

### COMPETITION POMMEL HORSE FIG APPROVED



This FIG approved pommel horse has been designed specially for men's artistic gymnastic competitions.



World Cymnastics Championships LIVERPOOL 2022

Reference used at the European Championships in Glasgow (2018), the World Championships in Montreal (2017) and soon to be used at the World Championships in Liverpool (2022)

GYMNOVA has strived to develop high-quality apparatus that feels pleasant to use. This easily adjustable real leather pommel horse offers stability and comfort to allow gymnasts to practise for long periods in complete safety. Its flat design is appreciated by gymnasts and helps them to express their talent, whatever their level of expertise.



### **ADVANTAGES**

### PERFORMANCE

This GYMNOVA pommel horse complies with F.I.G. standards and features a relatively pronounced flat design, in contrast to the ovoid shape of most pommel horses. It provides ideal foundations to support gymnasts of all levels.



### **STABILITY**

GYMNOVA has designed an item of apparatus covered completely in real leather. The fully covered body of the horse reduces risks of slipping and provides better grip.

The anti-slip pads placed below the feet provide secure grip for the apparatus on the floor to prevent any movement during gymnasts' routines.



### HEALTH

To protect gymnasts' health, GYMNOVA has selected a polyurethane bonded foam. This flexible exercise surface helps to reduce injuries and wrist pain. As a result, gymnasts can complete more training routines without risk to their physical health.

### **EASY ADJUSTMENT**

Marking points directly on the body of the horse allow precise and easy adjustment of the pommel width. Adjustments can be made instantly using tightening thumbscrews. The height of the horse body can also be adjusted.



# GYMNOV/A

# TECHNICAL SPECIFICATIONS

FIG APPROVED

**REAL LEATHER:** For improved stability

ADJUSTABLE HEIGHT: From 0.90 to 1.40 m

STANDARD BASE WITH ENGRAVED HEIGHT INCREMENTS: For fast adjustments

NEW ERGONOMIC THUMBSCREWS: For powerful tightening

**NEW LOCATING PAWLS:** Made from a highly resistant aluminum alloy

**ADJUSTABLE SPACING:** From 38 to 47 cm, using tightening thumbscrews. Instant and easier adjustment thanks to new marking points

POMMELS MADE FROM PLYWOOD WITH ALUMINUM BASE PLATE: For efficient grip

ANTI-SLIP PADS: For optimum stability

**FLOOR ATTACHMENT SYSTEM SUPPLIED (CHAIN AND TENSIONER):** To prevent the pommel horse moving during gymnasts' routines

### PACK LIST

Delivered in 4 packages

**Weight**: 74.75 kg

Ref.	Quantity	Description of contents	Dimensions (l x w x h)	Weight (kg)
3570/20	1	Full leather pommel horse	170 x 32 x 43 cm	48
3450/40	2	Standard leg upright and sliding system (unit)	78 x 25 x 18 cm	13.10
345/30	1	Standard leg base (pair)	103 x 17 x 11 cm	13.65

# GYMNO//

# ADDITIONAL ACCESSORIES

### **TROLLEYS AND TRANSPORT WHEELS**

These trolleys and transport wheels are designed to easily transport GYMNOVA apparatus with standard legs. They fit perfectly on the legs of the pommel horse and allow quick and easy relocation by sliding the equipment over the ground.



REF. 3695 - Transport trolleys REF. 3697 - Transport wheels

### **PROTECTIVE PADDING**

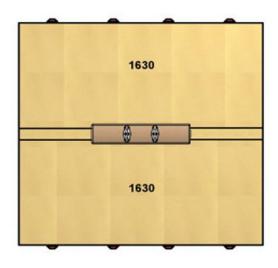
This protective padding designed for GYMNOVA apparatus with standard legs can be attached easily using a zip fastening. It is designed to protect gymnasts from injury in the event of a fall.

REF. 2923 - Protective padding for uprights on pommel horses with standard legs - Pair REF. 2922 - Protective padding for pommel horse chains - Unit





# F.I.G.-APPROVED LANDING MATS



### F.I.G.-APPROVED LANDING MAT SET - Ref. 1730



Full set of special F.I.G.-approved mats for pommel horses. Made from a combination of multiple foam layers, the mats allow improved load distribution and optimum stabilisation for landing.

The mats come with a removable phthalate-free 1000 denier PVC cover with class M2 fire rating.

Set of two mats Ref. 1630 - Dimensions: 400 x 200 x 10 cm

**Total surface area**: 16 m<sup>2</sup> **Floor space**: 400 x 400 cm

### DOWNLOAD THE ASSEMBLY INSTRUCTIONS

