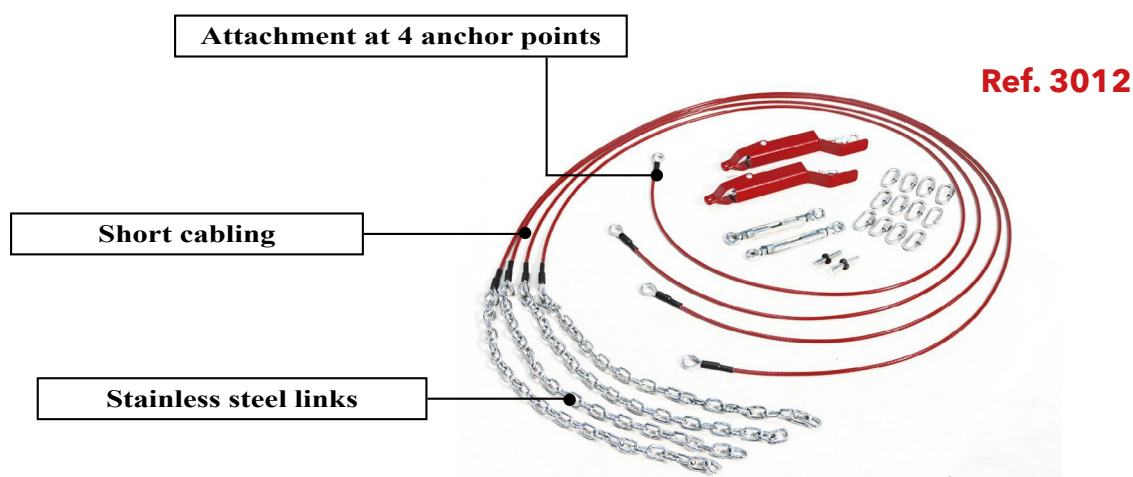
### HAND-RAIL WITH SAFETY CABLE - REF. 3117

Extremely resistant hand-rail in special stainless steel and adaptable to all GYMNOVA high and asymmetric bars




### SHORT OR STANDARD BRACING CABLES

The bracing system of the apparatus allows rapid assembly and disassembly. In addition, the adjustment is optimised thanks to the quick tensioners; the modification is instantaneous.



## REFERENCES AVAILABLE



Ref.	WEIGHT (KG)	DESCRIPTION	CABLES	HAND-RAIL	FLOOR SPACE
<b>3030</b>	57 kg	<b>MONTREAL high bar</b>	Standard	with safety cable <b>Réf. 3117</b>	5.50 x 4 m
<b>3035</b>	54 kg	<b>MONTREAL high bar</b>	short	with safety cable <b>Réf. 3117</b>	4 x 2 m

## PACK LIST

**Ref. 3030** Delivered in 4 packages

**Weight : 57 kg**

Ref.	QTY	DESCRIPTION OF CONTENTS	DIMENSIONS (l x w x h)	WEIGHT (kg)
<b>3020/51</b>	2	Upright and engraved sliding tube	275 x 15 x 15 cm	17 kg
<b>3011C</b>	1	Standard high bar cabling	50 x 28 x 11 cm	10.4 kg
<b>3117</b>	1	Reinforced steel hand-rail	250 x 7 x 7 cm	12.6 kg

**Ref. 3035** Delivered in 4 packages

**Weight : 54 kg**

Ref.	QTE	DESCRIPTION OF CONTENTS	DIMENSIONS (l x w x h)	WEIGHT (kg)
<b>3020/51</b>	2	Upright and engraved sliding tube	275 x 15 x 15 cm	17 kg
<b>3012C</b>	1	Short high bar cabling	51 x 29 x 11 cm	7.4 kg
<b>3117</b>	1	Reinforced steel hand-rail	250 x 7 x 7 cm	12.6 kg

## ADDITIONAL ACCESSORIES

### CONTROL TENSIONMETER



**REF. 2040:** Specially adapted to measure the tension of gymnastic apparatus cables.

Easy to use, this tensiometer allows gymnasts to adapt the tension of the cables of the apparatus according to their needs in competition as in training.

### FLIGHT PROTECTION

**REF. 2910** - Protection for flights on the high bar. Fitted with a handle, it is placed by the spotter on the hand-rail at the moment of the flight - Length: 1.4 m



### ACCESS PLATFORM



**These stowable access and spotting platforms make it possible to reach the apparatus:**

**REF. 2705:** For asymmetric and high bars (edge of pits or outside pits).

**REF. 2715/2735:** Specifically designed for apparatus at the edge of pits.

**REF. 2745:** Specifically designed for "new generation" raised pit apparatus (Ref. 7097).

### GUARDS FOR HIGH BARS

**REF. 2925:** Cable and medium model tensioner guards - Length: 2 m - Set of 2.

**REF. 2931:** Cable and tensioner guards - Large guards for high bars and spotting frames - Length: 2.5 m - Set of 4.

**REF. 2940:** Upright guards - Height: 2 m - Set of 2.



**Ref. 2925**



## FIG-APPROVED LANDING MATS

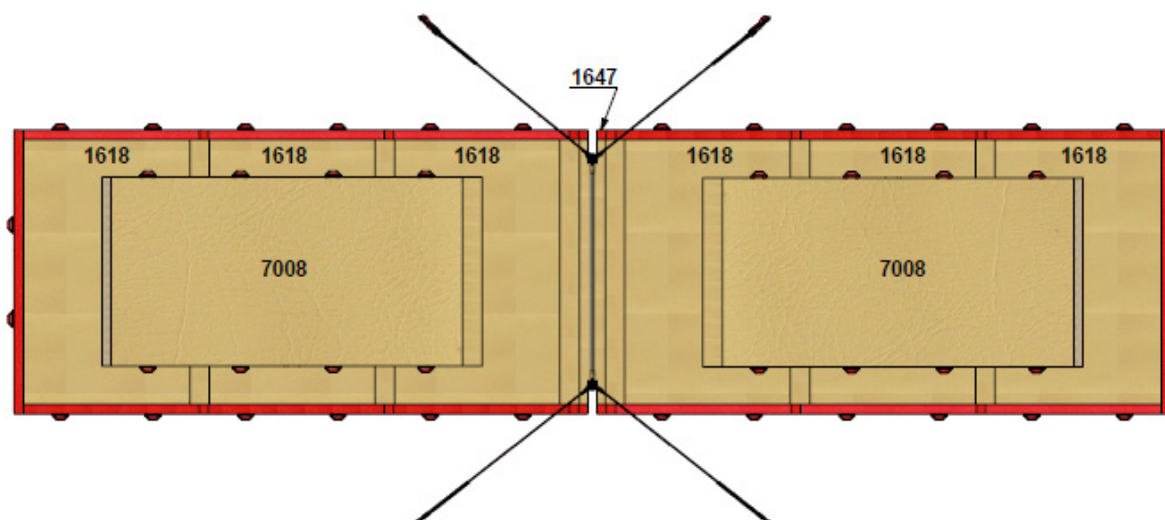
### REF. 1776 - SET OF FIG-APPROVED LANDING MATS



Complete set of special FIG-approved mats for high bar competition.

- **REF. 1776** - Set of 9 mats
  - 6 mats **REF. 1618** (dim : 300 x 200 x 20 cm)
  - 1 mat **REF. 1647** (dim : 300 x 50 x 20 cm)
  - 2 additional mats **REF. 7008** (dim : 400 x 200 x 10 cm)

Total surface area: 37.50 sq.m



**DOWNLOAD ASSEMBLY INSTRUCTIONS**

